# Unitarian Universalist Church of Saco & Biddeford www.uuchurchsacobiddeford.com



#### **Teasers**

Page 3 - Thoughts on the future of fundraising

Page 5 - Rethinking our faith in action team

Page 6 - An enhanced sound system - at last.

Page 7 - The relationship between a parking lot and our Parish Hall.

Page 8 - Songweavers, another chorus supported by UUCSB singers

Page 9 - Gather clothes for the annual clothing swap in March

# The Messenger



60 School St.
Saco, Maine 04072
207 282-0062
uuchurch@gwi.net



## February Services, Sundays at 9:00 a.m.

# Feb. 3 Rev. Michael Gray "The Radical Dharma of Jesus Christ"

Like the Buddha before him, Jesus Christ taught principles that stood in contrast to the religious leaders of his time. The teachings of both still have much to say to us in this present moment.

# Feb. 10 Rev. Shay Living Covenantally - Unitarian Universalism is a "covenantal" faith.

What does that mean? How does it change the way we create community together?

# Feb. 17 Rev. Shay The Depth of Existence

Revisiting the service that was cancelled because of snow, we'll explore MLK, Jr. and the sacred creativity of words.

# Feb. 24 Rev. Lori Whittemore The Dream of Forgiveness

This service will include creative visualization about sacred texts, black history month, and truth and reconciliation.

## Shay's Musings

During this winter time, this time of quiet, dark, and reflection, I keep returning to a memory of my childhood – a memory of a time when I lay silent and still in the dark, knowing that the light would slowly dawn, and with it the world would burst into color once again.

My parents were both school teachers so as I was growing up not only did my sister and I have summer vacation, but the whole family was free. We loved road trips — and before there were all the rules about...um...safety, my dad would pack us into our little blue Chevette hatchback and off we would go on some adventure. From our starting place smack dab in the middle of North Dakota, over time we explored in all directions — Rapid City, SD; Winnipeg, Manitoba; Bozeman, MT; and, of course, the Twin Cities in MN. And while Mount Rushmore and the Badlands and all of the 10,000 lakes were beautiful and awe-inspiring, the scenic destinations were not my favorite parts of these trips.

We would pack the car the night before our journey began so that we could leave immediately upon waking the next morning. My sister and I would then desperately try to sleep, telling each other that the sooner we fell asleep the sooner morning would come, but anticipation always kept us revved up until way past bedtime. Just a few hours later, well before dawn, Dad would rouse us and bundle our half-sleeping bodies into the car — pajamas, pillows, blankets, and all. The backseat was full of luggage and coolers, leaving the hatch available for my sister and I to lie in. It was a warm, soft nest and we would doze there while my parents finished packing up.

And then we would drive.

My dad was the driver – it was one of his favorite things to do; my mom was the navigator who fell asleep the minute the car was in motion; and my sister and I – we were the watchers, the dreamers, the wonderers. We drove in silence, those first hours of predawn darkness. If I lifted my head to peer over the backseat, I could see my dad's face in the rearview mirror, partially illuminated by the dashboard lights. If I held my breath and listened intently, I could hear my mother's deep, even breathing as she slept. I would raise my hands and press them against the window and feel the coolness of the morning, in direct contrast to the warmth of my sister's body curled up next to me.

And for an hour or two, I would lie on my back in the quiet, letting the motion of the car gently hypnotize me. I would gaze up through the hatchback window, counting stars as the city lights faded, making wishes on meteors streaking through the heavens; and I would lose myself in the slow and brilliant arrival of dawn.

I don't know about you, but I've been tired; worn out from all the violence and greed and racism and disrespect.

Rev. Dr. William Barber says "We need to be a moral defibrillator at a time when so many hearts have stopped working. Shock this nation and this state with the powers of love!"

My heart has been broken and fatigued, but I am brought to life again by the powers of community and faith, shocked back into action by our voices raised in word and song. I am reminded over and over again – with each morning that comes – that the light will return and, with it, an awakening of my senses and my soul.

