

The Messenger

Unitarian Universalist Church
of Saco & Biddeford
www.uuchurchsacobiddeford.com

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August, 2018

This month

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August Services

August 5

Keith Walker
Words for the Wordless

August 19

Donna Beveridge
Hands That Shaped and Blessed My Life

August 12

Alphabet Soup
What is "SAGE?"

August 26

Anne Cyr
The Write Stuff

Summer Services

8:30 Lay led services in the
Parish Hall

9:30 Outdoor Chapel
services at Ferry Beach
Conference Center

Yay, Shay MacKay, our
eagerly awaited new
minister!!! We
welcome you with
open hearts!!!

Whoever you are, wherever you come from, whomever you love, you are welcome here

Shay's Sharings



I got a new daily planner this week and have been sitting here, leafing through the blank pages, imagining all the things that will begin to fill my days as I settle in with you. There will be business-y things like office hours and committee meetings. There will be minister-y things like sermon writing and public witness. We will come together for Sunday services and coffee hours and picnics and book groups. And we will share all the sacred moments in between and at either end of our daily routines – births and deaths, new relationships and broken hearts, job losses and new opportunities, getting old and being too young, tender moments and righteous anger.

Of all the things I want to say to you, all the ways I want to open myself to you, the most important is that I am here for you. Call me, email, drop in for a visit. I hope that as we get to know each other, we will build trust, learning that we can depend on one another. I promise to do my best to uphold my end of this shared ministry, and that means that I'm yours.

I also strongly believe in good boundaries! My life with Diana and Aidan is what keeps me going, so the time I spend in New Hampshire with them is extremely important. Nature, music, animals, and books are the wind that refreshes and soothes me – and as an introvert, I prefer to do most of those things alone. All of this is to say that I will love you *and* I will need my time away.

Together we will learn where our boundaries lie and when it is important that we be together. We will discover how much we want to share and how we want to share it. For now, let's err on the side of "always feel free to call or email Shay." If I can answer immediately, I will. If not, I'll get back to you as soon as I can.

For some guidelines, my tentative schedule is on the chart to the right. I'll try this out and see if it works for all of us. I will always welcome suggestions and feedback from you as we figure this all out together.

Fridays and Saturdays are my "weekends." On Fridays, my Sabbath, I will be available for emergencies only. On Saturdays, I'll be available as needed for special congregational and community events, as well as weddings and memorials; otherwise I'll be enjoying New Hampshire, or all the beauty of Maine, or my couch.

Hopefully, by October, we'll get some adult RE classes and spirituality groups going in the evenings, as well as more informal times for you to come just hang out and chat with me.

Despite the confusions and miscommunications of this summer, as your Board and I tried to get things going from 3,000 miles apart and with jobs and families and vacations and life in between, I am committed to this being a *shared* ministry, one in which we all, hopefully, feel welcome and our voices valued. I'm very excited to be with you and am looking forward to all the adventures we'll go on together!

Peace,
Reverend Shay MacKay

Tentative Schedule

Mondays:

Sanford office hours
11:00am-5:00pm

Tuesdays:

Saco/Biddeford
office hours
11:00am-2:00pm

Sanford
office hours
2:30pm-5:30pm

Wednesdays:

Saco/Biddeford
office hours
11:00am-5:00pm

Thursdays:

Sermon Writing Day
(availability will be
limited)



Woven by Jane P. and
presented to Rev. Shay by
Susan Y. the day we called
her to be our Minister.

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Greetings From Your BoT' President



UUCSB

Board President:

Al Casad

Vice President:

Niki Norman

Secretary:

Ron Hiser

Treasurer:

Wendy Coleman

Collector:

Betsey Pace

At Large:

Mojens Ravn

Pat Snyder

James

Standerfer

Anne Dobson

To begin, I would like to recognize the excellent work that Niki Norman has done guiding this church through all the changes that have occurred over the past three years. Her leadership, enthusiasm, good humor and good sense have been invaluable in the success we have had in establishing with Sanford UU Church a shared ministry. Thank you Niki.

It is nearing the end of July and summer is speeding along as usual.

The new church year has begun and I have the honor to serve this congregation as board president. We have a talented and experienced board of trustees that has already begun to focus on the coming year and the needs of this church. Rev. Shay Mackay has arrived in New England, is looking for a place to live, and preparing for the start of her ministry on August 1.

