

The Messenger

**Unitarian Universalist Church
of Saco & Biddeford**
www.uuchurchsacobiddeford.com

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Teasers

Learn on page 5 how you can help support a Sudanese woman and her 13 year old daughter who live in Biddeford.

Help inspire Rev. Shay's December sermons. See her invitation on page 6.

Curious about the Capital Campaign? Read a conversation between Betsey and her Sophie dog on page 9.

Meet Lisa Levenson, this month's Who's Who in the Pews, on page 10.

December Services, Sundays at 9:00 a.m.

December 2, Anne Dobson

A Tour of the 2nd Parish Unitarian Meeting House in honor of its 191st anniversary. This will be an interactive service exploring the fascinating history of the part of our building we know as the Sanctuary, but which began life as The 2nd Parish Unitarian Meeting House.

December 9, Rev. Shay Do You Hear What I Hear?

December 16, Rev. Shay Do You Know What I Know?

December 21, Worship Committee Solstice

December 23, Rev. Shay Do You See What I See?

December 24, Rev. Shay, Christmas Eve Service at 4:00 p.m.
Please join us for lots of music, some great stories, and plenty of cheer! The service will be led by Rev. Shay and the Worship Associates.

December 30, Worship Committee

Shay's Musings



I've been thinking a lot lately about patience; more specifically, about how I could use more of it in my life. A couple of weeks ago, I was standing in the check-out line at Target, grumbling to myself about picking the "wrong" line. You know, the line that's not moving *at all* while those on either side appear to be zipping by; the line where the shoppers ahead of you have a handful of expired coupons to use, can't find their checkbook, or picked a damaged item and are now waiting for a replacement to be found.

Well, on this day, the line I had chosen wasn't moving because (in my opinion) the cashier was slow and distracted by chatting with her customers. As I impatiently shifted from foot to foot and sighed loudly while pretending to peruse the magazine covers in the rack, I eavesdropped on the conversation happening between the cashier and the customer in front of me. The cashier asked the woman about the cat litter box she was buying and I frowned and gave another sigh, anticipating an even longer wait.

And then I watched as the customer's head came up, her posture straightened, and her whole face lit up with a smile. She began talking about her daughter, whose cat was going to be the recipient of the many items she was buying. She told an amusing anecdote of the rambunctious cat and I found myself smiling as I was drawn into her story. The cashier laughed and nodded, maintaining eye contact and a gentle attentiveness as she continued to slowly slide items across the scanner and bag them.

When the story came to an end, we were all laughing together and as the woman paid for her items and said goodbye, I realized the tension had left my body and the tight, frustrated knot that had lodged in my chest was gone. I had a smile on my face and I felt a million times better because of it; because a "slow" cashier had taken the time to ask a question, to really *see* the person in front of her; because sometimes while we are waiting a moment of grace occurs.

Maybe it's not always important to be done the fastest or get there the quickest. Maybe sometimes it's better to stop and breathe, smell the roses. Maybe sometimes we need to take the circuitous route rather than go in a straight line. And maybe, someday, after a lot of practice in patience and waiting, I'll be the person who can make someone's face light up when I take the time to ask about her daughter's cat.

Tentative Schedule

Mondays:

Sanford office hours
11:00am-5:00pm

Tuesdays:

Saco/Biddeford
office hours
11:00am-2:00pm

Sanford
office hours
2:30pm-5:30pm

Wednesdays:

Saco/Biddeford
office hours
11:00am-5:00pm

Thursdays:

Sermon Writing Day
(availability will be
limited)

**What I do is
me: for that
I came.**

~ Gerard Manly
Hopkins

Thoughts from our Board President



UUCSB

Board President:

Al Casad

Vice President:

Niki Norman

Secretary:

Ron Hiser

Treasurer:

Wendy Coleman

Collector:

Betsey Pace

At Large:

Mogens Ravn

Pat Snyder

Anne Dobson

Three things I want to bring to your attention.