My hope is that as we wait out this long and cold winter — whether it be the literal weather or the storm roiling in our country or a desolate cold we feel inside - that we can be the shock of love for each other.



#### **Tentative Schedule**

#### Mondays:

Sanford office hours 11:00am-5:00pm

#### **Tuesdays:**

Saco/Biddeford office hours 11:00am-2:00pm

Sanford office hours 2:30pm-5:30pm

#### Wednesdays:

Saco/Biddeford office hours 11:00am-5:00pm

#### Thursdays:

Sermon Writing Day (availability will be limited)

We need to be a moral defibrillator at a time when so many hearts have stopped working. Shock this nation and this state with the powers of love!"
Rev. Dr. William Barber

## Thoughts from our Board President, Al Casad



#### UUCSB

Board President:
Al Casad
Vice President:
Niki Norman
Secretary:
Ron Hiser
Treasurer:
Wendy Coleman
Collector:
Betsey Pace
At Large:
Mogens Ravn
Pat Snyder
Anne Dobson
Jane Perkins

#### **BOT Notice**

Board of Trustees agendas are posted one week prior to the meetings. Approved Board minutes are also posted. You can find these items on the bulletin board nearest the Sanctuary.

With the new year comes a push for Fundraising and the Annual Pledge Campaign to insure our financial well-being. Back in December you received an email letter from me letting you know about our Board decision to cancel the Church Auction for this year and a call for people to become involved with church fundraising. Last Wednesday a group that responded to my call for help, met to discuss the future of fundraising and in a practical sense what we need to do for this year. The discussion began with the need to create a Fundraising Committee and that the committee would be structured as a collaborative group so that no single person had to shoulder all the responsibility. Next came a brainstorming of ideas for fundraisers which yielded a wide variety of creative possibilities.

In place of the Auction we discussed a fundraiser called Dining for Dollars. The name does not really describe the range of this fundraiser. Similar to the most successful part of our Auction, UUCSB members generously offer to host events of all types such as dinners, brunches, creative/fun activities, adventures, services, use your imagination to create an interesting experience for people. A catalogue of offered events is then created and people use a variety of ways to bid on those events. Winning bids are notified along with an invoice for payment and the UUCSB budget outlook improves accordingly.

While we have some folks who are interested in being on the Fundraising Committee, if you are interested in joining in the fun please let me know. In early February, the committee will meet to begin planning our fundraising for the remainder of this year.

This year we will be needing a new leader for the Annual Pledge Campaign. I think we could try a Co-Chair arrangement with the Pledge Campaign. Who wants to share in the challenge?

Best,

Αl

# Poetic thoughts by our own Keith W.



Words are little stones stacked around the shape of this moment with no name.

I can't see a light but I feel the whisper of an endless river.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2
				10:00 Coffee & Carbs Offsite	9:00 Meditation
Δ	5	6	7	8	9
			,		9:00 Meditation
Offsite	7:30 Coven Off Site	5:00 Brown Bag/ Shay 6:30 Board of Trustees	7:00 Alphabet Soup	Offsite	
11	12	13	14	15	16
Geography of Grace	5:00 Weight Watchers 7:30 Coven Off Site	7:00 Alphabet Soup	7:00 Alphabet Soup  Valentines Day	10:00 Coffee & Carbs Offsite	9:00 Meditation
18	19	20	21	22	23
Geography of Grace	5:00 Weight Watchers	8:00 Weight Watchers 5:00 Brown Bag/Shay 7:00 Harbour Singers	7:00 Alphabet Soup  Messenger: Deadline	10:00 Coffee & Carbs Offsite	9:00 Meditation
25	26	27	28		
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#### Faith in Action Team: UUCSB's Social Justice Center



FIAT meetings:

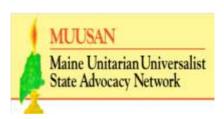
2nd Sunday of the month 10:20 in the Parlor.

