



November 2009

# The Messenger

Unitarian Universalist Church of Saco & Biddeford 60 School Street Saco, Maine 04072, uuchurch@gwi.net (207)282-0062  
www.uuchurchsacobiddeford.com

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## Services

### DAY OF THE DEAD - Nov. 1

We will celebrate all those who live in our hearts even if no longer in our world. Please bring pictures and mementos to construct our Altar of Remembrance. Decorations for the spirit world and sweet snacks for those who have gone on are also welcome. We will have special music from our Choir and our drummers. You are invited to bring a drum or rhythm instrument to join in our all-souls' salutation.

**All-Ages Service.**

### Nov. 8 Choosing Up

**Rev. David W. Chandler**

It used to be about picking sides to play baseball. Now we all face choices - both large and small - about what kind of lives we want to lead. We choose: Who is in, who is out, what about the earth, what about the common good? Where are you?  
Church School.

### Nov. 15 Sharing Our Ministry

**Lew Gaffen, Rhonda Millett**

Our President and Vice President will lead an exploration of the ministry of leadership and service that sustains and grows our church community. A Committee Fair follows during Coffee Hour so you can be informed - and get involved.

**Church School.**

### Nov. 22 Look Both Ways

**Rev. David W. Chandler**

We will celebrate 182 years since the first worship in our Sanctuary, and the 45<sup>th</sup> anniversary of our consolidated Unitarian Universalist congregation. We will recognize Rev. Dr. Raymond C. Hopkins on his 25 years as Minister Emeritus.

**Church School.**

### Nov. 22 - 4 PM Community Thanksgiving

**Interfaith Clergy Group**

2<sup>nd</sup> Congregational Church, Biddeford. Give thanks in a seasonal service led by local clergy, including Rev. Chandler. Join us in special music, hymns, readings, an open choir and a homily. The offering will go to Seeds of Hope Neighborhood Center.

### Nov. 29 Preparing for Winter

**Bond Perry, Worship Committee**

The Thanksgiving hymn by George Elvey, "Come Ye Thankful People," proclaims "all is safely gathered in, ere the winter storms begin." We invite you to take stock of what you have gathered-in and to share power and wisdom sources with us all.

**Church School.**

## Sunday Happenings

8:30 am: Choir rehearsal

10:00 am: Worship

10:00 am: RE

## The Parson's Packet

“Please Don't Talk About Me When I'm Gone” is an old jazz/blues standard with a great swinging quality and lyrics that are wry, ironic and resilient all at once. The sentiment may be appropriate – even welcome – after a failed love affair, but it is wrong-headed when applied to the “long goodbye” (as Raymond Chandler called it).

When we are dead and gone, we want people to talk about us. No one wants to be forgotten. No one wants to pass away without being missed, even if it is just the bill collectors who notice. No one wants to leave unspoken grief and irresolvable mourning to our family and friends. Some of us and some of our families are quiet by inclination. Internalized process is essential to grieving, but there is such a thing as too much quiet.

My sermon on Oct. 25 considered this subject. It was called, “Dead and Gone,” and you can read it or download a copy from our web site, [uuchurchsacobiddeford.com](http://uuchurchsacobiddeford.com). [Yes, this is new. With the help of Charlie R., my sermons from this fall are posted, and I am working my way back into last year.]

I concluded with an invitation to talk to me now (or soon) about the memorial service you might want to have then. This is especially important if you want me to conduct this service. It is almost as important if you want me to console your family, even with no service at all. You may also want someone else to lead a service, but I am ready and willing to assist as you and that person request. There is no reason not to ask.

You may have very specific ideas about what should happen. You may have almost no clue. Either way, or anything in between, you are welcome to talk it over with me at your convenience. Sometimes it is easier to tackle this challenging task with somebody who is more neutral than your immediate family. You can bounce stuff off me with no repercussions. If Uncle Herman is not to deliver a 30-minute eulogy, it will be easier to tell me first. We'll work together on how to get Uncle Herman on board.

Ministers are experts at managing the logistics of services, which can be an immense help to many families. “When” and “how” are questions we are accustomed to answering. “What” is another question on which we never become truly expert, but we do have experience and resources to bring to the challenge. Clarifying some options is often exactly what is needed, and appreciated.

Clarifying your feelings about all this – about the logistical issues and the spiritual ones – is also a service that could be immensely valuable to you. You will not be ready to plan meaningfully until you engage the basics, and I am glad to help. You may be pondering or reflecting or wondering how you feel and what you might want. I am glad to start there with you. Please feel free to give me a call.

Looking ahead can be scary, but it can also be deeply reassuring.