We will all be looking at some changes in church life in September when regular Sunday services begin. I want to share with you some thoughts on those changes. Rev. MacKay is ready to lead services on 3 Sundays with 1 Sunday off each month and this is spelled out in her contract with both churches. This will mean she will be in the pulpit at both churches on those 3 Sunday mornings. The advantage of this plan is, of course, that it will be like having a full-time minister for our Sunday services. As you may guess this means an earlier service at one church and a later service at the other church. This is where changes come into our lives and complications. Some will experience disruption and complication associated with changing the start time whether it be an early or late start. At this point, we are leaning toward an early start, and for Sanford, a later start seems to work best. You can expect a letter from Rev. MacKay soon suggesting an August gathering of the congregation to discuss our conclusions, and listen to everyone's thoughts and feelings about these changes.

I wish you all a pleasant summer and look forward to our new minister joining us. Welcome Reverend Shay MacKay!!!

Best regards,
Al

BOT Notice

Board of Trustees agendas are posted one week prior to the meetings. Approved Board minutes are also posted. You can find these items on the bulletin board nearest the Sanctuary.

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Summer Church Fundraiser – UUCSB & SUUC

Saturday, August 11, 2018 – 5:30 to 10:00 pm

The Hackmatack Playhouse presents:



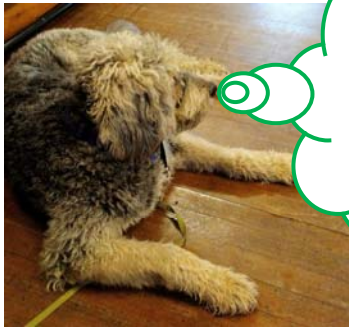
A musical about the forbidden love affair between a traveling photographer and a rural housewife. Based on the best-selling novel and hit movie, this Broadway show received four Tony nominations in 2014.

We would like to have you all to join us for a fundraiser to help support both Churches. Come join us on the grounds of The Hackmatack Playhouse for a picnic dinner and a time of socializing, then attend the show. It will be an exciting evening. A little side note here the Director of the show also happens to be the daughter of one of our very own members.

You would be asked to bring your picnic dinner sit in the picnic grove with us, as well as to please bring some type of dessert bagged up so that we may sell to the public. (Sort of like a penny bake sale).

The ticket cost is: \$30.00 per ticket, which we will then receive \$10.00 per ticket as our fundraiser. Thus, you get to see the show, but you also help support our Churches.

Please contact or see Tom Muise at UUCSB and Janis Sacco at SUUC.



I'm listening intently to Sunday morning's hymn sing. Ellie R. chose great songs!



Summer services are worth getting up for. Join us!

July Fundraising Concert in memory of Pat Palmiotto



Unique use for Maine tractor - keeping drinks cold!



Saco River venue



Pretty Girls Sing



Family, UUCSB friends, and neighbors



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August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			8:00 am Weight Watchers (Parish Hall) 6:30 pm Finance Committee (Meeting Room) 6:30 pm Committee on Ministries (Board Room)	7:00 pm Alphabet Soup (Parish Hall, Kitchen, Green Room)	10:00 am Coffee & Carbs (Off Site)	9:00 am Meditation Group (Parlor) Strawberry Shortcake Festival, Band Concert, Illumination Night Ocean Park
5	6	7	8	9	10	11
8:30 am Summer Worship (Parish Hall) 11:30 am RE Committee (Green Room)	4:30 pm Bon Appetit (Off Site) Good Energy Cafe, Ocean Park, 4:30-6 \$5	5:00 pm Weight Watchers (Parish Hall) 5:30 pm Membership/ Welcoming Committee 7:00 pm Earthen Spiral (off site)	8:00 am Weight Watchers (Parish Hall) 6:30 pm Board of Trustees (Other)	7:00 pm Alphabet Soup (Parish Hall, Kitchen, Green Room)	10:00 am Coffee & Carbs (Off Site)	9:00 am Meditation Group (Parlor) Church Fundraiser at Hackmatack Playhouse 5:30-10:00 Rt 9 Berwick
12	13	14	15	16	17	18
8:30 am Summer Worship (Parish Hall) 11:15 am FIAT (Parlor)	Good Energy Cafe, Ocean Park, 4:30-6 \$5	5:00 pm Weight Watchers (Parish Hall) 7:00 pm Earthen Spiral (off site)	8:00 am Weight Watchers (Parish Hall)	7:00 pm Alphabet Soup (Parish Hall, Kitchen, Green Room)	10:00 am Coffee & Carbs (Off Site)	9:00 am Meditation Group (Parlor) MUUSAN Sanctuary Summit 10-2:00 Augusta
19	20	21	22	23	24	25
8:30 am Summer Worship (Parish Hall) 11:30 am Congregational Q&A Alphabet Soup's annual Friends and Family Picnic	Good Energy Cafe, Ocean Park, 4:30-6 \$5	5:00 pm Weight Watchers (Parish Hall) 7:00 pm Earthen Spiral (off site)	8:00 am Weight Watchers (Parish Hall)	7:00 pm Alphabet Soup (Parish Hall, Kitchen, Green Room)	10:00 am Coffee & Carbs (Off Site) Messenger Deadline (by noon)	9:00 am Meditation Group (Parlor)
26	27	28	29	30	31	1
8:30 am Summer Worship (Parish Hall)	Good Energy Cafe, Ocean Park, 4:30-6 \$5	5:00 pm Weight Watchers (Parish Hall) 7:00 pm Earthen Spiral (off site)	8:00 am Weight Watchers (Parish Hall)	7:00 pm Alphabet Soup (Parish Hall, Kitchen, Green Room)	10:00 am Coffee & Carbs (Off Site)	

