

Unitarian Universalist Church
of Saco & Biddeford
www.uuchurchsacobiddeford.com



The Messenger



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Teasers

Page 2 Learn from Rev. Shay about "soul work"

Page 3 Can we build a culture of inclusion for families and children?

Page 5 "If it's to be; it's up to me!" What is it that is up to me?

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Page 9 What is the "nature" of TriQuire?

Page 11 "Doing for Dollars" - an exciting alternative for our auction

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March Services, Sundays at 9:00 a.m.

- | | |
|-----------------|--|
| March 3 | Rev. Myra Robinson
<i>A Comedy of Errors</i>
<i>A serious subject! From laughter yoga to cancer fighting endorphins, humor goes a long way in healing. It also thwarts perfectionism by helping us learn to NOT take ourselves too seriously. You should attend even if you feel funny.</i> |
| March 10 | Rev. Shay
<i>The Stories We Tell</i> |
| March 17 | Rev. Shay
<i>It Starts With Me!</i> |
| March 24 | Rev. Shay
<i>The Sound of Music</i> |
| March 31 | Rev. Michael Gray
<i>Break the Cycle by Engaging Mindfully</i>
<i>As the world seems to become more and more polarized, it's important to know how our own opinions are formed and how we can learn to live peacefully and be at peace with those with whom we don't agree.</i> |

Shay's Musings



I remember Sunday mornings as a child, after getting dressed up and ready for church, sitting down at the kitchen table to fill out my tithing envelope. I had a box of them that were all my own, with my name printed on the front and a space for me to fill in the date. I would carefully take money out of my piggy bank, mindful of what felt “right” to give, and seal it into the envelope, which then went into mom’s purse for safe keeping. When offertory came around in the service, I would proudly place my envelope in the basket as it passed by, knowing that I was contributing what I could to the work of the church.

I wish I could say that I stayed that financially generous as I got older, but I soon left the church, and then went through periods of economic ups and downs throughout my 20’s and 30’s. And somewhere along the way I stopped believing that my small contributions mattered. I stopped believing that they mattered to whatever organization was asking for money—and I stopped believing that being generous somehow also benefitted me in any sort of spiritually significant way.

Last week, I was driving home from work and came to a stoplight in Biddeford. Just outside my window was a man with a sign that said, “Veteran. Homeless. Anything helps. God Bless.” It was 17 degrees outside that day, though the sun was shining. At first, I averted my eyes—I didn’t have any cash on me, nothing I could give. Laying on the seat beside me was a new pair of warm winter gloves. Generosity comes in many forms. So, I rolled down my window and handed them to the man.

This is soul work. Opening our eyes to the world around us and then figuring out how the values we hold most deeply within us inspire us to be. These values are our center, the core of us from which we reach out into the world and affect everything. I don’t know about you, but for me it’s never easy to “give generously.” Especially when money is tight. Our society values independence, self-sufficiency, making a profit. We have legitimate concerns about socking everything away in savings for college educations, down payments on houses, retirement funds, emergency medical expenses.

What is it that offers me a different perspective? Where do I find messages of abundance and interdependence and love? Where do I go to feed my soul so that it grows stronger and brighter— strong and bright enough to center me in my belief that we are all in this together, taking care of each other, creating the world we all want to live in? When I was a child, the answer to these questions was most certainly “church.” For many years, in my young adulthood, it wasn’t. Then I found a faith that moves me— moves my soul to grow and my body to act. The homeless veteran on the corner doesn’t care what it was that moved me to give him a pair of warm gloves, but I do. I care because I know that by giving to support the work of our church then that work of growing our souls and serving the world will continue.

Sometimes, I wish we had little pledge envelopes for us all to put our money into every Sunday—crisp and white or recycled and rainbow-colored— instead of the automated on-line unmindful recurring debit from some imaginary pile of money. Sometimes, I wish that we could think carefully about how much, and why, we wanted to be generous with our finances every week rather than just once a year, especially when money is tight.

What is it that makes up the center of you? What is the work your soul is asking you to do? And where is it that helps you discern and do these things?

Maybe for you the answer isn’t “church.”

Maybe it’s time to reconsider that.

