



# The Messenger

Unitarian Universalist Church of Saco & Biddeford 60 School Street Saco, Maine 04072, uuchurch@gwi.net (207)282-0062  
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## Services

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### March 5

#### Seeking Asylum: Displaced, Replaced and Getting Comfortable with the Uncomfortable

**Rev. Lori Whittemore**

Rev Lori Whittemore is an ordained interfaith chaplain and community minister. She has been working hard on a Compassionate Housing Initiative creating interfaith cooperation circles in different communities to learn about the experience of Refugees and Asylum Seekers coming to Maine and discerning how to offering welcome to and within their communities. **Church School**

even from ourselves — and it can be difficult to process everything we're experiencing, as individuals and as a community. The aim of this service is to provide an opportunity for catharsis and emotional release through music. **Church School.**

### March 12

#### The Seventh Day **Rev. Steve Cook & TriQuire**

The common theme for this, our TriQuire Sunday with Sanford and Kennebunk, is the Sabbath, an ancient concept with even more relevance in our super busy time. **Church School.**

### March 26

#### These Three: Faith **Rev. Steve Cook**

The second in our three part sermon series on the "theological virtues," faith, hope and love. **Church School.**

### March 19

#### Make Your Own Kind of Music

**Nick Macdonald**

**with Madeline Knapp MacDonald**

We're living in a strange time, when things feel out of our control and changes are happening rapidly in ways we can't predict. In this tumultuous environment, it's easy to feel alienated — from each other, from our values and principles,

### Sunday Happenings

**8:45 am:** Choir Rehearsal

**10:00 am:** Worship

No matter how long the winter, spring is sure to follow.

~Proverb



## Along the Way

Dear Friends,

Throughout my ministries, I have often found that someone will say to me after a service, "That was a wonderful reading (or prayer or benediction!) Where can I get a copy of that?" It's always gratifying when I can say, "That's easy; it's in the back of our hymnal;" to which I hear "Really? That kind of thing is in our hymnal? I had no idea!" Yes, it's in that very book you open during a service to a specified hymn or reading, than flip closed and don't look at again.

That the hymnal is so largely unexplored by most UU's has to be ascribed, I am sorry to say, to our ministers and lay worship leaders. To us, it is a very familiar and well used worship planning resource, so familiar and well used, perhaps, that we take it for granted and are surprised to learn that not everyone flips so confidently as we to the "Index of First Lines and Titles of Readings," for example. So herewith, a very quick, guided tour of that mysterious gray book you see in front of you every Sunday--our hymnal, formally titled, "Singing the Living Tradition."

A glance at the Table of Contents will show that all the hymns and readings are organized to reflect the five sources of our living tradition (listed in the front on the sixth leaf, just below the more well-known "Principles"): transcending mystery and wonder, words and deeds of prophetic women and men, wisdom from the world's religions, Jewish and Christian traditions, and humanist teachings. There are 415 hymns and other pieces of music (so we don't really need to use the same 60 every year) and 317 readings (beginning at selection 416) that reflect the very wide spectrum of UU worship life and social concerns. I urge you to come early some Sunday and spend a minute just leafing through the hymns and readings—I guaran-

tee you will find many of them beautiful and profound.

For extra credit, take a glance at the indices that follow the readings, beginning on page 635. If, for example, you can remember the first few words of a hymn but not the title, the Index of First Lines and Titles of Hymns can help you find it--likewise for readings. If you know there is a hymn you like about autumn but can't remember the title, look in the Topical Index of Hymns under *Seasons and Cycles*. If you would like to find something comforting to send to a friend who has suffered a loss, you might look in the Topical Index of Readings under *Memorial and Funeral Services*.

The more musical among us may be interested in the Metrical Index of Tunes, and if you think there is something in there by Albert Schweitzer but can't remember what, the Index of Composers, Arrangers, Authors, Translators, and Sources will tell you that it is reading #447, which speaks of how we rekindle one another's lights in times of need.