Please come!

**Next meeting:** Feb. 11, 10:20

How do you put your faith into action? Visit the Interactive Bulletin Board in the Parish Hall





#### Personal Reflections on Faith in Action, by Randa Thomas

I'm supposed to be a leader on UUCSB's small Faith in Action Team, and I figure that's supposed to mean leading some sort of organized action that represents the heart and hands of this church. I think FiAT's work is <u>supposed</u> to come with meeting minutes and mission statements. That is not happening.

Our regular meetings, after the 2nd Sunday service of the month, have had very low attendance since the change in the time of our service, usually having 2-4 participants. Just as aging congregations are re-imagining how children are welcomed and included, it's becoming clear that FiAT and our church can re-imagine how we engage in social justice work. Just as traditional Religious Exploration classes aren't working for us, the traditional social justice committee structure is not working.

During a 2-person meeting in the fall the parish hall's "interactive bulletin board" was created. It can serve as a reminder of how others are acting, united in our Faith. But working together visibly and concretely really connects people. Sonja G. and I, with the support of Rev. Shay and the Board, hope to include more of church community in our ministry to support the Gladdess family, Congolese asylum seekers, struggling to settle in Biddeford. We will continue to reach out to individuals and hopefully develop a more inclusive structure for hands-on support with transportation, childcare and social interactions and friendship for Gladdess and the family.

As I continue to learn, "faith in action" is not just about the cause or the action. It's about growing my understanding of my limitations, my motivations; it's about developing and using my personal faith practices to help me understand my place in the action I've chosen, and to be open to what I feel called to do.

Will you join us? Helping our new neighbors is another way to put our faith into action, applying our 1st and 2nd and 7th principles. At the very least we will be reminded of deeper reasons for gratitude.



# Share the Plate - February MUUSAN: Maine UU State Advocacy Network

A statewide advocacy and public policy network anchored in our Unitarian Universalist faith and animated by its principles. MUUSAN links our 25 Maine congregations and many friends in an active legislative ministry. With monetary support from Maine congregations, MUUSAN celebrates and leverages the power of the current progressive legislature which

Next MUUSAN meeting March 10, 10-12 pm at UU Church of Augusta.

promises to increase community involvement to promote Clean Elections, renewable energy, health care for all, immigrant and indigenous rights. The MUUSAN webpage www.MUUSAN.org provides news on legislative issues, a guide for communicating with legislators, a new Immigrant Justice Toolkit and much more. **Please give generously.** 

December Minister's Discretionary Fund \$427.64
January Welcome Immigrants Our New Neighbors (WIONN) \$264.20



Thanks to
Matt G.,
Mike D.,
and Ron H.
for bringing
good sound
to our
Sanctuary!



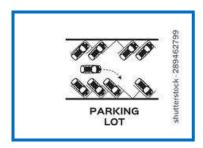
#### **Birth of an Enhanced Sound System**

For years we have struggled with the quality and consistency of our sound system at UUCSB. Approximately 6-8 years ago, we needed to replace the clip-on lapel microphone due to FCC required changes and the hand-held wireless microphone was no longer working. Matt G. volunteered to purchase the necessary replacements. Matt and Sonja G. donated the cost of the lapel microphone and Dick S. donated the cost of the hand-held microphone and all seemed to be fine. Since that time, we have been disappointed in the overall performance of the sound system equipment. Shortly before the celebration of Christmas at the UUCSB, Matt had the opportunity to ask Mike D. if he could look at our current sound system and make suggestions as to what we would need to upgrade the system to have a better quality and more reliable sound system.