Tentative Schedule

Mondays:

Sanford office hours
11:00am-5:00pm

Tuesdays:

Saco/Biddeford
office hours
11:00am-2:00pm

Sanford
office hours
2:30pm-5:30pm

Wednesdays:

Saco/Biddeford
office hours
11:00am-5:00pm

Thursdays:

Sermon Writing Day
(availability will be
limited)

"Deep
calls
to
deep"

Thoughts from our Board President, Al Casad



UUCSB

Board President:

Al Casad

Vice President:

Niki Norman

Secretary:

Ron Hiser

Treasurer:

Wendy Coleman

Collector:

Betsey Pace

At Large:

Mogens Ravn

Pat Snyder

Anne Dobson

Jane Perkins

Time to update you on some important happenings at the UUCSB. The Umbrella Fundraising Committee met on 2/12 and on 2/20 as they begin planning fundraising for the remainder of this year and begin to think about next year's events as well. Rev MacKay and I will be working on the **Doings for Dollars** fundraiser (think Auction without the dinner) I talked about in the February Messenger. This fundraiser will start on April 28 and run through May 6th. Time to start thinking about a creative event you may want to sponsor; a dinner, a fun event or adventure, a service, some art, a class; whatever your imagination comes up with that would be engaging. Folks will have the opportunity to buy or bid on the offerings following church services on 4/28 and 5/5. This will be fun and a good fundraiser. We are hoping everyone will sponsor some sort of event, activity, object or service. Don't hold back!!

There was an excellent RE meeting on 2/17 that was led by Emily, the DRE for the Kennebunk Church. She talked about the changes in RE that are happening in UU churches all over because of demographic shifts and congregational growth challenges. Sunday school, which evolved decades ago as a practice of separating families in church to provide education and faith formation is no longer working. Child attendance is down and volunteers are hard to find. Churches are now faced (like us) with how to develop an alternative to a practice that no longer works. We are not alone in thinking about how we build a culture of inclusion for families and children in our congregation. It will take some time and thought to develop a new vision and set of practices that work. We talked about the importance of multigenerational church services and providing a space that is family friendly in our sanctuary. We also talked about the need for a staffed nursery. There is a lot to rethink as we move forward with a new vision of RE. It is both a clear challenge and an exciting endeavor.

The annual Pledge Campaign is coming. I am pleased to say that Donna Beveridge and Susan Young are Co-Chairs for this year's campaign. There will be a Kick-Off event on March 23rd. We are in danger of coming up short of our budget goals for this year because of fundraising shortfalls. That makes it doubly important that our Pledge Campaign for next year be as successful as possible in earning a greater share of our annual budget. It calls us to align our values, beliefs, and love of this community with our financial resources.

The pledge campaign for this year is focused on creating a bridge to a deeper sense of belonging, so that our congregation truly feels like it is "ours." And it will provide opportunities for community-building and meaningful conversations. With all of this rich potential, let's find a way to do stewardship that is enlivening, spirit-filled, and caring for everyone. Best wishes, Al

BOT Notice

Board of Trustees agendas are posted one week prior to the meetings. Approved Board minutes are also posted. You can find these items on the bulletin board nearest the Sanctuary.

Alert:

On Feb. 20, Wed. evening while the Harbour Singers were rehearsing in the Parish Hall, a member's locked car was broken into. The car was parked right in front of our church. The window was smashed, and things were taken. The police investigated.

Please be on the alert.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
		DST Begins March 17 St. Patrick's Day March 20 First day of spring			10:00 Coffee & Carbs Offsite 4:00 Clothing Exchange Set up	9:00 Meditation 1:00 Clothing Exchange
3	4	5	6	7	8	9
9:00 Worship Rev. Robinson 10:15-11:15 Choir 6:00 Spirit of Life Panera Bread	4:30 Bon Appetit Offsite 10:00 Sanford UUC Geography of Grace	10:00 Spirit of Life 11:00-2:00 Rev. Shay Office hours 5:00 Weight Watchers 7:30 Coven Off Site	8:00 Weight Watchers 11:00-5:00 Rev. Shay Office Hours 5:00 Brown Bag/ Shay 6:30 Finance Comm. 6:30 CoM 7:00 Harbour Singers	7:00 Alphabet Soup	10:00 Coffee & Carbs Offsite	9:00 Meditation
10	11	12	13	14	15	16
8:45 Morning Song 9:00 Worship Rev. Shay 10:20 FIAT 10:15 -11:15 Choir 6:00 Spirit of Life	10:00 Sanford UUC Geography of Grace	11:00-2:00 Rev. Shay Office Hours 10:00 Spirit of Life 5:00 Weight Watchers 7:30 Coven Off Site	8:00 Weight Watchers 11:00-5:00 Rev. Shay Office Hours 5:00 Brown Bag/Shay 6:30 BoT 7:00 Harbour Singers	7:00 Alphabet Soup	10:00 Coffee & Carbs Offsite	9:00 Meditation
17	18	19	20	21	22	23
8:30 Choir 9:00 Worship Rev. Shay 10:15 -11:15 -Choir 6:00 Spirit of Life Panera Bread	10:00 Sanford UUC Geography of Grace	11:00-2:00 Rev. Shay Office Hours 10:00 Spirit of Life 5:00 Weight Watchers 7:30 Coven Off Site	8:00 Weight Watchers 11:00-5:00 Rev. Shay Office Hours 5:00 Brown Bag/Shay 7:00 Harbour Singers	7:00 Alphabet Soup Messenger: Deadline	10:00 Coffee & Carbs Offsite	9:00 Meditation 6:00 Pledge Drive Kick off Event
24	25	26	27	28	29	30
9:00 Worship Rev. Shay 10:15-11:15 Choir 6:00 Spirit of Life	10:00 SanfordUUC Geography of Grace	11:00-2:00 Rev. Shay Office Hours 10:00 Spirit of Life 5:00 Weight Watchers 7:30 Coven Off Site	8:00 Weight Watchers 11:00-5:00 Rev. Shay Office Hours 5:00 Brown Bag/Shay 7:00 Harbour Singers	7:00 Alphabet Soup	10:00 Coffee & Carbs Offsite	900 Meditation
31						