1. The board ratified the installation of committee chairs/coordinators/contacts (many prefer to be called coordinator or contact rather than chair) during the board meeting. Thanks to all who contribute to the church by serving on committees and those who take a leadership role on those committees. A listing of committee membership will be in the new UUCSB directory.

2. The board discussed the need to address Religious Education in our church. We believe that an important first step is to develop a clear vision and plan for the future of RE in our church. To that end, in early 2019, we will begin meetings facilitated by the current Director of Religious Education in Kennebunk to create a vision of what we want RE to look like in the future. This would then serve as the foundation for a development plan. Those interested in participating in this important process please let Jeannine Wilson or me know. For now, we will continue with multigenerational church services.

3. The Share the Plate Poll revealed that 95% of you were in favor of having 1/2 of the weekly church plate go to our designated monthly charity. Even though most of you support this generous practice, many expressed concern about the impact on the budget of the church. We will continue to monitor how the Share the Plate Practice is working and the impact on the budget. A big thanks to FiAT for their efforts in developing and managing Share the Plate. The board will report back in 6 months on budget impact.

Happy Holidays,
Al Casad

BOT Notice

Board of Trustees agendas are posted one week prior to the meetings. Approved Board minutes are also posted. You can find these items on the bulletin board nearest the Sanctuary.



Thanksgiving dinner at UUCSB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						World AIDS Day 9-10 Parlor Meditation Group
2	3	4	5	6	7	8
8:45 Sanctuary Morning Song 9-10 Sanctuary Worship 10:15 Sanctuary Tour 10:15-11:45 Choir, Sanctuary Panera	4:30-6:30 Off site Bon Appetit	5-7 Parish Hall Weight Watchers 7:30-9 Coven Off Site VOTE	8-10 Parish Hall Weight Watchers 5-6:30 Green Room Brown Bag w/ Shay 6:30 Meeting Room Finance Committee 7-8:30 Parish Hall Harbour Singers 6:30 Comm. on Minis.	7-9 Parish Hall Alphabet Soup	10-11 Off Site Coffee and Carbs Responses to Shay's questions due	9-10 Parlor Meditation Group 10-12 Augusta MUUSAN
9	10	11	12	13	14	15
8:45 Sanctuary Morning Song 9-10 Sanctuary Worship 10:15-11:45 Choir, Sanctuary 10:20 Parlor FIAT		5-7 Parish Hall Weight Watchers 7:30-9 Coven Off Site	8-10 Parish Hall Weight Watchers 5-6:30 Green Room Brown Bag w/ Shay 6:30-8:30 Board Room Board of Trustees 7-8:30 Parish Hall Harbour Singers	7-9 Parish Hall Alphabet Soup	10-11 Off Site Coffee and Carbs	9-10 Parlor Meditation Group
16	17	18	19	20	21	22
9-10 Sanctuary Worship 10:15-11:45 Choir, Sanctuary Panera		5-7 Parish Hall Weight Watchers 7:30-9 Coven Off Site	8-10 Parish Hall Weight 5-6:30 Green Room Brown Bag w/Shay 7-8:30 Parish Hall Harbour Singers	7-9 Parish Hall Alphabet Soup	Solstice 10-11 Off Site Coffee and Carbs Messenger Deadline for submissions	9-10 Parlor Meditation Group
23	24	25	26	27	28	29
9-10 Sanctuary Worship 10:15-11:45 Choir, Sanctuary	4:00 Sanctuary Christmas Eve Service	Christmas Day 5-7 Parish Hall Weight Watchers 7:30-9 Coven Off Site	8-10 Parish Hall Weight Watchers	7-9 Parish Hall Alphabet Soup	10-11 Off Site Coffee and Carbs	9-10 Parlor Meditation Group
30	31					
9-10 Sanctuary Worship	New Year's Eve					

Faith in Action Team: UUCSB's Social Justice Center



FIAT meetings:

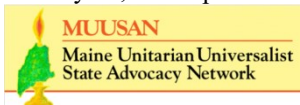
2nd Sunday of the month
10:20 in the Parlor.

Please come!