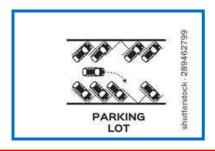
When Mike looked at it on the Sunday, December 23, 2018 he discovered that we had a sound mixing board sitting in the choir area of the Sanctuary. He asked me what the status of that sound mixing board was and I explained that it originally belonged to the Coffee House and was donated to the UUCSB many years ago (date?) and has only been used sparingly since. I explained to Mike that nobody currently seems to know how to utilize it. Mike then said, "we don't need a new sound system, we can simply work everything off that sound mixer. It has the capacity to handle more than we need currently". That was music to Matt's ears. Mike agreed to meet with Matt at church in the next week or so to look at the system more closely and reconfigure the system to incorporate the mixing board. Matt happened to mention to Betsey P. about this new exciting discovery and she said, Oh, Ron H. is already looking into quotes on a whole new sound system. She suggested that I contact him right away. Matt spoke with Ron, told him about the plans that he and Mike had in mind and all three agreed to meet at church on Friday, January 4, 2019.

Mike set to work dismantling the old sound system and taking inventory of what was needed to pull it all together. After a very successful buying spree at MidTown Music in Biddeford, we purchased a "feedback destroyer", assorted microphone cables, a new microphone stand, a couple of microphone clips and a few small odds and ends (total cost \$256). We were ready to go.

After a brief stop for lunch at Rapid Rays Matt and Mike arrived back at UUCSB and Mike attacked the system. After a total of almost four hours a newly improved sound system was born. It was debuted and tweaked during the service with our guest minister, Amanda Gerken-Nelson, on Sunday, January 6, 2019. So far, the "feedback", no pun intended, has been very positive.







### Capital Campaign News Feb., 2019

What welcomes new/perspective members to a church even before they are greeted at the door? Okay, I'll tell you; it's the ability to park their cars close to church. And therein lies a problem. We don't have good parking. We share street parking with the Oasis Club; we have limited handicap accessible parking in front of the church; the town lot across the street is not always plowed and boats occupy some of the spaces.

There is a solution: Build a parking lot! It is our understanding that we have the land and the money - money that is not part of the Capital Campaign; **but**.... we can't build a parking lot until we shore up the Parish Hall.

What's the relationship between the parking lot and the Parish Hall, you ask? Again, we can not move forward with a parking lot until the Parish Hall is restored. That is, we are not going to create a parking lot only to dig it up later to restore the Parish Hall.

Which brings us to our Capital Campaign. Its two major priorities are restoring/repairing the Sanctuary windows and shoring up the Parish Hal, our current focus. The 150 year old underpinnings of this building are not solid, and they have shifted over the years, compromising its structure.

We are grateful to those who are supporting our Capital Campaign with financial and in kind pledges. We currently have \$56,032 in our CC savings account out of total received pledges of \$75,765. We need, however, to raise a total of \$130,000 from our congregation.

A few sermons back Rev Shay spoke about how to consider and move forward on activities/projects. First say YES; then determine HOW. We have said YES. Two and a half years ago we, the congregation, were informed of our church building needs and dollars needed. We voted unanimously to undertake this Capital Campaign. So what is the problem? Our pledges to the Capital Campaign are stagnant! We are limited in scope to what we can do with available monies.

What is the solution? Do we need to re-commit? Do we need to scale down? If so what goes on the back burner? Each month you, the congregation, are asked for thoughts/questions/ideas, asked to speak with a committee member or come to a Capital Campaign meeting. Anne D, Betsey P, & Mark Y are the steering committee, but this project is a **congregational undertaking** and the committee needs your HELP. Perhaps we need to re-consider how to move forward and/or what to do next at our Annual Meeting in June 2019.

Stay tuned: We are looking to acquire a clerk of the works. Next month's Messenger will focus on our historic sanctuary windows.





"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." — Plato

## Music Notes from Choir Director, Ellie R.

. Our Music Ministry: Our music ministry begins with our Sunday services but extends in many directions. This year in my monthly 'Music Notes' I'll talk about the ways music is woven into our services and our lives. If you have questions about our Music Ministry that you'd like answered, please let me know!

#### **Choir Rehearsals:**

Feb. 10 at 10:15, Feb. 17 at 8:30 and 10:15.