8:15 TriQuire
Kennebunk

9:00 Worship
Rev. Gray

Host Forms due
"Doing for
Dollars"



"If It's To Be; It's Up To Me. "

Have you ever thought those words? Have they ever motivated you to do something in your life that you knew was needed? We have chosen these very words as the theme for our 2019 annual canvass. Personally, I believe that if my own hopes and dreams for this church are to be, it is up to me to help make them happen. The same for you and your hopes and dreams.

Susan and I hope that you will attend **our kickoff event for our annual canvass on Saturday, March 23rd at 6:00 in the Parish**

Hall. It will be an evening of socializing with your church friends, eating yummy finger foods, listening to talented church folks tinkling the ivories, and enjoying a program complete with an original skit.

This evening is not about making pledges. In fact, we will not ask you to make a pledge at this event. This is intended to be a time of fellowship. A canvasser will ask to meet with you in the two weeks following the kickoff event (March 24-April 6). At that time you will have an opportunity to share ways the church meets or doesn't meet your needs and to offer ideas for ways to keep our spiritual community strong and growing. Only then will you will be asked to make a pledge to help us meet our financial commitments and grow our church programs.

Your invitation to the kickoff event is coming in the mail. Please remember to RSVP. Susan and I look forward to a fun evening, and we look forward to seeing you. **"If it's to be; it's up to me."**

Susan Young



Donna Beveridge



Faith in Action Team: UUCSB's Social Justice Center

**FIAT meetings:**

2nd Sunday of the month
10:20 in the Parlor.

Please come!

Next meeting:
March 10, 10:20

How do you put your faith into action? Visit the interactive Bulletin Board in the Parish

Reflection on Faith in Action, by James Standerfer

Hello All! This month's Share the Plate charity is the Animal Welfare Society in Kennebunk, a charity close to my heart. Having adopted two of their cats (Peanuts and Snickers), visited the AWS many times, and donated to them each year, I can attest to how well these pets are taken care of and loved there. A lucky prospective owner receives not just a new pet, but a pet who has been given free medical care, the appropriate inoculations, a small heart shaped nametag, and a "chip" that locates his or her pet if they get lost.

The AWS takes care of literally thousands of potential family pets, which requires quite a bit of time, energy, and resources. Yet no animal is turned away, and each is guaranteed a home until the happy day when they are adopted - no matter how long it takes.

Despite the amount of work and limited resources, the AWS still finds the means to run many charitable projects in the community and across the country. They take care of pets for women in battered women shelters. They travel the country rescuing animals from dangerous situations, including being threatened with euthanasia in non-"no-kill" shelters. The AWS also provides classes to potential owners on how to take care of their new pets.

The list is long. As you might guess, funding all these activities is a perpetual problem. As the plate passes you at service, please give generously, then pat yourself on the back thinking about the care you have shown to these needy pets. Thank you!

**Share the Plate - March**

December	Minister's Discretionary Fund	\$427.64
January	Welcome Immigrants Our New Neighbors (WIONN)	\$264.20
February	MUUSAN	
March	Animal Welfare Society	

Next MUUSAN meeting Saturday, March 9, 10-12 pm at UU Church of Augusta.

Capital Campaign - What's Up?

