

Friday Flyer – September 2, 2022

News You Can UUse

From the UU Church of Saco and Biddeford

- **No Worship This Week** –*Labor Day Weekend*

• **Church Activities This Week:**

- Tuesday, Sept. 6 @ 5:30 PM - Membership Committee
- Wednesday, Sept. 7 @ 5:00 PM - Finance Committee
- Wednesday, Sept. 7 @ 6:00 PM - *Harbour Singers*
- Thursday, Sept. 8 @ 7:00 PM - SMGM – Zoom

Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore
Administrator, Brian Dustin

By Appointment
Mon-Wed-Fri –8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

• **Thoughts from Rev. Lori**

Happy Labor Day Weekend!

I just returned from my first post COVID conference. It was for state emergency managers and non-profits that work with them. I have been working with these folks for the last two years via Zoom, Go To Meeting and the other virtual meeting spaces. Some I had never met before in person. Some I knew, but of course hadn't seen in person for over 2 years. I didn't realize how much I missed seeing them all until we were all under the same roof. And while it was a conference for learning and for networking, what I most experienced was people catching up with one another in a way that hadn't happened in a while. Checking in on families, hobbies, health. Handshakes and hugs were exchanged. Community was made. Fellowship and friendship was created in a short window.

This experience made me very excited for our return together on the 11th. All being under the same roof, shaking hands and giving hugs. The organ, the choir, the chalice lighting. Rev. Erika Hewitt states in the Pocket Guide, that “every element of worship has a relational purpose....It is impossible to practice living in community-loving flawed, diverse, surprising community-without showing up. It is that simple, because showing up often means choosing to forgo momentary enticements of solitary pursuits by bringing yourself to worship, week after week. Not because you get something out of it but because your presence might matter to someone else, and because only by gathering together can we create that something larger that has the capacity to transform us.” Coming together for handshakes and hugs and music and fellowship creates an important container for us to be our best selves for each other and for the world.

I hope you are looking as forward to our return together as I am! I invite you to reflect on the idea of returning to togetherness. What have you missed these last two years and these last two months? What gifts will you bring back into community?

What things will you cherish upon your return? Practice some deep breathing as you sit with these questions. Create some space for the answers to seed the bed of anticipation of a new year together.

Peace and Blessings
Rev. Lori
she/her

- **Live Stream on Facebook**

We are now live streaming our services on Facebook every Sunday at 10:00am

Feeling under the weather? Can't get to church?

Want to join the service from the comfort of your own home?

Join us live at 10:00am every Sunday on our Facebook page-

Unitarian Universalist Church of Saco and Biddeford.

(Facebook link on our web page)

- **Covid-19 Guidelines**

- Masks are OPTIONAL inside
- Masks off when speaking in pulpit area
- Sit in appropriately marked pews - social distance unless in same household
- Hand sanitizer stations
- Social hour in the parish hall

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.

Please enter the Nursery one person at a time to purchase your cards.