Next meeting:

December 9, 10:20

FIAT supports and is supported by [MUUSAN](#).
Next MUUSAN meeting:
January 10, 10-12 pm at



UU Church of Augusta.

Share the Plate

Minister's Discretionary Fund

These funds allow Reverend Shay to offer confidential financial support as she sees fit to members of our community in times of need.

Please give generously.



How do you put your faith into action? Visit the Interactive Bulletin Board in the Parish Hall.

JUST START! Stepping Up to Help New Mainers

Reflections and an Invitation:

In August three FiAT members (Sonja, Meret, and Randa) attended MUUSAN's "SanctUUary Summit" in Augusta. We heard from asylum-seeking New Mainers about why they have come here and some challenges they have lived since arriving. Having fled for their lives with few possessions, they have attempted to settle in Maine, facing painful economic, cultural and language barriers. We were moved and inspired to help. November's MUUSAN meeting gave more direction about where to start with the reminder: **If we wait until we're organized we may never start. Just start!**

At our Nov 11 FiAT meeting, activist Marylyn Wentworth from 1st Parish UU Kennebunk told us of a need for mentors, individuals or teams, to support 30 immigrant families in Biddeford. Sonja and I responded to this call and have been paired with a Sudanese woman and her 13-year-old daughter. We don't know them, their names, their story, their needs. But we are ready! After getting trained on Dec 5 we will meet the family and learn how to help. **We hope to expand our team to be the best advocates for this family.**

Some things this family may need: advocacy with a landlord; furnishings; warm clothing; connecting with community resources for transportation, work, shopping, food assistance, finding a doctor. They will need help with language and navigating cultural differences. They will need friends and neighbors.

I don't know what languages this family speaks or what their religion is. I know little of Sudanese culture or history. What if I make some horrendous gaffs that insult them or keep them from accepting my help? What if they don't like me? I'm worried I will not have enough time, energy or knowledge to give them what they need.

I do know they have come alone to a strange, land. They must be sad, lonely, traumatized, and fearful. They must be courageous and strong. I'm so excited to meet them, to help them and to learn from them. This feels as much like a calling as I ever remember experiencing. I'm going to learn so much!

When we said 'yes' to Marylyn's invitation, Sonja reminded me of a simple message from esteemed UU pastor, the late Forrest Church: "Be who you are, **do what you can**, want what you have." To us this means that, although we will not be perfect, our small efforts will be valuable. Having said 'yes' I thought of Rev. Shay's recent sermons about Wholeheartedness (the antidote to exhaustion) and Hope. She said that hope is believing there is a door; our "just start" approach is us knocking on the walls, believing there is a door there.

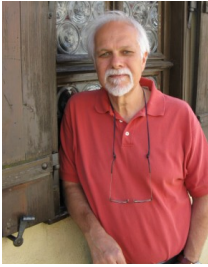
Will you join us? Helping our new neighbors is another way to put our faith into action, applying our 1st and 2nd and 7th principles. At the very least we will be reminded of deeper reasons for gratitude.



Randa at the Holiday Fair

.o

Poetic Thoughts
by our own Keith W.



opening my eyes
from an empty prayer to find
moonlight in my hands



The kitchen crew at the
Holiday Fair

An Invitation from Rev. Shay!

We're going to try something a little different this month. I'd like to be inspired by some of your words for the messages we hear each Sunday, so I'm inviting you to email me your answers to any or all of the questions below. Anything you email me may be anonymously incorporated into the sermons throughout the month.

Please email all responses to revshaymackay@gmail.com by **Friday, December 7th**.

(or drop a paper copy at the office by the same deadline)

December 9th – Do You Hear What I Hear?

Where are the places within yourself that you need to listen more closely to?

Whose voices challenge you to think in new ways?

Where or through whom do you witness the divine spark of wisdom and guidance?

December 16th – Do You Know What I Know?

What is one piece of wisdom you would like to pass on to others?

What was the experience in which you gained this wisdom?

Are there any secrets you would like the world to know?

December 23rd – Do You See What I See?

How do you view the world (through rose-colored glasses, with a glass half full)?