Walk into our beautiful Sanctuary on a sunny Sunday morning and what do you see? Shutters folded back against the walls and sunshine streaming through our tall, historic windows, filling our Sanctuary with light. Step close and you will notice peeling paint and deteriorating glaze around the panes of glass.

You might wonder if the glass will fall out - and it might. But a more significant concern is for the structure of the Sanctuary. These window frames play a significant part in the distribution of weight. If the windows are not restored, the integrity of the Sanctuary structure is compromised. We're talking serious concern here. Not addressing the Sanctuary windows could lead to urgent repairs.

That's why the windows are Priority two for our Capital Campaign. Priority one, as the February Messenger explained, is to shore up the Parish Hall. The need to repair/restore the Sanctuary windows, however, is so great that we might better state it as Priority 1A.

UUCSB is located in the historic district of Saco. Why, you might ask, is it not on the historic register? It's because of 1) the addition of the connector between the Parish Hall and the Sanctuary, necessitated the creation of a door in place of an original window and 2) the installation of the Jesus window, which came from the Unitarian Church in Biddeford (when the Unitarians & Universalists merged and the Biddeford church was sold). These changes affect the historic value as defined by historic preservation guidelines.

The Capital Campaign Committee has had an ongoing discussion of repair versus restore versus replace. Restoration is recommended by the architect. We still want to preserve as much history as we can. The cost of restoring **each** window, however, is about \$6,000.

Take a moment, when you come to church next, to walk around the Sanctuary. Look closely and imagine sunlight streaming through windows restored to their former beauty and purpose.

Get on with it, you might say. We want nothing more. We are in progress with a possible "clerk of the works" (ie, a project manager) and estimate work to begin in the summer. In the meantime, we welcome your pledges, your observations, your questions. Watch for Sunday Q & A sessions to be reinstated soon - great times to share your thoughts about the Capital Campaign.

Pledge update:

With no new pledges, our total remains at \$75,765, and our cash on hand is \$ 56,032. Fifty per cent of our members have made pledges.

As noted in previous newsletters, we need \$130,000 from the congregation, as well as 100% participation in pledges or in-kind help, in order to ask the community at large to support this project.





Monday morning

B&G crew

(minus Gladdess who will be in next month's B&G update. Maestro is filling in for Gladdess.)

Pat S., Jane P., Anne D., and Betsey P.

Recently at B&G.....

We have expanded our Monday morning cleaning crew to include Gladdess Pambu and Pat Snyder. That has enabled us to do some extra work around the place such as cleaning out some areas that have been neglected for eons and to do some small fixes that have been waiting for far too long. Because of their help we have created a whole new to-do list!

In the area of safety and security, Gladdess has tested our emergency lights and the inspector has tested our fire extinguishers. Our AED has a periodic inspection schedule as well. Testing our smoke detectors is also on our schedule. CPR/AED Training is scheduled for Feb. 27 at the Saco Fire Dept. Six of our folks will attend this training. A list of those certified will be established after the training.

In the area of music, Jim Howard is helping us with repairs to the access door to the back of the organ. Gladdess has refurbished the panel that had come loose. Jim will reattach this. Regarding the piano in the Parish Hall, some of you may have noticed the work group involved in mounting our new spinet to the rollers. This is a work in progress as some modifications to the roller base need to be made. Thanks to Pat Snyder, a home has been found for our former spinet. (See Pat's article in this issue of The Messenger!)

Our snow removal contractors have been great this winter. We still need assistance from volunteers to clean access to the curb cuts after the plows go by and sometimes spread deicer when needed .

We finally have an estimate from an electrical contractor for up -dating areas of our Sanctuary and replacing an out dated panel in our basement. This has been referred to Finance for guidance.

Our door bell is now reactivated. Thanks Matt.

Jane is coordinating an effort to get wooden holders that will hold information and pens for each pew. Al and Ron are working on this as well.

The leak in our kitchen sink has been fixed and our dishwasher has been disconnected.

In addition, we mop and vacuum, clean the bathrooms, and take out the trash and reorganize on Monday mornings.

Thanks to everyone who has pitched in to help with all our B&G work.



"Music is the divine way to tell beautiful, poetic things to the heart."

[Pablo Casals](#)

Music Notes

from Choir Director,
Ellie R.

Our Music Ministry: Our music ministry begins with our Sunday services but extends in many directions. This year in my monthly 'Music Notes' I'll talk about the ways music is woven into our services and our lives. If you have questions about our Music Ministry that you'd like answered, please let me know!

