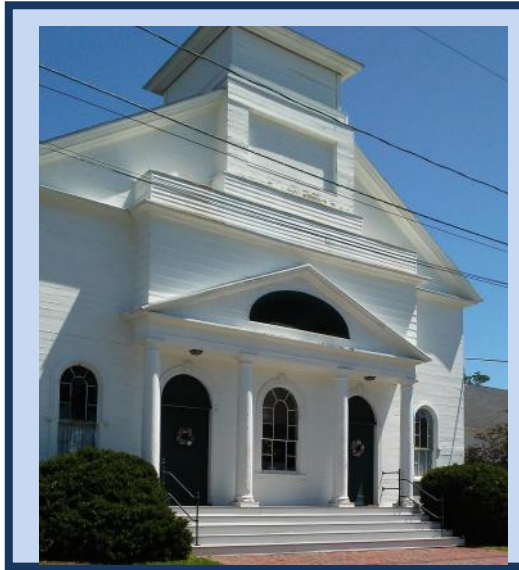


# The Messenger

November  
2019

Unitarian Universalist Church  
of Saco & Biddeford  
[www.uuchurchsacobiddeford.com](http://www.uuchurchsacobiddeford.com)

60 School St.  
Saco, Maine 04072  
207 282-0062  
[uuchurch@ghi.net](mailto:uuchurch@ghi.net)



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## November Worship Services

- November 3rd – Rev. Michael Gray  
“The Masks We Wear”
- November 10th – Rev. Shay  
“Boundless Universal Love”
- November 17th – Rev. Shay  
“All Ages Service: We Are a Web”
- November 24th – Rev. Shay  
“What Moves Us”

*My friends, come in.  
Come into this place  
for together  
we make it a holy place.*

*~Rebecca Edmiston-Lange*

Whoever you are, wherever you come from, whomever you love, you are welcome here

# Shay's Musings



“For you love all things that exist, and detest none of the things that you have made, for you would not have made anything if you had hated it. For your immortal spirit is in all things.”

~ Wisdom 11:24, 12:1

“For do you not know that you are God’s temple and the Spirit of God dwells within you?”

~ 1 Corinthians 3:16

“We affirm and promote the inherent worth and dignity of every person.”

~ 1<sup>st</sup> Principle of Unitarian Universalism

“We are spiritual beings, created in God’s image. The spirit of God lives within each person; therefore, all people are inherently good.”

~ Unity (New Thought) 2<sup>nd</sup> Basic Principle of Belief

*Imago Dei* – the assertion that human beings are created in the image and likeness of God. This core belief, instilled into the very depths of my being by the three spiritual traditions that have formed me, is the container which holds all I believe about divinity and humanity and the interconnection between them. As C.S. Lewis says, we are all “possible gods and goddesses... All day long we are, in some degree, helping each other to this destination... There are no ordinary people.”

There are no ordinary people. Each of us is created in the image of something Divine. Most of us have forgotten this fact; or it has been buried under the effects of trauma or neglect; or obscured by fear and grief. When we lose our awareness of the divine within, and our connection to the divine in others, there is suffering, grief, anxiety, loneliness. My job, as I understand it, first and foremost, is reminding, affirming, and guiding people back into the fullness of their own divinity and their connection to all beings and to the Holy/Love/Nature/Mystery.

As we launch into exploring Universalism more deeply this month, let us remember all we have learned from the Myth of the Shattering of the Vessels (Judaism) in which we are tasked with recovering all the shards of divine light that have been scattered throughout the Universe, and the belief from Hinduism that Brahman dwells within everyone and everything. During this month of remembering those we have lost, and giving gratitude for all that we have, I ask you to open your hearts to seeing the “worth-ship” of everyone you meet.

**Here is where you’ll  
find me this Fall:**

**UUCSB Office hours:**

Mondays 9:00-12:00

Tuesdays 9:00-12:00

(and other various times  
by appt.)

**Brown Bag Suppers**

You are invited to bring your own supper and join me at the church for casual conversation twice a month: on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of each month from 5:00 p.m. to 6:00 p.m.