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Membership

Please wear your nametag!

We're very fortunate to have new people attending our church. This makes wearing our nametags all the more important. Please be sure to pick up your nametag and wear it to the service AND coffee hour. You may drop your nametag in the basket next to the door as you leave. If you need a new nametag, please see the signup sheet on the nametag board.



Caring Connection

Caring Connection News

Wow! What a busy time at UUCSB! Tears of Joy and Sorrow. Our group has been busy providing support wherever we're needed. Please remember to let one of us know if you hear of anyone in our midst who could use a little TLC. We are happy to oblige!

Marilyn, Anne C., Donna R, Pat S., and Gloria

Who's Who in the Pews?

Do you know who sits behind you at Sunday services? Or in front of you? Or across the aisle? Do you know the Sunday morning worship associate? The person who greets you? The newcomer who returns week after week?

Each month we will continue our featured "Who's Who in the Pews?" to introduce church folks - yes, children, too - and share photos. Write a paragraph or two about yourself or fill out a questionnaire and send it to me or to the office. Who knows - perhaps you will be featured next.

A bonus to being featured in the Messenger (and appearing in the three ring binder in the Parish Hall) is helping our new minister, Shay, learn who you are.



That's why it's important to feature every one of you. **Don't wait to be asked. Volunteer yourself!!** (Just ask if you want a list of question prompts.) I look forward to your responses. Donna B.

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Music Notes

from Choir Director, Ellie R.

Stay tuned to the Friday Flyer for information about:

Choir Rehearsals: All who love to sing are welcome to be part of the choir. We will be rehearsing 2 or 3 times in August to prepare for our Ingathering/Water Communion Service.

Established Choir members will be receiving a brief survey regarding rehearsal times for 2018-2019.



Music Ministry Team

Seeking folks interested in moving the music program forward in the coming years. What would you like to see added to our Music Ministry?

Sound System Training: Are you fascinated by all those knobs and controls on the soundboard? We're going to learn how it all works and how we can make the sound of our services more accessible to all.



Morning Song: Before one service each month I am in the sanctuary leading 'gathering singing'. Please join us in singing! If you prefer not to sing, please sit quietly in the sanctuary and enjoy the music or gather with friends in the parish hall or hallway for conversation. Dates and times of upcoming 'Morning Song' will be in the Friday Flyer towards the end of the month.

Committee on Ministries

What should I do if I have a conflict with a church member or group?

Conflict Resolution Process

The Unitarian Universalist Church of Saco and Biddeford is committed to fostering right relations among its members, friends, and staff.

We understand that conflict can be an inevitable part of a healthy community and can serve as an opportunity for growth and development. As members of this congregation, it is incumbent on all of us to handle conflict in ways that are reflected in our covenant.

You are welcome to speak informally with any member of the Committee on Ministries. We are easily identified by our yellow nametags. When needed, the CoM will assist in developing a mediation plan with all involved parties.

Please read the Conflict Brochure developed by this committee and follow the Conflict Resolution Pathway that applies to your situation. When needed, the CoM will assist in developing a mediation plan for all involved parties.

Keep in mind that the CoM doesn't handle anonymous input. Be assured that information communicated will be handled with appropriate confidentiality.

Buildings and Grounds

Building Safety and Security Discussion

On Sept 16 right after church and a wee bit of coffee, all who are interested in discussing recent safety and security recommendations raised by Sgt. Foss and Officer Bennett of the Saco PD are invited to join us in the Parlor. James Standerfer will facilitate.