Choir Rehearsals:

March 3, March 10, and March 24 at 10:15

March 17 at 8:30 and 10:15



Rehearsals - Tri-Quire Singers:

Thursday, March 28th in Kennebunk at 7:00 p.m.

March 31st in Kennebunk at 8:15

April 7th in Saco at 8:15.

Plan to carpool, especially on April 7th.

Music in Our Community:

Many members of our choir and our church family participate in community ensembles. This month we'll focus on the combined voices of Unitarian Universalists in York County.

TriQuire:

In its 5th year, TriQuire is a collaboration between UUCSB, Sanford UU and First Parish UU in Kennebunk. We hit the road on March 31st in Kennebunk and April 7th in Saco and Sanford. Combining our choirs has been a great experience for directors and singers alike. Our theme this year is about nature, and the choir is preparing some wonderful music for that day. Rev. Shay will be preaching at all 3 services! Please join us for at least one of these services!



Morning Song Join me in singing before the service at 8:45 on Sunday, March 10.

PANERA BREAD

We are so fortunate to be the recipient of Panera Bread twice a month. It is delicious bread at a cost that can't be beat and makes money for the Church as well. Some of you may not know that we pick up the bread late Saturday evening at Panera. James has been our steady "pick up guy"



for quite some time with Dick Skillin's help. Now that Dick can no longer drive, we needed somebody to step up and help. Isa to the rescue! He has volunteered to help James twice a month! Thank you both! The leftover bread from Church goes to "Seeds of Hope" in Biddeford. Isa has also offered to deliver the bread to them.



For Common Goods

Hi all, Tom M is looking for help with Common Goods. Help is need with the following Sundays for the rest of this year. Can you help?
Please Contact Tom M if you can.

USHERS:

March 31, April 21, May 5, May 26, June 2 and June 16

FLOWERS:

March 3, March 10, March 17, March 24, April 28, May 26, June 2 and June 16

COFFEE HOUR SET-UP:

March 3, March 10, March 17, March 24, April 21, May 12, May 26, June 2 and June 9

COFFEE HOUR CLEAN-UP:

March 10, March 17, March 24, April 7, April 14, April 21, May 5, May 12, May 19, May 26, June 2 and June 9

Thanks ever so much. Tom M

from your Caring Connection



Our Caring Connection group coordinates short-term support and assistance for members of the church during times of difficulty. We thank everyone for their generous support with transportation to medical appointments, making meals, assistance with errands, visiting, sending cards and sharing.

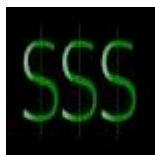
Contact one of our members if you need assistance or would like to be involved in the Caring Connection Team.

February was a good month for our team. For our regular meeting, Rev. Shay facilitated a small group meeting focused on meeting our own needs. We came away rejuvenated and ready to carry on. The next week, on February 10th, the Caring Connection hosted a special Valentine's Day themed coffee hour to thank everyone who has been part of our caring outreach and to let the congregation know that we care about all members. We were also attempting to let people know who we are, and that we are available to help coordinate caring needs. I hope you had a chance to join us on the 10th.

The Caring Connection: Marilyn S-C, Anne C., Gloria S., Donna Ravn., and Pat S.



Doing for Dollars!



Dear UUCSB Beloved Community,

Are you ready for something new and exciting? Due to waning interest in the annual church auction and changing financial situations for all of us, your Board, along with input from the newly forming Fundraising Team, has decided to try a new form of fundraising this Spring and we are all very excited about it!

We're calling it **Doings for Dollars** and here's how it works:

UUCSB Members and friends agree to sponsor a dinner, tea, picnic, museum tour with lunch, pool party, brunch, barbecue, sailing expedition, game night, crochet a sweater, teach a gardening class, paint a picture, etc. etc. for our Church Members and regular attendees and their families. You may ask questions about how to host events by emailing Rev. Shay or the church office. **Proposed event/service host forms are due by March 31st, 2019. Follow this link to begin designing your offerings:** <https://goo.gl/forms/4VJAu2LL5V7BDb0m1>

In mid-April, we will e-mail a link to the complete bidding book to all Church Members and friends. Carefully review the bidding book and select the events you are interested in attending.

After each service on April 28th and May 5th you may enter bids on the bid rosters in the Parish Hall. Feel free to buy places at events as gifts for your friends and family, as well as for yourself. We will also allow bidding by e-mail and telephone for those of you who are unable to be present at the church during these Sundays.