– Best wishes, David

## HOLIDAY FEST, NOV. 13 - 14: Art and Food for the Soul

What will you be doing from 5:30-7:30 on Friday evening, Nov. 13, and between 8:30 a.m. and 1:30 p.m. on Saturday, Nov. 14?

Those who like to be where the action is, those who enjoy holiday spirit, those wanting to help our church raise money needed to pay our bills, those who enjoy the camaraderie of pitching in with others in a favorite annual event will be at the church sometime during that time period and before as participants in the 2009 Holiday Fest. That should include just about everyone who is reading this newsletter!

A major addition this year will be the Art Gallery, displaying and offering for sale at least one donated piece from each of over 25 local artists, many of them affiliated with our church. Also new is the Friday night Art Preview, Reception and Sale, which will offer an early chance to peruse and purchase the art offerings, as well as most other items in the Parish Hall.

In addition, five artists at display tables will offer a wide selection of their own work, including handmade ornaments and fine crafts.

There will be the usual popular selection of books, plants, fine white elephants, Country Store items – and orders will be taken for holiday wreaths.

Along with our famed delicious baked goods, there will be a Food-to-Go category, featuring soups, casseroles, and side dishes ready to take home to the freezer – and on Saturday, tasty selections for lunch.

All of the above led to the conclusion that we are on the path to surpassing the concept of past church fairs, and hence the new name -- HOLIDAY FEST!

Plans on paper are inspiring but they need to be fleshed out in order to become reality so this is the paragraph that helps you figure out how you can be involved if you are not already.

### Things you can do:

help set up (11/12 day and evening, 11/13 up to 5 p.m.),

bake for baked goods table (Joyce T.),

prepare Food-to-Go (Jean H.),

donate books & plants,

be part of kitchen crew for lunch (11/14, Nancy K. ),

participate in making ornaments (Sally C.),

help with artist reception refreshments (cooking ahead or serving 11/13 evening, Anne D.),

create items for Country Store (Sue N.),

serve as salesperson (11/13 evening or 11/14, 8:30 – 1:30),

distribute posters (see Jane F.),

erect sidewalk signs in Saco (11/14 early morning), help with clean-up (11/14 after 1:30 p.m.),

and very importantly, encourage others to attend (a notice you can forward to all your friends and neighbors by e-mail will be coming to you soon).

Please call Anne D. or people named above to let them know your interest or to seek an assignment – or sign up on bulletin board in hall outside church office.

Harvest Fest will be a lot of fun but it is not just for our enjoyment that we have this tradition – the 2009-10 Budget we all approved is depending on \$3500 income from this event to help cover such basic items as utility bills and staff salaries. It is up to all of us to dish out Art and Food for the Soul, making Holiday Fest a smashing success!!!

– Holiday Fest Team

## News and Events

### The Choir Has Openings for New Members

Rehearsal for the Holidays starts November 1st; Setup at 8:30 am, ready to sing at 8:45. We will rehearse every Sunday through December 25th except November 15th.

-Music Ministry

### Next Bottle Drive is Nov. 1!

Gather up your rinsed, redeemable bottles & cans and bring them with you to church on the 1<sup>st</sup> Sunday of every month. Whether you have just a few bottles or bags full of them we will gladly turn them into cash for the general church fund. We are averaging about \$40 a month!

The Membership Committee redeems the bottles through "CLYNK" at all the local Hannaford grocery stores. See Sonja G. to get required CLYNK bags. You are welcome to drop off your own bottles *provided* you use their specially marked (with our bar code) green bags.

Thanks for your help!

- Membership/Welcoming Committee

### Nov. 10 – Last Day to Order Storm Windows

The Green Committee, with the help of the congregation, has been making economical removable/reusable inside storm windows. So far in the last two fall seasons we have completed 79 windows. These double pane thermal window panels simply push into the window frame with foam insulation around the edges. They triple the insulation factor of a single pane window, and block all air movement through it. The estimated savings in fuel cost over a single pane window is \$4 to \$10 per square foot of window per heating season.

We will again be making windows on Saturday, Nov. 21. If these windows could help you stay warm and save energy this winter, please place your order for windows by Nov. 10. For more information or to order windows please contact Mogens R.

- Green Committee

### Holiday Fest – We Need Food!

The Holiday Fest on Saturday, Nov. 14<sup>th</sup> will feature a baked goods table as well as "food-to-go" table. We need your help to stock up with items such as pies, cakes, cookies, breads, squares, candy, fudge, etc. These items are reliable sellers and help us meet our fund raising goal.