Alphabet Soups August Schedule

All events are open to anyone ages 18+.

Thursday August 2 - Monthly Pot Luck Dinner
Please bring a friend and a side dish to share, beverages provided.

Thursday August 9 - Board Game Night
Bring a friend and a snack to share
beverages provided. We'll socialize and play a game.

Thursday August 16 - Monthly SAGE Dinner Night. Meet at the Church 5 - 5:15. Carpool to Portland to join in Sage's dinner night. Great fun time
Cost: \$8.00 or \$6.00 if over 55.
Dinner provided by a SAGE member.
(Vegan or vegetarian dish available.)



Thursday August 23 - Field Trip Fun Social Night
Meet at the Church for a half hour of socializing followed by a carpooling treat adventure.
Please bring some money with you to buy treats for this end of summer event.

Thursday August 30 - Gay Themed Movie Night
Bring a friend and a snack to share and join us for our monthly movie night. Brian's pick!
Beverages will be provided.

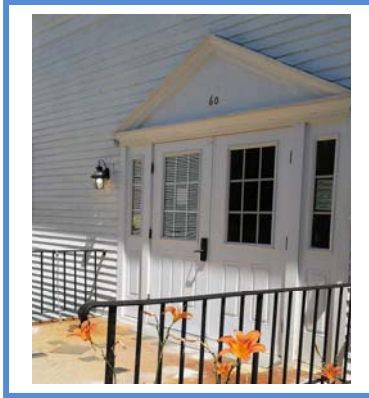
Annual Events:

Sunday August 19 - Annual Morning Worship Service led by Alphabet Soup. 8:30 am. Please come and let Tom know if you'd like to help with a reading, poem, or even a song. Folks enjoy our presence at this half hour service.

Sunday August 19 - Our Annual Friends and Family Picnic at Ferry Beach State. 11am - 4 pm. \$5, \$2 for those over 65, \$1 for children 5-11
After leading the service we meet up at the park in Saco and prepare an area for our Friends and Family to join us.

We provide hamburgers and hot dogs. Bring a salad, a entrée or dessert to share. It's a great day just to hang out and socialize with friends and family and any others who support our group. Thanks! Tom

Please note that alcohol and smoking are not permitted, and dogs are not allowed on the beach and must be on leashes in all other areas.



Beyond our Doors

Bon Appetit

Our church community continues to serve meals once a month in Biddeford at the Second Parish Congregational Church on Crescent St. Different groups of folks cook and serve a hot meal Mon. through Fri. Anyone is welcome to sit down and eat free, year round. Mon-Fri. 4:30-5:30 . 283-0380

We have maintained a group of 4-6 volunteers for approximately 25 years. We are always looking for new volunteers. The time commitment is on the first Monday of each month from 4:15 - 6:00 PM. Please see Dorinne S. if you would like to be part of this experience.

Age Friendly Saco, a local volunteer organization, promotes active aging by optimizing opportunities for health, engagement, and safety while removing barriers that prevent citizens from remaining in their homes as they age.

If you are a senior, you may be interested in weatherization assistance or tax prep help. You may want to attend the next senior dinner/dance in Oct. Check out the handicap accessible vegetable and flower gardens at Saco Rec.

75 Franklin St., Saco, 710-5029 x 815
agefriendlysaco@gmail.com



MUUSAN

Maine Unitarian Universalist State Advocacy Network

- [REGISTER](#) for Aug. 18 SanctUUary Summit of all Maine UU congregations
- [SURVEY](#) of your congregational activities related to immigration - please respond!

<https://www.surveymonkey.com/r/7JJ8VVV6>

ALL ARE CALLED!




SanctUUary Summit
Saturday, August 18
10:00-2:00 pm (brown bag lunch)
UU Community Church of Augusta
69 Winthrop Street, Augusta

Sponsored by MUUSAN's Racial Justice Issue Group

PLEASE REGISTER [HERE](#)

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UU Post Its



From Our Past

Did you know that Rev. John T.G. Nichols served the 2nd Parish Unitarian Church from 1842 to 1888. He was our longest serving minister and perhaps the most active in the Saco community. The stained glass window in the chancel was donated by church members and the residents of the area as a memorial to his good works.

Website

Visit our website at www.uuchurchsacobiddeford.com.

If you would like to add or correct something, please let me know. Please be specific with corrections as we have over 75 pages on our site. Added content for areas that have not yet been developed will be gratefully accepted. Thank you to those folks who have provided content and updates.