A denomination's hymnals (we have had many) are a portrait of its heart and soul during a particular era. After 20 or 30 years perhaps, the need for a new hymnal becomes evident. Supplements will have been published, modifications urged, until finally, the monumental effort and expense of a new edition will be undertaken. The new one will retain the gold refined in the fire of years' use, the dross will be discarded and much new material added. It too, will be the heart and soul of common worship for a new people in a new time. While it is not perfect, we have been well served in our time by "Singing the Living Tradition" and I commend it to your attention.

Rev. Steve

### CLYNK

Please remember to help UUCSB by returning your bottles and cans through the CLYNK service at Hannaford. Green bags may be picked up at the welcome table when you come to church on Sundays. Please remember that Market Basket labeled bottles and cans are not accepted by CLYNK.

### BOT Notice

Board of Trustees agendas are posted one week prior to the meetings. Approved Board minutes are also posted. You can find these items on the bulletin board nearest the Sanctuary.

### Hannaford Gift Cards

Do you shop at Hannaford? Please consider participating in our fundraising project. When you buy your groceries with a Hannaford Gift Card purchased at church, Hannaford donates 5% towards our operating budget. You can support the church at no additional cost to yourself. Hannaford cards make good gifts, too. Look for the table during coffee hour for more information.

### Office Hours

Brian will have regular office hours on Monday, Wednesday and Thursday 8:00AM to 12:00 PM.

**Unitarian Universalist Church of Saco & Biddeford  
FY 16-17 Operating Budget vs. Actual YTD  
July through January 2017**

	Jul '16 - Jan 17	Budget	\$ Over Budget	% of Budget
<b>Ordinary Income/Expense</b>				
001 CONTRIBUTION INCOME	43,129	38,694	4,435	111%
002 RENTAL INCOME	3,300	4,600	(1,300)	72%
003 FUND RAISING INCOME	4,357	3,745	612	116%
004 OTHER INCOME	1,200	3,490	(2,290)	34%
<b>Total Income</b>	<b>51,986</b>	<b>50,529</b>	<b>1,457</b>	<b>103%</b>
<b>Gross Profit</b>	<b>51,986</b>	<b>50,529</b>	<b>1,457</b>	<b>103%</b>
<b>Expense</b>				
101 STAFFING	30,242	30,200	42	100%
102 MISSION	2,106	3,990	(1,884)	53%
103 OPERATIONS	9,670	14,998	(5,328)	64%
104 ADMINISTRATIVE COSTS	1,463	1,950	(487)	75%
105 OTHER EXPENSES	3,339	3,584	(245)	93%
<b>Total Expense</b>	<b>46,819</b>	<b>54,722</b>	<b>(7,903)</b>	<b>86%</b>
<b>Net Ordinary Income</b>	<b>5,168</b>	<b>(4,193)</b>	<b>9,360</b>	

#### Website Update

Thank you to everyone who has visited the website at [www.uuchurchsacobiddeford.com](http://www.uuchurchsacobiddeford.com). Since the March 2016 launch, there have been over 11,469 page visits with an overall average of 34 hits per day. If you have something that you want to add, or if you see something that should be corrected, please let me know. **Please be specific with**

**corrections as we have over 75 pages on our site.** Also, we still have some pages that are blank except for the title. If you want to add content for those areas, it would be gratefully accepted. Thank you to those folks who have provided content and updates..

Brian D., Webmaster

#### Pay Your Pledge Automatically!

Annual pledges paid in regular installments help the Church's cash flow – and yours! You can set up an automatic debit from your bank directly to the Church account – no checks or mailing hassles.

You may also use a credit or debit card for pledge payments. These too can be set up ahead of time to transfer automatically an amount you choose on the date you select. These Electronic Giving options can help you manage monthly expenses and help the Church have funds available regularly to meet our payroll and other bills.