For "Food-to-Go," we need soups, stews, baked beans, chowders, macaroni & cheese, lasagna, meatballs, etc. Our takeout food is a big draw for the community and also a reliable fund raiser. And we have a reputation to uphold!

We have clear containers in which food-to-go can be packed. You can pick these up at church. In answer to many requests, please attach your recipe to these containers.

Please let the church office know you will provide baked goods or food-to-go. This is a great way to assist on your own schedule. Items need to be delivered to the church by Friday, Nov. 13 at 5 PM (for the Fest Preview), or on Saturday, Nov. 14 from 8 - 9 AM.

Please contact Jean H. or Joyce T. with any questions.

- Holiday Fest Team

### Prayer Shawl Making Nov. 17

Our Prayer Shawl Ministry will hold its monthly meeting Tuesday, Nov. 17, from 6:30 to 8:30 PM in the Parlor at church. Please join us – no experience required. All are welcome to knit, crochet, and create comfort shawls for those in need. Please call Catherine G. for more information, patterns, or materials list.

- Prayer Shawl Ministry

### The Saco Coffeehouse is Proud to Present:

**Heather Pierson**

**Saturday, Nov. 21**

4:00 PM Drumming and Chanting Workshop

Music is a universal language through which all can find meaningful expression. Through the use of voice and drums, Heather welcomes those who seek to bring the powerful and healing force of music into their lives. Workshop participants will be invited into a circle of community where together they will explore the power of sound and rhythm, the miracle of breath, and the restorative quality of silence.

**Fee: \$5:00**

7:00 PM: Concert

Heather incorporated the piano, keyboard, vocals, percussion, acoustic guitar, and Native American flute. As a performer, she moves effortlessly from folk to blues, jazz to classical, and new age to world beat.

**Suggested Donation: \$10:00**

11:11 AM  
10/08/09  
Accrual Basis

**Unitarian Universalist Church of Saco & Biddeford  
FY09-10: Budget vs. Actual  
July through September 2009**

	Jul - Sep 09	Budget	\$ Over Budget	% of Budget
<b>Ordinary Income/Expense</b>				
<b>Income</b>				
001 CONTRIBUTION INCOME	14,619	18,970	(4,351)	77%
002 RENTAL INCOME	3,068	2,730	338	112%
003 FUND RAISING INCOME	1,063	1,105	(42)	96%
004 OTHER INCOME	5,300	5,000	300	106%
<b>Total Income</b>	<b>24,050</b>	<b>27,805</b>	<b>(3,755)</b>	<b>86%</b>
<b>Expense</b>				
101 STAFFING	17,471	19,236	(1,765)	91%
102 MISSION	217	1,631	(1,414)	13%
103 OPERATIONS	2,677	3,138	(461)	85%
104 ADMINISTRATIVE COSTS	801	788	13	102%
105 OTHER EXPENSES	830	1,117	(287)	74%
<b>Total Expense</b>	<b>21,996</b>	<b>25,910</b>	<b>(3,915)</b>	<b>85%</b>
<b>Net Ordinary Income</b>	<b>2,055</b>	<b>1,895</b>	<b>160</b>	<b>108%</b>
<b>Net Income</b>	<b>2,055</b>	<b>1,895</b>	<b>160</b>	<b>108%</b>

**SUNDAY WORSHIP SUPPORT OCTOBER 2009**

<b>DATE</b>	<b>Coffee Hour Set Up</b>	<b>Coffee Hour Food</b>	<b>Flowers</b>	<b>Ushers</b>
<b>Nov 1</b>	Laurie / Tarik S.	Laurie / Tarik S. Bond P. Masa K.	Shirley / Hal S.	Peggy B. Rose P.
<b>Nov 8</b>	Anne / Conrad C.	Thayer M. Dick S. Cathy M.	Rose P.	Joyce R Richard B
<b>Nov 15</b>	Myra / Charlie R.	Jane F. Andrea / Dylan S.	Jane F.	Carol C. Sarah W.
<b>Nov 22</b>	Joyce T. Ron H.	Jill A. Donna B. Betsey P.	<b>HELP NEEDED</b>	Pat P. Annette R.
<b>Nov 29</b>	Bev O. Wendy C.	Missy B. Bob G.	Brian D.	Dianne / Isa A.

## Church Info

### Contacting Our Minister

I am in the office on Monday, Tuesday and Wednesday afternoons from Noon to 3 PM . Call to make an appointment or just stop by. Call if you have a pastoral emergency. My home phone is 602-4094. My cell phone is 484-252-1044. Both numbers will take a message, and the cell phone is confidential. My "mailbox" on the church phone (282-0062) is protected by a password so any message is kept confidential. You are welcome to contact me by e-mail at the church, [uuchurch@gwi.net](mailto:uuchurch@gwi.net). If you wish to communicate in confidence, please use my personal e-mail, [dchandler@uuma.org](mailto:dchandler@uuma.org).