What do you see?

Brown Bag Suppers with Rev. Shay Wednesdays from 5:00 p.m. to 6:30 p.m.

Beginning on Wednesday, December 5th, every week Rev. Shay will be eating her supper in the Green Room (off the Parish Hall) from 5:00 p.m. to 6:30 p.m. Everyone is invited to come hang out for a time of getting-to-know-you and informal conversation. Bring your own supper – leftovers or McDonalds or whatever you use to nourish your body – and spend some time building relationships that will nourish your soul.

Because of the Holidays, we will not be gathering on December 26th or January 2nd.





*Each night a child is born
is a holy night*

Sophia Lyons-Fahs

Music Notes from Choir Director,

Our Music Ministry: Our music ministry begins with our Sunday services but extends in many directions. This year in my monthly 'Music Notes' I'll talk about the ways music is woven into our services and our lives. If you have questions about our Music Ministry that you'd like answered, please let me know!

Choir Rehearsals: Dec. 2, 9, 16, 23 from 10:15-11:45. Dec. 2 is the last day to join in for the holidays. No rehearsal Dec. 30. New members are always welcome



Morning Song: Join me in singing songs of the season at 8:45 on Sunday, December 9th.

Music in Our Community: Many members of our choir and our church family participate in community ensembles. I'm also including a holiday music schedule featuring at least one member or friend in each group.

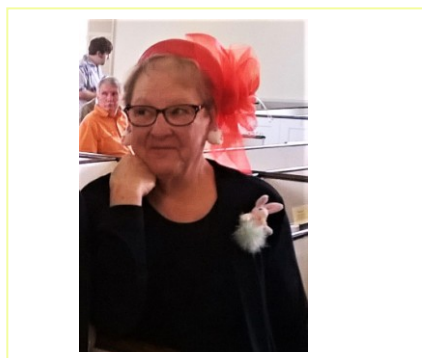
Sea Change Chorale of Portland, Maine is a community-based singing ensemble dedicated to spreading awareness of social justice issues and inspiring positive changes in Maine. Margaret M. is part of this Social Justice choir. I'll highlight more about this group next month.

The Tri-City Community Chorus is an ensemble of dedicated singers from all walks of life. We share a passion for singing and a desire to bring the joy and healing power of music to as many people as possible. Membership is open to all, regardless of musical experience or background. We span several generations, from our teens and 20s to our 80s...and beyond. Our bond is the joy of singing, and the desire to share that joy with as many people as we can, especially with those who need the uplifting power of music in their lives. Matt G. has been a member of this group for the past few years. Their upcoming holiday concert is on Saturday, December 8th at the First Parish Congregational Church in Saco. More information can be found at: <https://tricitycommunitychorus.org>

Alumni Band, Established in 1989 as a community band welcoming alumni from St. Louis High School and Thornton Academy, the Alumni Band now welcomes high school students and alumni from any alma mater. They have been playing concerts and marching in parades since 1989. Ben C., my husband was a founding member and through the years, our sons Nate & Alex have played in the band as well. This December Nate is the sole representative from our family. The holiday concert is December 8th at the Biddeford Middle School Performing Arts Center at 7:00 p.m. The webpage is not up-to-date but has general information about the band: http://www.thealumniband.com/?fbclid=IwAR2s0gM8GGIQPtV-5r3T7tt_f3LjzidAzEdf2fL7WslFX4E9ZdcvXhk3YUc

Holiday Music around town featuring our members

Fri., Dec. 7, 5:30 p.m.: The Sea Change Chorale; Reny's Dept. Store Portland
Sat., Dec. 8, 7:00 p.m.: Tri City Comm. Choir; 1st. Parish Congreg. Saco;
Sat., Dec. 8, 7:00 p.m.: Alumni Band; Bidd. Middle School Perfor. Arts Center;
Sun., Dec. 9, 3:00 p.m.: Voices in Harmony; First Parish Congreg., Saco;
Sat., Dec. 15, 7:30 p.m.: Renaissance Voices; St. Luke's, State St. Port.;
Sun, Dec. 16, 2:00 p.m.: Renaissance Voices; St. Luke's, State St. Port.