Contact Brian in the Church office to set up a payment plan. Automatic payment arrangements are kept confidential.

– Finance Committee

## Music Notes

### Music Notes from Choir Director, Ellie R.

Music, I feel, must be emotional first and intellectual second.”

*Maurice Ravel*

**The History of UU Hymnody, continued:** The hymns found in the green supplement “Hymns in New Form for Common Worship” (first published in 1979) are revisions of hymns found in the blue “Hymns for the Celebration of Life.” The preface states, “We seek to move beyond gender in the language of our worship. The old patriarchal forms are contrary to present needs and ideals. If any portion of a congregation feels excluded by words sung or spoken in unison, the words fail to express the intended community... Just as in the past Universalists removed hell and Unitarians eliminated the trinity by recasting old hymns, this brief collection provided change that should make many hymns more appropriate for our time.”

The preface goes on to explain that while some changes were a simple matter of changing pronouns, others “required recasting whole phrases to keep rhyme, meter, and balance.”

**Morning Song:** At 9:50 one Sunday each month I am in the sanctuary leading ‘gathering singing’. Please join us in singing! If you prefer not to sing, please sit quietly in the sanctuary and enjoy the music or gather with friends in the parish hall or hallway for conversation. The next ‘Morning Song’ is March 12.

**TriQuire:** TriQuire hits the road this month. The combined choirs from Saco, Sanford and Kennebunk will join voices and sing in Saco March 12, Sanford March 19 and Kennebunk March 26. The general theme of the services will be about the Sabbath – saving time to renew oneself. We hope you will attend the March 12 service to be renewed through word and song!

**Singing for Easter:** Rehearsals for Easter Sunday will be on March 5, April 2, 9 and 16 (Easter Sunday). If you would like to join the choir for a short term this is a great opportunity to do so. All voices are welcome but we could especially use a bass or two!

**Ukulele Players:** I know you’re out there! If you play the ukulele and would be willing to play special music in a trio/quartet/quintet.... (depends on how many we have!) some Sunday – please let me know. Conrad C. and I will lead the group.



### Please Wear Your Nametag

We’re very fortunate to have many new people attending our church. This makes wearing our nametags all the more important. Please be sure to pick up your nametag and wear it to the service AND coffee hour.

The Membership/Welcoming Committee has designed a new nametag board to hold clip-on tags, so you do not have to pin tags through your clothing. There is a basket next to the door so it will be easier to drop your nametag before leaving. If you need a new nametag, please see the signup sheet on the nametag board.

## Information

Want to find out more about our church? Thinking about becoming a member?

**To learn more about our congregation:**

Please speak to any member or someone from the Membership- Welcoming Committee. Plan to attend a Sharing Your Spiritual Journey orientation.

**To learn more about our faith and practice:**

Various aspects of Unitarian Universalism are explained in brochures kept in a rack as you enter the sanctuary. You are welcome to take these home. You can also talk with members of our congregation.

**Our Church:**

We are a voluntary association of those committed to this special religious community. We share common values, but we do not require or expect conformity to any specific religious beliefs. We welcome each person's spiritual exploration and expression. Web sites [www.uuchurchsacoiddeford.com](http://www.uuchurchsacoiddeford.com), or [www.uua.org](http://www.uua.org), contain more information on the traditions, activities and people of our church and association. Our Membership-Welcoming Committee is also willing to assist you.

**Our Membership:**

Those who sign the Membership Book agree to sustain our church through continuing contributions of time, effort and financial support. All members are part of the non-profit corporation that owns the church, and they govern it through democratic process in which each one is entitled to be heard. Members elect a Board of Trustees and must also approve the "call" of a minister to our pulpit. By participating in our worship, events and activities, you'll get a sense of how this congregation might work in your life, and you in the life of the congregation. As you discover the privileges and responsibilities of membership, we recommend that you take the time to:

- Attend a Sharing Your Spiritual Journey orientation offered by the Membership Committee to find out more about Unitarian Universalism and our church's history and traditions.
- Attend church for a while to get to know the community and think about whether you share in our common values and feel ready to make a commitment to the shared spiritual journey.
- Decide your financial and time commitment to this church community.