The Different Types of Offerings

- **Buy It Now:** \$10-\$50 for an individual - this bid guarantees a place at the event for a set price. For example: dinners, classes, group adventures.
- **Open Bidding:** some items are one-time offerings or are available for only a single person. In these cases, a minimum bid will be set and everyone has a chance to go for it! For example: cottage rental, a painting, a garden/landscape consultation.
- **Economy Events:** Events with more modest prices and/or intended for entire families to attend.

All proceeds will go to support the very important work of this church, both within our walls and in the surrounding community. We are very much looking forward to offering this multi-faceted multigenerational community- building auction and hope you will get excited about it, too!

Yours in service, love, and peace,
Al Casad, UUCSB Board President
Reverend Shay MacKay

Solo Bueno
by Anne Cyr 3/29/16

Up to my chin
in the bath warm Pacific
eight degrees north of the
equator
facing due west
the sun
low in the sky
turns the undulating
ocean silver.

I bob up and down with each
wave
watch giant pelicans soar
directly overhead
then suddenly plunge-dive
the impact stunning the fish
as they are scooped up.

Salty water enters my mouth
keeps me afloat
the breaking surf fills my ears
my feet lift off the sandy bottom
but soon land
brushing against the occasional rock
I am tossed about gently
without fear.

The sun is lower still
shimmers across the water
lingering with the pelicans
I am buoyed
lulled
exhilarated
embraced
alive.



**In the midst of
cold and snow,
enjoy the warm
Pacific with our
own writer and
poet, Anne Cyr**



THE WELL LOVED PIANO

When Jean Horton was a little girl, 5 years old, it was time for a family tradition. Every child in the family began to learn how to play the piano at age 5. Jean remembers every evening after dinner, her father would sit with her at her very own, new piano while she practiced.

Many years later, in 1992, Jean acquired a new piano for her home and entrusted her beloved Spinnet to our church. It was cherished and played by many. Through the years parishioners and friends' hands glided over the black and white keys producing a rainbow of colorful music for us.

This year, 2019, the beautiful Spinnet found a new home with the sons of Jan Melcher and Steve Reny. Andrew and Alex were longing for a piano and are delighted to have their own Spinnet piano in their home studio. The boys are musically talented, - playing drums, violin, guitar, concertina, keyboard and vibraphone. In Mom's words, "We are so grateful for this blessing and gift. I promise you, your beloved piano will be played often and loved much".

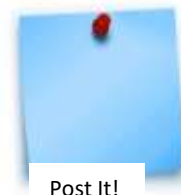


**Don't miss the
Clothing
Swap!
Sat., March 2!**



It's coming! it's coming!
The Annual Clothing Swap is scheduled for
Saturday, March 2nd from 10:30 a.m. to 1:00 p.m.
Clothing may be dropped off at the church any time
before Friday, March 1st at 6:00 pm. Set up will be
on March 1st from 4:00 pm - 6:00 pm.
So, go ahead and purge those closets and drawers
of unused items and join us for our annual "try on
and chat" session. Clothing is \$5 per bag. Money
from the sale will be donated to one of our current
church projects. If you are available to help (with set-
up, during the swap, and/or break-down) it would be
much appreciated! Any remaining clothes will be
donated to Seeds of Hope in Biddeford.
Anne C.

Membership. Please wear your nametag! We're very fortunate to have new people attending our church. This makes wearing our nametags all the more important. Please be sure to pick up your nametag and wear it to the service AND coffee hour. You may drop your nametag in the basket next to the door as you leave. If you need a new nametag, please see the signup sheet on the nametag board.



Post It!



UU Post It Notes

Committee on Ministries

What should I do if I have a conflict with a church member or group?

Conflict Resolution Process

The Unitarian Universalist Church of Saco and Biddeford is committed to fostering right relations among its members, friends, and staff.

We understand that conflict can be an inevitable part of a healthy community and can serve as an opportunity for growth and development. As members of this congregation, it is incumbent on all of us to handle conflict in ways that are reflected in our covenant.

You are welcome to speak informally with any member of the Committee on Ministries. We are easily identified by our yellow nametags.

Please read the Conflict Brochure developed by this committee and follow the Conflict Resolution Pathway that applies to your situation. When needed, the CoM will assist in developing a mediation plan for all involved parties.

Keep in mind that the CoM doesn't handle anonymous input. Be assured that information communicated will be handled with appropriate confidentiality.



UUCSB Recycling Tips

If you are a resident of Saco, you probably recently received a big post card from the City about transfer station usage and recycling tips. This is very useful information.