NO REHEARSAL FEB. 3 AND 24.

**Tri-Quire:** Tri-Quire rehearsals have begun! It's not too late to join in if you're willing to commit to rehearsals through the months of February and March. The combined choirs from Saco, Sanford and Kennebunk will sing in Kennebunk on 3/31 as well as Saco and Sanford on 4/7. So much fun singing with a larger group! Contact me if you're interested.

**Music in Our Community:** Many members of our choir and our church family participate in community ensembles. I will highlight one more each month for the next few months.

Songweavers: Songweavers is New Hampshire's original women's community chorus. The chorus's goal is to build community through singing together. Based on the belief that everyone can sing, Songweavers is a coming-together of spirit and heart through music. Begun 25 years ago by Carolyn Parrott for women who were afraid to sing, it has grown into a joyous chorus of kindred souls. Everyone can sing; it's a human birthright. When we sing, it makes us happy. It's a whole body experience. The vibrations the Songweavers make together as a group are transformative, for individuals and groups alike. Songweavers is an aural tradition chorus. All of the music is learned by ear, in the traditional style of call and response. Director Peggo Horstmann Hodes sings each part, and chorus members sing it back. Before long, the chorus is singing in fourpart harmony accompanied occasionally by piano and always with the drive of African style drums. Songweavers is a force of nature, driven by the passion and power of each singer joined in harmony with toe-tapping percussion.

#### For more information:

https://www.ccmusicschool.org/index.php/music-curriculum-lessonsensembles-classes-workshops/songweavers or speak to long time members Sonja Gerken and Ellie Lockwood. Their next concert is in April.

> Morning Song Join me in singing before the service at 8:45 on Sunday, Feb. 10.



It's coming! it's coming!

The Annual Clothing Swap is scheduled for Saturday, March 2nd from 10:30 a.m. to 1:00 p.m. Clothing may be dropped off at the church any time before Friday, March 1st at 6:00 pm. Set up will be on March 1st from 4:00 pm - 6:00 pm. So, go ahead and purge those closets and drawers of unused items and join us for our annual "try on and chat" session. Clothing is \$5 per bag. Money from the sale will be donated to one of our current church projects. If you are available to help (with setup, during the swap, and/or break-down) it would be much appreciated! Any remaining clothes will be donated to Seeds of Hope in Biddeford. Anne C.



Our talented organist, Paul B., has played our historic organ for years. Thank you, Paul.

Caring Connection

## from your Caring Connection

People have continued to respond to our Caring Connection Survey, offering transportation, help with meals, visits, calls, rides, and even pet care for those of us who may be struggling. If you want to add your name to the list of those willing to help, please contact Marilyn S-C, who will coordinate.

Remember, please continue to call on us If you know of a caring need. As days are shorter and temperatures drop, we are all susceptible to challenges ranging from slipping on the ice, to succumbing to winter depression, or to contracting the flu. A call, a card, or a pot of soup may not be a cure, but we hope it can help!

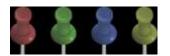
If you aren't sure whom to contact, (who is the Caring Connection, anyway?) look for us in the near future as coffee hour "sponsors" for a Sunday.

We'll try to be visible!

Marilyn S-C, Anne C., Gloria S., Donna R., and Pat S.

Membership. Please wear your nametag! We're very fortunate to have new people attending our church. This makes wearing our nametags all the more important. Please be sure to pick up your nametag and wear it to the service AND coffee hour. You may drop your nametag in the basket next to the door as you leave. If you need a new nametag, please see the signup sheet on the nametag board.





#### **UU Post It Notes**

# Committee on Ministries What should I do if I have a conflict with a church member or group?

#### **Conflict Resolution Process**

The Unitarian Universalist Church of Saco and Biddeford is committed to fostering right relations among its members, friends, and staff.