**When you're ready, speak to the chair of Membership or president about signing the Membership Book!**

## News

### Storm Closings

It is getting to be that time of year, folks. In the event of bad weather, the board president and vice president will make the decision to cancel Sunday services by 7:30 a.m. The church administrator will post the cancellation on television (WCSH-6, WMTW-8 and WGME-13) as well as on the church voice mail message and website. An e-mail message will also be sent out from the church office if possible. As always, please use your own best judgement for safety.

### Share the Plate

Guided by our 7 principles, once a month, our congregation shares a portion of the Sunday morning offering with an organization that supports our principles.

On Sunday, March 19, 2017, we will be sharing our gifts with ILAP (Immigrant Legal Advocacy Project). ILAP is Maine's only statewide nonprofit legal aid agency dedicated to providing information, advocacy and individualized legal help with immigration law and related issues that low-income Maine residents need.

With ILAP's expert assistance, their clients improve their immigration status, gain safety from persecution or domestic violence, and unify or stay together with their families.

Please give generously to this worthy organization which supports our principles.

### Stewardship

Saturday, March 4, 2017, is the beginning of our annual stewardship campaign. We will be having a dinner to which you all are invited. I ask that as many of you as possible sign up and attend this dinner. I will be asking you to make your pledge for the 2017-2018 church year.

The dinner last year was a lot of fun.

The theme for this year's campaign is "There's No Place Like Home". One of the things we learned at the house parties in November/December last year was how much we value the community we are. The theme reminds us of that.

I look forward to seeing you at the dinner this year,

Jim Bishop

Stewardship Campaign Chairperson

### Greetings from the Treasurer

Account balances as of 2/28/2017 are as follows:

Checking	\$327.14
Accounts payable	\$-0-
Moulton Trust	\$2,628.35
Restricted Savings	\$18,403.22
Saco/Bidd Investments	\$124,485.88



Any questions, just call.  
Sincerely, Wendy

## From the President

It's March already, and DST and the first day of spring will be here soon. I think of March as the progressive month, bringing with its brisk winds a call-to-action after the quiet and calm of winter. There are some important actions on the horizon, not the least of which is the search for our new minister.

The house parties/cottage meetings in Saco and Sanford are now complete, and based on Rev Steve's discernment report, the boards of both churches are recommending that we move forward with a shared search for a full-time minister who will serve both churches, similar to the way Rev Sue served us in the past. A Congregational Meeting is scheduled for March 12th, when we will discuss and vote on this important next step. Please plan to attend.

The City of Saco has approved our application to "Adopt a Park". We've been approved for the grassy area across from the church, on the west side of the garage building. Stay tuned for more information shortly.

The Annual Pledge Drive kick-off will take place on Saturday March 4<sup>th</sup>, with a return the popular potluck dinner hosted by the Board of Trustees. There is a sign-up sheet in the Parish Hall. This was really fun last year, so I hope you'll all be there!

Off to the beach now with my kite. And my parka and gloves, just in case...

Warm regards,

Niki



### David L. Marshall

Building Contractor  
Camp and Cottage Repair

118 Saco Avenue  
Old Orchard Beach, Maine 04064

207-649-7260  
sdmarshall4@aol.com

## More News

### Capital Campaign Up-date

We are about to enter the next phase of our capital campaign. This is the step where we need help with developing our case statement, creating letters and brochures and organizing our approach to potential funders of our project. This work calls for people with creative talents or interests. We have broken down the various assignments in an attempt to conserve your time and energy. If you would find working on any part of this next phase interesting, please contact Betsey P. or Anne D. Thank you.