Brian D., Webmaster

A business card for Bob Magazu. It features a photo of a man in a suit and tie. The text on the card includes: "Bob Magazu", "Broker/Realtor ABR, SRES, RSPS", "bobsellsmaine@hotmail.com", "www.bobsellsmaine.com", "207-317-0221", "I can sell your home", and "323 North Street, Saco, ME 04072". There is also a logo for "Maine REAL ESTATE" and a "REALTOR" logo.

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Financial Information

Pay Your Pledge Automatically!

Annual pledges paid in regular installments help the Church's cash flow - and yours! You can set up an **automatic debit** from your bank directly to the church account - no checks or mailing hassles. You may also **use a credit or debit card for pledge payments**. These, too, can be set up ahead of time to transfer automatically an amount you choose on the date you select. These Electronic Giving options can help you manage monthly expenses and help the church funds available regularly to meet our payroll and other bills. Contact Brian in the church office to set up a payment plan. Automatic payment arrangements are kept confidential.
- Finance Committee



CLYNK

Help UUCS by returning your bottles and cans through the CLYNK service at Hannaford. Green bags may be picked up at the welcome table when you come to church on Sundays. Please remember that Market Basket labeled bottles and cans are not accepted by CLYNK.



Greetings from the Treasurer,

Account balances as of 07/26/2018 are as follows:

Checking	\$5,171.43
Accounts Payable	\$-0-
Moulton Trust	\$2,647.06
Restricted Savings	\$24,646.67
Saco/Bidd Investments	\$147,336.80

Any questions, just call.
Sincerely, Wendy C.

Hannaford Gift Cards

Do you shop at Hannaford? Please consider participating in our fundraising project. When you buy your groceries with a Hannaford Gift Card purchased at church, Hannaford donates 5% towards our operating budget. You can support the church at no additional cost to yourself. Hannaford cards make good gifts, too. Look for the table during coffee hour for more information.



TD Bank Affinity Program

UUCSB is in the TD Bank Affinity Program, which is only for nonprofit organizations. TD Bank will make a donation for each church member that has a TD Bank checking account. This is a way for the church to get donations without having to do anything. Church member personal accounts are associated with the church account and in doing so, the church benefits. It in no way affects members' personal accounts and no information is shared. Church members that have **TD Bank checking accounts just need to call TD Bank or stop in at any location** and tell them that you are a member of UUCSB and what your TD Bank account number is. If you have any questions about the Affinity Program, Tracey Bell, the TD Bank manager in Biddeford, would be happy to talk with you. Her phone # is 283-8590.

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Want to find out more about our church?

Thinking about becoming a member?

To learn more about our congregation:

Please speak to any member or someone from the Membership- Welcoming Committee. Plan to attend a Sharing Your Spiritual Journey orientation.

To learn more about our faith and practice:

Various aspects of Unitarian Universalism are explained in brochures kept in a rack as you enter the sanctuary. You are welcome to take these home. You can also talk with members of our congregation.

Our Church:

We are a voluntary association of those committed to this special religious community. We share common values, but we do not require or expect conformity to any specific religious beliefs. We welcome each person's spiritual exploration and expression. Web sites www.uuchurchsacobiddeford.com, or www.uua.org, contain more information on the traditions, activities and people of our church and association. Our Membership- Welcoming Committee is also willing to assist you.

There are seven principles which Unitarian Universalist congregations affirm and promote:

1	The inherent worth and dignity of every person
2	Justice, equity and compassion in human relations
3	Acceptance of one another and encouragement to spiritual growth in our congregations
4	A free and responsible search for truth and meaning
5	The right of conscience & the use of the democratic process within our congregations & in society at large
6	The goal of world community with peace, liberty, and justice for all
7	Respect for the interdependent web of all existence of which we are a part

Our Membership:

Those who sign the Membership Book agree to sustain our church through continuing contributions of time, effort and financial support. All members are part of the non-profit corporation that owns the church, and they govern it through democratic process in which each one is entitled to be heard. Members elect a Board of Trustees and must also approve the "call" of a minister to our pulpit. By participating in our worship, events and activities, you'll get a sense of how this congregation might work in your life, and you in the life of the congregation. As you discover the privileges and responsibilities of membership, we recommend that you take the time to:

- Attend a Sharing Your Spiritual Journey orientation offered by the Membership Committee to find out more about Unitarian Universalism and our church's history and traditions.

- Attend church for a while to get to know the community and think about whether you share in our common values and feel ready to make a commitment to the shared spiritual journey.

· Decide your financial and time commitment to this church community.

When you're ready, speak to the chair of Membership or president about signing the Membership Book!

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