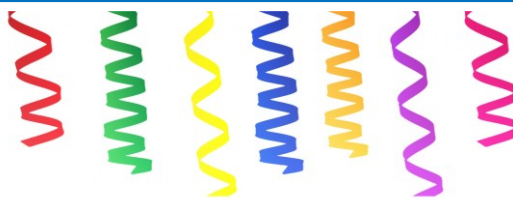


From Our Archivist, Anne D.

On Sunday Dec. 2, our service will celebrate the 191 anniversary of the dedication of the 2nd Parish Unitarian Meeting House. We know this building as our Sanctuary, but back on Nov. 21, 1827 and for about 143 years thereafter it was called the Second Parish Unitarian Meeting House.

B&G, the Capital Campaign Committee, and the UU-CSB Archives have joined forces to create a service dedicated to the history of this part of our building. Please join us for a romp through history and our wonderful Meeting House.

The **coven** meets
Tuesdays 7:30-9:00 at
a private residence.
For more information
folks can call Ivy at
207 332-3423



191 Years Old!

Please join us for a celebratory tour of our Meeting House/Sanctuary on Sunday, Dec. 2 at 10:15.

- ask questions
- visit historic niches
- learn about the builder
- shake hands with our forefathers and mothers
- understand the place of the 2nd Parish Unitarian Church in Saco's history

Sponsored by B&G, Capital Campaign Committee, and the UU-CSB Archives



Capital Campaign Conversation

As you learn about the history of our Sanctuary at our Dec. 2 service, you will see the need and be moved to contribute and take ownership in preserving our church and its history. Let's party and celebrate our beautiful historic and spiritual home as we ensure that it serves us for many years to come. The following is a conversation between a Capital Campaign Committee member, Betsey, and a frequent visitor dog, Sophie.



- Betsey:** Thank you for your donation to our Capital Campaign, Sophie. We have raised \$75,740 (58%) of the \$130,000 that we need to raise from our members and friends before we seek another \$130,000 from the greater community.
- Sophie:** I made this donation in memory of our cat, Idgy, whom we had to put down recently after a long life of 20 years. My mommas were very fond of her.
- Betsey:** I know that you, like many of our church members, do not have much discretionary money, and yet you made a donation.
- Sophie:** You're right - I don't; but I decided that I could eat a few less dog treats and put the money saved toward the Capital Campaign.
- Betsey:** Can you tell me why this church is important to you? I'm not even sure that you are a member.
- Sophie:** I feel a special connection to the welcoming people of this church and to our new minister, Rev. Shay - who is a dog lover, by the way. I want us to do the work to maintain and preserve this building for us and for those who have yet to enter our doors.
- Betsey:** Again, you're not a church member and yet you donated.
- Sophie:** Members, friends, community members who want to protect this historical building, even dogs - all can give. It's not about being a member.
- Betsey:** You were able to make a donation by eating fewer dog treats. What about those who just don't have any money to give? Can they help?
- Sophie:** Of course. There's always a need for in kind help. Every one of us has talents. Offer them to the church. Energize the Capital Campaign with your service.
- Betsey:** Do you attend church often?
- Sophie:** Mostly in the summer and, of course, I attend the Blessing of the Animals service. I love to meditate in the center of the circle of people attending summer services. It relaxes and renews me. I do hope the we're able to take care of the Parish Hall foundation so that the space continues to be here for all the church functions, including summer services. Maestro dog agrees.
- Betsey:** In closing, what is your greatest wish?
- Sophie:** Besides lots of loves and frequent treats? I wish that every single person would give to the Capital Campaign. Together we can preserve and care for this church.

Who's Who in the Pews?

Do you know who sits behind you at Sunday services? Or in front of you? Or across the aisle? Do you know the Sunday morning worship associate? The person who greets you? The newcomer who returns week after week? This column is one way to introduce church folks to you - yes, children, too - and share photos. Write a paragraph or two about yourself or fill out a questionnaire. Who knows - perhaps you will be featured next.