We at the UUCSB try to keep good recycling practices in mind and in use. In this effort, we have posted recycling guides by containers in the kitchen, green room and supply closet.

In spite of our good intentions, folks still put non recyclable stuff in the recycling bins - **used saran wrap, returnable bottles, Styrofoam containers and, my personal favorite - used facial tissue!**

Please consult the posted guides before you deposit items in our bins.

Thank you. Anne D.

Website

Visit our website at

www.uuchurchsacobiddeford.com.

If you would like to add or correct something, please let me know. Please be specific with corrections as we have over 75 pages on our site. Added content for areas that have not yet been developed will be gratefully accepted. Thank you to those folks who have provided content and updates.

Brian D., Webmaster

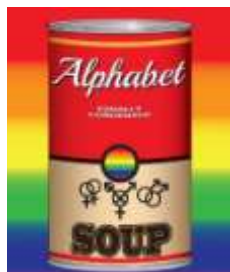



Bob Magazu
Broker/Realtor ABR, SRES, RSPS
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Storm Closings

It is getting to be that time of year, folks. In the event of bad weather, the board president and vice president will make the decision to cancel Sunday services by 7:30 a.m. The church administrator will post the cancellation on television (WCSH-6, WMTW-8 and WGME-13) as well as on the church voice mail message and website. An e-mail message will also be sent out from the church office if possible. As always, please use your own best judgment for safety.



Alphabet Soup – March 2019 Calendar of Events

The Unitarian Universalist Church of Saco and Biddeford
60 School Street Saco, ME

For more information contact Tom Muike at tmansmk49@gmail.com

All meetings are open to anyone who would like to join us.

Pot Luck Dinner for Alphabet Soup

Theme: Breakfast Foods – Make Breakfast Items

Thursday, March 7, 2019 – 7:00 – 9:00 PM – Location: UUUCSB

Let's make it a great big one. Bring your favorite breakfast side dish.

The Meat will be provided.

Leader: Tom

Admission: FREE



Board Game Night

Thursday, March 14, 2019 – 7:00 – 9:00 pm - Location: UUUCSB

Bring a friend or two and join us for a fun packed evening playing a board game and socializing. Beverages will be provided. Bring snacks to share.

Leader: Brian/Mark

Admission: FREE



SAGE Dinner

Thursday, March 21, 2019 – 7:00 – 9:00 pm - Location: UUUCSB

We will be joining SAGE in Portland, Maine for their Monthly Dinner. We meet at the Church at 5:00 PM and car pool. Dinner at 6:00 PM. The cost is under \$6.00 or \$8.00 each depending on your age. RSVP by Monday, so that we can get a head count to SAGE.



Gay Themed Movie Night

Thursday, March 28, 2019 – 7:00 – 9:00 pm - Location: UUUCSB

Bring a friend or two and join us for a relaxing evening watching a Gay Themed Movie and socializing.

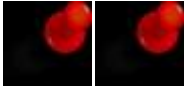
Brian usually finds a good movie for us to watch. Beverages will be provided.

Please bring snacks to share.

Leader: Brian

Admission: FREE





Financial Information

Pay Your Pledge Automatically!

Annual pledges paid in regular installments help the Church's cash flow - and yours! You can set up an **automatic debit** from your bank directly to the church account - no checks or mailing hassles. You may also **use a credit or debit card for pledge payments**. These, too, can be set up ahead of time to transfer automatically an amount you choose on the date you select. These Electronic Giving options can help you manage monthly expenses and help the church funds available regularly to meet our payroll and other bills. Contact Brian in the church office to set up a payment plan. Automatic payment arrangements are kept confidential.

- Finance Committee

Greetings from the Treasurer

Account balances as of 2/21/19 are as follows:

Checking	\$ 320.96
Accounts payable	\$ 308.05
Moulton Trust	\$1,695.81
Restricted Savings	\$ 13,252.12
Saco/Bidd Investments	\$ 134,502.82



Any questions, just call.
Sincerely, Wendy C.

Hannaford Gift Cards

Do you shop at Hannaford? Please consider participating in our fundraising project. When you buy your groceries with a Hannaford Gift Card purchased at church, Hannaford donates 5% towards our operating budget. You can support the church at no additional cost to yourself. Hannaford cards make good gifts, too. Look for the table during coffee hour for more information.



Get your
cards from
Ellie L.



CLYNK

Help UUCSB by returning your bottles and cans through the CLYNK service at Hannaford. Green bags may be picked up at the welcome table when you come to church on Sundays. Please remember that Market Basket labeled bottles and cans are not accepted by CLYNK.