We understand that conflict can be an inevitable part of a healthy community and can serve as an opportunity for growth and development. As members of this congregation, it is incumbent on all of us to handle conflict in ways that are reflected in our covenant.

You are welcome to speak informally with any memeber of the Committee on Ministries. We are easily identified by our yellow nametags.

Please read the Conflict Brochure developed by this committee and follow the Conflict Resolution Pathway that applies to your situation. When needed, the CoM will assist in developing a mediation plan for all involved parties.

Keep in mind that the CoM doesn't handle anonymous input. Be assured that information communicated will be handled with appropriate confidentiality.



#### **UUCSB Recycling Tips**

If you are a resident of Saco, you probably recently received a big post card from the City about transfer station usage and recycling tips. This is very useful information.

We at the UUCSB try to keep good recycling practices in mind and in use. In this effort, we have posted recycling guides by containers in the kitchen, green room and supply closet.

In spite of our good intentions, folks still put non recyclable stuff in the recycling bins - used saran wrap, returnable bottles,

Styrofoam containers and, my personal favorite - used facial tissue!

Please consult the posted guides before you deposit items in our bins.

Thank you. Anne D.

#### Website

Visit our website at

#### www.uuchurchsacobiddeford.com.

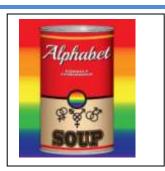
If you would like to add or correct something, please let me know. Please be specific with corrections as we have over 75 pages on our site. Added content for areas that have not yet been developed will be gratefully accepted. Thank you to those folks who have provided content and updates.

Brian D., Webmaster



### Storm Closings

It is getting to be that time of year, folks. In the event of bad weather, the board president and vice president will make the decision to cancel Sunday services by 7:30 a.m. The church administrator will post the cancellation on television (WCSH-6, WMTW-8 and WGME-13) as well as on the church voice mail message and website. An e-mail message will also be sent out from the church office if possible. As always, please use your own best judgment for safety.



# We meet at The Unitarian Universalist Church of Saco & Biddeford 60 School Street Saco, ME

For more information contact Tom Muise at tmansmk49@gmail.com

## Alphabet Soup February 2019 Calendar of Events

Please Note all meetings are open to anyone who would like to join. See Tom, Brian or Mark for more information.

#### **Pot Luck Dinner for Alphabet Soup**

Theme: A Valentine's Delight

Thursday, February 7, 2019 – 7:00 – 9:00 PM – Location: UUCSB

Let's make it a great big one. Please bring a friend and bring an entrée, salad, side dish, or a dessert to share. The meat will be provided.

Leader: Tom Admission: FREE



#### **Board Game Night**

Thursday, February 14, 2019 – 7:00 – 9:00 pm - Location: UUCSB

Bring a friend or two and join us for a fun packed evening playing a

board game and socializing. Beverages will be provided. Just please bring snacks to share.

Leader: Brian/Mark Admission: FREE

#### **SAGE Dinner**

#### Thursday, February 21, 2019 – 7:00 – 9:00 pm - Location: UUCSB

We will be joining SAGE in Portland, Maine for their Monthly Dinner. We will meet at the Church at 5:00 PM and car pool. Dinner at 6:00 PM. The cost is under \$6.00 or \$8.00 each depending on your age. RSVP by Monday, so that we can get a head count to SAGE.

#### **Gay Themed Movie Night**

Thursday, February 28, 2019 – 7:00 – 9:00 pm - Location: UUCSB

Bring a friend or two and join us for a relaxing evening watching a Gay Themed Movie and socializing. Brian usually finds a good movie for us to watch. Beverages will be provided, just please bring snacks to share.

Leader: Brian
Admission: FREE

#### Pot Luck Dinner for Alphabet Soup

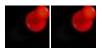
Theme: Breakfast Foods - Make Items for Breakfast

Thursday, March 7, 2019 - 7:00 - 9:00 PM - Location: UUCSB

Let's make it a great big one. Please bring a friend and bring an entrée, salad, side dish, or a dessert to share. So, bring you favorite breakfast side dish. The meat will be provided.