**Lisa
Levenson**

birthday 5/16
Biddeford

In Lisa's own words: Levenson is quite a Jewish name, and it's certainly enmeshed in my DNA. My Dad decided we would be Unitarian even though my mother converted to Judaism to make his mother happy.

I attended Unitarian summer camp in Rowe, Mass. I am, also, quite ashamed and embarrassed, served Helen Kubler Ross a band aid, in her salad, as a Pelican, on Star Island, at age 19.

I have had many jobs while not being the artist I believe I am.

I studied at Pratt Institute, NYC, School of the Arts, Phila., Pa, SF Art Institute, SF City College, Cabrillo College, Aptos, Ca, Calif Col of Arts and Crafts: Received a BFA 1995, U of Az, Tucson (art education master's work and first teacher certification, Maine College of Art.

My interests include photography, participation in all medias of art except large sculptures, collaborative and facilitated art sessions, Earth protection and nurturing, value and respect for human lives, healing beyond the toxicity of communities, reestablishment of smaller communities and small business. I enjoy nature and being outside as much as possible. I have been committed to yoga for over 18 years.

I enjoy music by WAH, Steven Halpern, many women - Joni, Laura Nyro and ethnic musicians - classical, even rock n roll violin! Not so good with very negative rappers, country music or opera..love Bluegrass.

Because I have been in Scarborough, OOB, and Biddeford, on and off, since 2000 - and Unitarian maybe since first grade - I found and love our "steeple-less" church! I am particularly comforted, when I can sit in the sunny pew, by the window. I enjoy the area behind the church. I am blessed to know some very kind and compassionate sermons, folks and ministers, at the Saco location.

I have shared art projects with Sunday school kids and sold/exhibited at the Xmas fair.

I would like others to know my heart and body are strong though my words and mind are in training. Sometimes, I am even funny despite a bout of life long, DNA depression. I am unique because I see life uniquely. I am not afraid to express honesty. While there are other Lisa Levensons, there is only one of me!

My 2 daughters; Jolee, 30 and Alea, 39 live in the SF Bay area. My Lynx Point Siamese kitten, Sterling, is 8 months old.

Happy holidays to you and yours
from the Caring Connection!
Marilyn, Anne C., Gloria, Donna
R, Pat S.



Our
Sanford
UU
Church
friends
at the
Holiday
Fair



Pat. S's
grandchildren
at the Holiday
Fair



Niki and
Mike
taking a
quick
break
from work
at the
Holiday
Fair

UUCSB Recycling Tips

If you are a resident of Saco, you probably recently received a big post card from the City about transfer station usage and recycling tips. This is very useful information.

We at the UUCSB try to keep good recycling practices in mind and in use. In this effort, we have posted recycling guides by containers in the kitchen, green room and supply closet.

In spite of our good intentions, folks still put non recyclable stuff in the recycling bins - **used saran wrap, returnable bottles, Styrofoam containers and, my personal favorite - used facial tissue!**

Please consult the posted guides before you deposit items in our bins.

Thank you. Anne D.

Storm Closings

It is getting to be that time of year, folks. In the event of bad weather, the board president and vice president will make the decision to cancel Sunday services by 7:30 a.m. The church administrator will post the cancellation on television (WCSH-6, WMTW-8 and WGME-13) as well as on the church voice mail message and website. An e-mail message will also be sent out from the church office if possible. As always, please use your own best judgment for safety.



Alphabet Soup – December 2018 Calendar of Events



Please note: All meetings are open to anyone who would like to join us. See Tom, Brian or Mark for more information.

Holiday Themed Pot Luck Dinner

Thursday, December 6th, 2018

7:00 – 9:00 PM – Location: UUCSB

Let's make it a great big one. We ask that we all dig deep and come up with a dish that you would like to share with folks for the Holidays. Please bring a friend and bring an entrée, salad, side dish, or a dessert to share. A Spiral Ham will be provided.