### Annual Church Auction

The auction is being held on Saturday, April 29<sup>th</sup>. The times are 5:30 pm to 10:00 pm. We will be having a buffet style dinner. With a few appetizers being served in the Silent Auction Area starting at 6:15pm. The dinner will be served at the end of the Silent

Auction. We encourage you to bid, bid and bid more. The more you bid the more the church raises. More information to come out in the April Newsletter. Tickets are on sale now during coffee hour or you may request tickets through the office or see Tom M. Invite your friends and family to come.

The Auction Committee is looking for help!!! We need help in soliciting businesses, an easy task. Talk to Tom M. FMI. We also are looking for help in getting items to fill the baskets that we make so please if you find some things that will work bring them to the

church and place in the boxes under the coat rack. Also needed are some strong people to help on the Friday before the Auction and again at the end of the Auction on Saturday to help move the church's tables from the church to the hall. We also have a few tables off site that we need to pick up and deliver. We have a truck we just need the people power. See Tom M. if you can help.

Thanks and here's to a successful AUCTION 2017...

### Panera Bread

Needed: a few people to sign up to go on the first and third Saturdays of each month between 9:15 pm and 9:30 pm, to pick up the Panera Bread and bring to the church Sunday morning around 8:15 am. Tom M. will meet you at the church on Sunday and will put everything out. See the signup list outside the office for dates.

### TD Bank Affinity Program

UUCSB is in the TD Bank Affinity Program, which is only for non-profit organizations. TD Bank will make a donation for each church member that has a TD Bank checking account. This is a way for the church to get donations without having to do anything. Church member personal accounts are associated with the church account and in doing so the church benefits. It in no way affects

member's personal accounts and no information is shared. Church members that have TD Bank checking accounts just need to call TD Bank or stop in at any location and tell them that you are a member of UUCSB and what your TD Bank account number is. If you have any questions about the Affinity Program, Tracey Bell, the TD Bank manager in Biddeford would be happy to answer your questions. Her phone # is 283-8590.

### What should I do if I have a conflict with a church member or group?

#### Conflict Resolution Process

The Unitarian Universalist Church of Saco and Biddeford is committed to fostering right relations among its members, friends, and staff.

We understand that conflict can be an inevitable part of a healthy community and can serve as an opportunity for growth and development. As members of this congregation, it is incumbent on all of us to handle conflict in ways that are reflected in our covenant.

You are welcome to speak informally with any member of the Committee on Ministries, we are easily identified by our yellow name-tags. When needed, the CoM will assist in developing a mediation plan with all involved parties.

Please read the Conflict Brochure developed by this committee and follow the Conflict Resolution Pathway that applies to your situation. When needed, the CoM will assist in developing a mediation plan for all involved parties.

Keep in mind that the CoM doesn't handle anonymous input.

Be assured that information communicated will be handled with appropriate confidentiality.



**Bob**  
Maine  
REAL ESTATE  
NETWORK

### Bob Magazu

Broker/Realtor ABR, SRES, RSPS  
bobsellsmaine@hotmail.com  
www.bobsellsmaine.com

**207-317-0221**

I can sell your home

323 North Street, Saco, ME 04072



## Faith In Action Team



### FIAT meetings:

4th Sundays 11:15 in the Parlor. All are welcome.

**Next meeting: March 26.** Talk to a FIAT member at our table on other Sundays.

Look for action suggestions on the FIAT bulletin board any time!

Share the Plate March 19  
*Immigrant Legal Advocacy Proj.*  
ILAP is Maine's only statewide nonprofit legal aid agency dedicated to providing information, advocacy and individualized legal help with immigration law and related issues that low-income Maine residents need. With ILAP's expert assistance, their clients improve their immigration status, gain safety from persecution or domestic violence, and unify or stay together with their families.

FIAT supports and is supported by MUUSAN.  
Next MUUSAN meeting:  
March 11 10a-12 at  
UU Church of Augusta.  
Carpool with Randa!