Leader: Tom
Admission: FREE





#### **Financial Information**

#### Pay Your Pledge Automatically!

Annual pledges paid in regular installments help the Church's cash flow - and yours! You can set up an automatic debit from your bank directly to the church account - no checks or mailing hassles. You may also use a **credit or debit card for pledge payments**. These, too, can be set up ahead of time to transfer automatically an amount you choose on the date you select. These Electronic Giving options can help you manage monthly expenses and help the church funds available regularly to meet our payroll and other bills.

Contact Brian in the church office to set up a payment plan. Automatic payment arrangements are kept confidential.

- Finance Committee

### **Greetings from the Treasurer**

Account balances as of 11/26/18 are as follows:

240.04 Checking Accounts payable 46.53 Moulton Trust \$ 2,671.20 Restricted Savings \$ 18,247.87 Saco/Bidd Investments \$129,935.53

Any questions, just call. Sincerely, Wendy C.



#### **CLYNK**

Help UUCS by returning your bottles and cans through the CLYNK service at Hannaford. Green bags may be picked up at the welcome table when you come to church on Sundays. Please remember that Market Basket labeled bottles and cans are



#### **Hannaford Gift Cards**

Do you shop at Hannaford? Please consider participating in our fundraising project. When you buy your groceries with a Hannaford Gift Card purchased at church, Hannaford donates 5% towards our operating budget. You can support the church at no additional cost to yourself. Hannaford cards make good gifts, too. Look for the table during coffee hour for more information.



Get your cards from Ellie L.



#### **TD Bank Affinity Program**

UUCSB is it he TD Bank Affinity Program, which is only for nonprofit organizations. TD Bank will make a donation for each church member that has a TD Bank checking account. This is a way for the church to get donations without having to do anything. Church member personal accounts are associated with the church account and in doing so, the church benefits. It in no way affects members' personal accounts and no information is shared. Church members that have TD Bank checking accounts just need to call TD Bank or stop in at any location and tell them that you are a member of UUCSB and what your TD Bank account number is. If you have any questions about the Affinity Program, Tracey Bell, the TD Bank manager in Biddeford, would be happy to talk with you. Her phone # is 283-8590.

#### Want to find out more about our church?

### Thinking about becoming a member?

#### To learn more about our congregation:

Please speak to any member or someone from the Membership- Welcoming Committee. Plan to attend a Sharing Your Spiritual Journey orientation.

#### To learn more about our faith and practice:

Various aspects of Unitarian Universalism are explained in brochures kept in a rack as you enter the sanctuary. You are welcome to take these home. You can also talk with members of our congregation.

#### Our Church:

We are a voluntary association of those committed to this special religious community. We share common values, but we do not require or expect conformity to any specific religious beliefs. We welcome each person's spiritual exploration and expression. Web sites www. uuchurchsacobiddeford.com, or www.uua.org, contain more information on the traditions, activities and people of our church and association. Our Membership-Welcoming Committee is also willing to assist you.



#### **Our Membership:**

Those who sign the Membership Book agree to sustain our church through continuing contributions of time, effort and financial support. All members are part of the non-profit corporation that owns the church, and they govern it through democratic process in which each one is entitled to be heard. Members elect a Board of Trustees and must also approve the "call" of a minister to our pulpit. By participating in our worship, events and activities, you'll get a sense of how this congregation might work in your life, and you in the life of the congregation. As you discover the privileges and responsibilities of membership, we recommend that you take the time to:

- · Attend a Sharing Your Spiritual Journey orientation offered by the Membership Committee to find out more about Unitarian Universalism and our church's history and traditions.
- · Attend church for a while to get to know the community and think about whether you share in our common values and feel ready to make a commitment to the shared spiritual journey.
  - · Decide your financial and time commitment to this church community.

When you're ready, speak to the chair of Membership or president about signing the Membership Book!