Leader: Tom

Admission: FREE

Annual Holiday Yankee Swap

Thursday, December 13th, 2018

7:00 – 9:00 PM – Location: UUCSB

Come and bring a friend. Join us in our Annual Yankee Swap Holiday Party. Please bring a Holiday snack to share and bring a gift to swap. Please keep the value under \$20.00. It's a fun time so please help by inviting someone to come with you.

Leader: Tom

Admission: FREE

SAGE of Portland Dinner Night

Thursday, December 20th, 2018

7:00 – 9:00 pm - Location: St Luke's

Cathedral 143 State St, Portland, ME

Please join us and SAGE for Dinner. They have lots of food and always a speaker or musical group. We will meet at the UUCSB at 5:15 pm and car pool to Portland. It's a fun evening and we get to meet up with folks from the Portland Area. The food is great as well.

Leader: Tom/Mark

Admission: \$8.00 per person or \$6.00 per person over 60. Please let us know if you plan to attend as they do like a head count.



Gay Themed Movie Night

Thursday, December 27th, 2018

7:00 – 9:00 pm - Location: UUCSB

This will be the last meeting of 2018, so let's bring in the New Year with a big bang. Bring a friend or two and join us for a relaxing evening watching a Gay Themed Movie and socializing. Brian usually finds a good movie for us to watch. Beverages will be provided. Please bring snacks to share.

Leader: Brian

Admission: FREE

Dinning Out at Mulligan's Bar & Grill

Thursday, January 3rd, 2019

7:00 – 9:00 pm - Location: UUCSB

Join us for a relaxing evening of socializing and eating. We will be dining out for this event as something different. Please come and join us for dinner at the Famous Restaurant in Biddeford - Mulligan's Bar & Grill. All Menu items are under \$6.00 each. We will meet at 7:00 PM. Feel free to invite your friends to join us. We will need a head count so that we will be able to sit together. So please RSVP. Hope to see you all there.

Please wait for us all to get there to be seated.

Leader: Tom

Admission: Depends on what you order.



Membership. Please wear your nametag! We're very fortunate to have new people attending our church. This makes wearing our nametags all the more important. Please be sure to pick up your nametag and wear it to the service AND coffee hour. You may drop your nametag in the basket next to the door as you leave. If you need a new nametag, please see the signup sheet on the nametag board.



Post It!

Committee on Ministries

What should I do if I have a conflict with a church member or group?

Conflict Resolution Process

The Unitarian Universalist Church of Saco and Biddeford is committed to fostering right relations among its members, friends, and staff.

We understand that conflict can be an inevitable part of a healthy community and can serve as an opportunity for growth and development. As members of this congregation, it is incumbent on all of us to handle conflict in ways that are reflected in our covenant.

You are welcome to speak informally with any member of the Committee on Ministries. We are easily identified by our yellow nametags.

Please read the Conflict Brochure developed by this committee and follow the Conflict Resolution Pathway that applies to your situation. When needed, the CoM will assist in developing a mediation plan for all involved parties.

Keep in mind that the CoM doesn't handle anonymous input. Be assured that information communicated will be handled with appropriate confidentiality.



Website

Visit our website at

www.uuchurchsacobiddeford.com.

If you would like to add or correct something, please let me know. Please be specific with corrections as we have over 75 pages on our site. Added content for pages that have not yet been developed will be gratefully accepted. Thank you to those folks who have provided content and updates.

Brian D., Webmaster



**Acupuncture
by Meret**

Natural Healthcare that Works

Meret Bainbridge, L.Ac.

35 Storer Street, Saco, ME 04072

AcupunctureByMeret.com • 207.838.2413



Bob Magazu

Broker/Realtor ABR, SRES, RSPS

bobsellsmaine@hotmail.com

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207-317-0221



Financial Information

Pay Your Pledge Automatically!

Annual pledges paid in regular installments help the Church's cash flow - and yours! You can set up an **automatic debit** from your bank directly to the church account - no checks or mailing hassles. You may also **use a credit or debit card for pledge payments**. These, too, can be set up ahead of time to transfer automatically an amount you choose on the date you select. These Electronic Giving options can help you manage monthly expenses and help the church funds available regularly to meet our payroll and other bills.