Our Faith In Action Team (FIAT) provides an umbrella of support for social action information, education, and initiatives - whether local, within our tri-church network, or across the state and nation. There are many ways that each of us can contribute. Consider volunteering for Habitat for Humanity, Biddeford's Soup Kitchen, or Sanford's Corner Cupboard. Build storm windows. Join Harbour Singers for end-of-life bedside sings. Get involved in MUUSAN's Maine Unitarian Universalist State Advocacy Network) initiatives - Democracy in Action, Health Care for All, and Climate Change.

### My Faith In Action: A Personal Reflection by Randa Thomas

Since the election in November and even more since the inauguration of President Trump, FIAT meetings and conversations have had an increased sense of urgency. For some in my circle, and sometimes for me, there has been a pervasive fear about the future. I ask: Where do I start? How much is enough? How do I stay calm? I try to let my faith be my guide.

Talk about faith used to make me feel very uncomfortable. It's very personal and recalled experience from my youth about "witnessing for God". I hadn't yet learned to talk about my faith as a Unitarian Universalist. During my work on the 2012 marriage equality campaign I attended a workshop for faith leaders about how to speak with people about faith in relationship to the issue. It didn't take much reflection to see how our UU belief in *the inherent worth and dignity of every person* was the ticket and I quickly became comfortable and confident in talking to strangers about what my faith told me.

Working on social justice issues as a member of a church requires that we be able to articulate our beliefs. Last year FIAT focused on race issues (*inherent worth and dignity*), climate change (*interdependent web*) and Ranked Choice Voting (*use of the democratic process*). In the light of current post-election concerns, especially the hullabaloo around "fake news", it is clear to me that the 4th principal "a free and responsible search for truth and meaning" encompasses all of these and will lead me to act on free speech issues in the near future.

I didn't realize until beginning to write this piece that a FIAT meeting is a time to apply our 3rd principle of *encouragement to spiritual growth*. Opportunities for spiritual growth abound in light of the political and social issues of the day. There are questions of morality: What is the right thing and who am I to say what is right? There are questions of mortality: What are my limits and how will I spend my time? It is no wonder that we feel fraught and on edge!

We bring some shared spiritual practices to FIAT meetings. By lighting a chalice with a moment of shared centering we prepare our hearts and minds to address these deep questions. When we extinguish it with a benediction we are reminded that we are connected and part of a circle that does not end.

# March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			6:30 pm: Committee on Ministries 6:30 pm: Finance 7:00 pm: Harbour Singers	7:00 pm: SMGM	4:00-6:00 pm: Clothing Swap Setup	9:00 am: Meditation 6:00 pm: Canvass Kick -Off Dinner
5	6	7	8	9	10	11
<b>Bread Sunday</b> 8:45 am: Choir Rehearsal 10:00 am: Worship 11:30 am: RE Committee	4:30 pm: Bon Appetit	7:00 pm: Earthen Spiral	6:30 pm: Trustees 7:00 pm: Harbour Singers	7:00 pm: SMGM		9:00 am: Meditation
12	13	14	15	16	17	18
<b>Daylight Savings Time Begins</b> 8:45 am: Choir Rehearsal 10:00 am: Worship 11:30 am: Congregational Mtg	5:00 pm: Membership	7:00 pm: Earthen Spiral	7:00 pm: Harbour Singers	7:00 pm: SMGM		9:00 am: Meditation
19	20	21	22	23	24	25
<b>Bread &amp; Food Pantry Sunday</b> 8:45 am: Choir Rehearsal 10:00 am: Worship 11:30 am: Congregational Q&A		7:00 pm: Earthen Spiral		7:00 pm: SMGM		9:00 am: Meditation
26	27	28	29	30	31	
8:45 am: Choir Rehearsal 10:00 am: Worship 11:15 am: FIAT	12:00 pm: Messenger Deadline	7:00 pm: Earthen Spiral		7:00 pm: SMGM		