TD Bank Affinity Program

UUCSB is in the TD Bank Affinity Program, which is only for nonprofit organizations. TD Bank will make a donation for each church member that has a TD Bank checking account. This is a way for the church to get donations without having to do anything. Church member personal accounts are associated with the church account and in doing so, the church benefits. It in no way affects members' personal accounts and no information is shared. Church members that have **TD Bank checking accounts just need to call TD Bank or stop in at any location** and tell them that you are a member of UUCSB and what your TD Bank account number is. If you have any questions about the Affinity Program, Tracey Bell, the TD Bank manager in Biddeford, would be happy to talk with you. Her phone # is 283-8590.

Want to find out more about our church?

Thinking about becoming a member?

To learn more about our congregation:

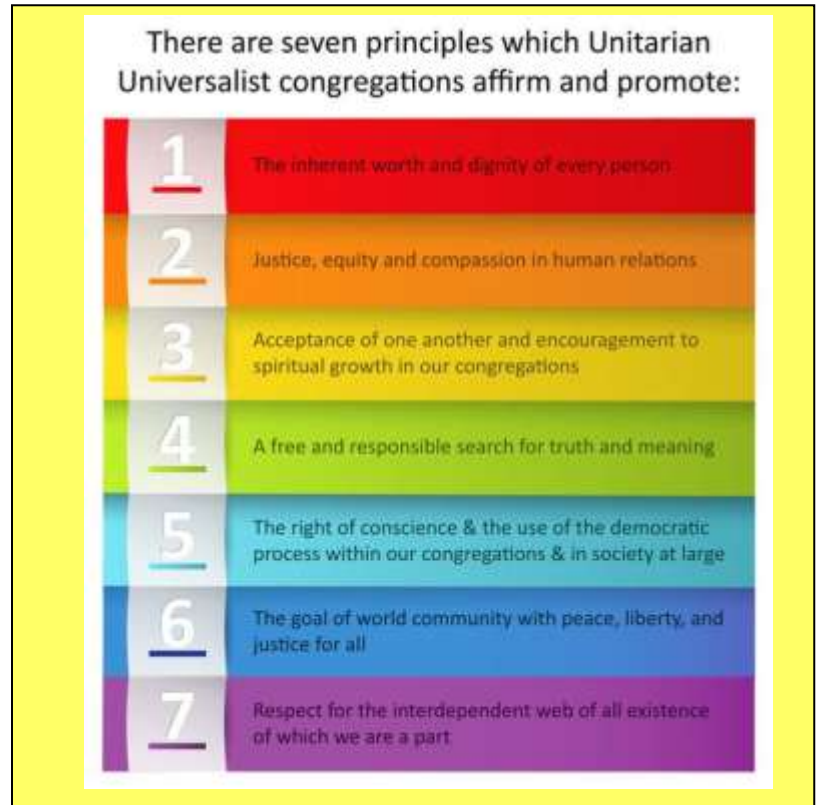
Please speak to any member or someone from the Membership- Welcoming Committee. Plan to attend a Sharing Your Spiritual Journey orientation.

To learn more about our faith and practice:

Various aspects of Unitarian Universalism are explained in brochures kept in a rack as you enter the sanctuary. You are welcome to take these home. You can also talk with members of our congregation.

Our Church:

We are a voluntary association of those committed to this special religious community. We share common values, but we do not require or expect conformity to any specific religious beliefs. We welcome each person's spiritual exploration and expression. Web sites www.uuchurchsacobiddeford.com, or www.uua.org, contain more information on the traditions, activities and people of our church and association. Our Membership- Welcoming Committee is also willing to assist you.



Our Membership:

Those who sign the Membership Book agree to sustain our church through continuing contributions of time, effort and financial support. All members are part of the non-profit corporation that owns the church, and they govern it through democratic process in which each one is entitled to be heard. Members elect a Board of Trustees and must also approve the "call" of a minister to our pulpit. By participating in our worship, events and activities, you'll get a sense of how this congregation might work in your life, and you in the life of the congregation. As you discover the privileges and responsibilities of membership, we recommend that you take the time to:

- Attend a Sharing Your Spiritual Journey orientation offered by the Membership Committee to find out more about Unitarian Universalism and our church's history and traditions.
- Attend church for a while to get to know the community and think about whether you share in our common values and feel ready to make a commitment to the shared spiritual journey.
- Decide your financial and time commitment to this church community.

When you're ready, speak to the chair of Membership or president about signing the Membership Book!