I am of course delighted to speak to you any Sunday at church!

– David

### Electronic Giving Now Available!

Would you find it helpful to have your pledge automatically transferred from your bank account? Maybe a credit/debit card is a better option for you. UUCSB now offers Electronic Giving options for those who wish to have contributions transferred electronically to the church's account. If you travel, this is particularly helpful in keeping your pledges up to date. Contact Brian in the church office for more details.

– Finance Committee

### For Your Security

Because *The Messenger* circulates by e-mail to our members and friends, and is available on-line through our website, the Board of Trustees has approved security policies. Last names do not appear, only the first initial of the last name. We do not publish individual e-mail addresses or telephone numbers.

We welcome the participation of members and friends in all church activities and programs, except those specifically indicated as "closed."

Please contact the church office at 282-0062 or [uuchurch@gwi.net](mailto:uuchurch@gwi.net) if you would like to get in touch with anyone named in *The Messenger*. We will be pleased to assist.

Please feel free to call or e-mail our minister, Rev. David W. Chandler, at the office or his home.

– Board of Trustees

## Classifieds

### C.J.'s Home Aid

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  - Creative problem solving to help elders "age in place" at home
  - Training with assistive techniques and devices to make daily life easier
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- Visits frequently covered by Medicare and Medex policies



Fostering Independent Living

Thriving  
HOME

**571-8148**

Want to find out more about our church? Thinking about becoming a member?

**To learn more about our congregation:**

Please speak to Rev. David W. Chandler after Sunday services. He is also available at church from Noon to 3:00 PM, Monday – Wednesday.

Please call ahead. Other times can be arranged. David's email is [dchandler@uuma.org](mailto:dchandler@uuma.org).

**To learn more about our faith and practice:**

Various aspects of Unitarian Universalism are explained in brochures kept in a rack in the front hall. You are welcome to take these home. You are also welcome to talk with our minister and with any member of our congregation.

**Our Church:**

We are a voluntary association of those committed to this special religious community. We share common values, but we do not require or expect conformity to any specific religious beliefs. We welcome each person's spiritual exploration and expression. Our web site, [www.uuchurchsacobiddeford.com](http://www.uuchurchsacobiddeford.com), contains more information on the traditions, activities and people of our church. Our Membership Committee is identified before every Sunday service and will be pleased to assist you.

**Our Membership:**

Those who sign the Membership Book agree to sustain our church through continuing contributions of time, effort and financial support. All members are part of the non-profit corporation that owns the church, and they govern it through democratic process in which each one is entitled to be heard. Members elect a Board of Trustees and must also approve the "call" of a minister to our pulpit.

By participating in our worship, events and activities, you'll get a sense of how this congregation might work in your life, and you in the life of the congregation. As you discover the privileges and responsibilities of membership, we recommend that you take the time to,

- Talk with our minister about your spiritual growth.
- Attend a Welcoming Sunday to find out more about Unitarian Universalism and our church's history and traditions.
- Decide your financial commitment to this church community.

**When you're ready, sign the Membership Book!**

# November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
All Ages Service 11:30 am: Green	4:30 pm: Bon Appetit	6:30 pm: I Group	7:00 pm: Harbour Singers	6:00 pm: GO Sacco		
8	9	10	11	12	13	14
	4:30 pm: Bon Appetit 6:00 pm: Membership	6:30 pm: I Group 7:00 pm: Saco Bay Trails Board	7:00 pm: Harbour Singers 7:00 pm: Finance	7:00 pm: GO Sacco	5:30 pm: Fest P view	8:30 am: Holiday Fest
15	16	17	18	19	20	21
11:00 am: Committee Fair 11:30 am: Caring		6:30 pm: I Group 6:30 pm: Prayer Shawl	6:30 pm: Trustees 7:00 pm: Harbour Singers	7:00 pm: GO Sacco		9:00 am: Green 4:00 pm: Drumming / Chant 5:00 pm: CH Set-up 7:00 pm: Coffeeshouse
22	23	24	25	26	27	28
11:30 am: RE Team 4:00 pm: Interfaith	7:00 pm: Com on Min.	6:30 pm: I Group 6:30 pm: SGM facilitators	6:30 pm: Trustees 7:00 pm: Harbour Singers	Office Closed 10:00 am: Private Party		
29	30					