Contact Brian in the church office to set up a payment plan. Automatic payment arrangements are kept confidential.

- Finance Committee

Greetings from the Treasurer

Account balances as of 11/26/18 are as follows:

Checking	\$ 4,904.91
Accounts payable	\$ 1,774.20
Moulton Trust	\$ 2,671.20
Restricted Savings	\$ 22,685.51
Saco/Bidd Investments	\$133,901.75

Any questions, just call.
Sincerely, Wendy C.



Hannaford Gift Cards

Do you shop at Hannaford? Please consider participating in our fundraising project. When you buy your groceries with a Hannaford Gift Card purchased at church, Hannaford donates 5% towards our operating budget. You can support the church at no additional cost to yourself. Hannaford cards make good gifts, too. Look for the table during coffee hour for more information.

Get your
cards from
Ellie L.



CLYNK

Help UUCS by returning your bottles and cans through the CLYNK service at Hannaford. Green bags may be picked up at the welcome table when you come to church on Sundays. Please remember that Market Basket labeled bottles and cans are not accepted by CLYNK.



TD Bank Affinity Program

UUCSB is in the TD Bank Affinity Program, which is only for nonprofit organizations. TD Bank will make a donation for each church member that has a TD Bank checking account. This is a way for the church to get donations without having to do anything. Church member personal accounts are associated with the church account and in doing so, the church benefits. It in no way affects members' personal accounts and no information is shared. Church members that have **TD Bank checking accounts just need to call TD Bank or stop in at any location** and tell them that you are a member of UUCSB and what your TD Bank account number is. If you have any questions about the Affinity Program, Tracey Bell, the TD Bank manager in Biddeford, would be happy to talk with you. Her phone # is 283-8590.

Want to find out more about our church?

Thinking about becoming a member?

To learn more about our congregation:

Please speak to any member or someone from the Membership- Welcoming Committee. Plan to attend a Sharing Your Spiritual Journey orientation.

To learn more about our faith and practice:

Various aspects of Unitarian Universalism are explained in brochures kept in a rack as you enter the sanctuary. You are welcome to take these home. You can also talk with members of our congregation.

Our Church:

We are a voluntary association of those committed to this special religious community. We share common values, but we do not require or expect conformity to any specific religious beliefs. We welcome each person's spiritual exploration and expression. Web sites www.uuchurchsacobiddeford.com, or www.uua.org, contain more information on the traditions, activities and people of our church and association. Our Membership- Welcoming Committee is also willing to assist you.

There are seven principles which Unitarian Universalist congregations affirm and promote:

1	The inherent worth and dignity of every person
2	Justice, equity and compassion in human relations
3	Acceptance of one another and encouragement to spiritual growth in our congregations
4	A free and responsible search for truth and meaning
5	The right of conscience & the use of the democratic process within our congregations & in society at large
6	The goal of world community with peace, liberty, and justice for all
7	Respect for the interdependent web of all existence of which we are a part

Our Membership:

Those who sign the Membership Book agree to sustain our church through continuing contributions of time, effort and financial support. All members are part of the non-profit corporation that owns the church, and they govern it through democratic process in which each one is entitled to be heard. Members elect a Board of Trustees and must also approve the "call" of a minister to our pulpit. By participating in our worship, events and activities, you'll get a sense of how this congregation might work in your life, and you in the life of the congregation. As you discover the privileges and responsibilities of membership, we recommend that you take the time to:

- Attend a Sharing Your Spiritual Journey orientation offered by the Membership Committee to find out more about Unitarian Universalism and our church's history and traditions.
- Attend church for a while to get to know the community and think about whether you share in our common values and feel ready to make a commitment to the shared spiritual journey.
- Decide your financial and time commitment to this church community.

When you're ready, speak to the chair of Membership or president about signing the Membership Book!

Whoever you are, wherever you come from, whomever you love, you are welcome