**3<sup>rd</sup> Monday Vespers 7:00 p.m.**

A vespers service is an evening worship/prayer service, usually more contemplative than a Sunday morning service. Once a month, I will be leading a 45 minute vespers in the Parish Hall – a time for music, poetry, and meditation. All are welcome.

*Thoughts  
from our  
Board  
President,  
Al Casad*



**UUCSB**

Board President:

Al Casad

Vice President:

Ron Hiser

Secretary:

Pat Snyder

Treasurer:

Wendy Coleman

Collector:

Betsey Pace

At Large:

Isa Ahmed

Laurie Sivonen

Mogens Ravn

Susan Young

The prospect of a blank sheet of paper has always brought anxiety and uncertainty as I mull over what to put on the page. It is no different today as I face a deadline for submitting the Pres. Message to the Messenger. What do I say? What is the message to send? What is important ?

Let me begin by saying that the Candlelight Concert was terrific! My congratulations to Donna B and Ellie R for putting together a wonderful evening of entertainment. It is impressive to witness the talent present in this small congregation. The song writing, the singing, the musicianship, O my! The depth of expression in poetry, the humor and wisdom of written offerings, O my! Thanks to the Artists for a lovely experience.

We as a church this year will be developing our own Covenant of Right Relationship. Love is the Spirit of our Church and I believe that now is a good time to develop a covenant that will serve to support and strengthen out best instincts as a community. A guide, in times of conflict and difficulty, to help us maintain the spirit of our church. We are a congregation of strong individuals with strong beliefs and ideas. It is not unusual to find interpersonal conflict and differences interfere with our "spirit of love". I have seen conflict and differences send people away as an easy solution rather than invest in the hard work to resolve and reconcile or at least accept an honest difference and accommodate it. This is indeed a loving community and a Covenant of Right Relationship will hopefully help keep it that way.

Happy Halloween!

Sincerely,

*Al*

We are grateful to each member of our Board of Trustees for his/her commitment of faith, time, and energy as representatives of all of us in operating our Church. Thank you!

**Good News!**

Last month I asked for someone to step up as editor for The Messenger. I am delighted to tell you that Mogens R. has volunteered to work with me.

I will continue to gather ideas, articles, photos, and other news. Mogens will format the newsletter, edit and save it, and send it to Brian for publishing. I think we will make a good team. Please send ready to print pages to him directly, and the rest to me. Thank you, Mogens!

- Donna B.



**BOT Notice**

Board of Trustees agendas are posted one week prior to the meetings. Approved Board minutes are also posted. You can find these items on the bulletin board nearest the Sanctuary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00 Coffe & carbs Offsite	
3	4	5	6	7	8	9
<b>Daylight Savings Ends</b> 9:00 Worship - Rev. Michal Gray 11:00-2:00 Self-Acupressure Class	9:00-12:00 Rev. Office Hours 4:00 Bon Appetite Offsite	9:00-12:00 Rev. Office Hours 5:00 Weight Watchers	8:00 Weight Watchers 5:00-6:00 Brown Bag 6:30 CoM 6:30 Finance 7:00 Harbour Singers	6:00 Alphabet Soup's <b>Anniversary and Thanksgiving Dinner</b>	10:00 Coffe & carbs Offsite	6:30-8:00 Movie Night / Discussion
10	11	12	13	14	15	16
8:50 Morning Song 9:00 Worship - Rev. Shay 10:15 Choir rehearsal 10:15 Fair Meating 1:00-3:00 Social Jus- tice History SUUC	<b>Veterans Day</b> 9:00-12:00 Rev. Office Hours	9:00-12:00 Rev. Office Hours 5:00 Weight Watchers	8:00 Weight Watchers 6:30 BoT 7:00 Harbour Singers	7:00 Alphabet Soup	10:00 Coffe & carbs Offsite	
17	18	19	20	21	22	23
9:00 Worship - Rev. Shay 10:15 Choir rehearsal	9:00-12:00 Rev. Office Hours 7:00-8:00 Vespers Parish Hall	9:00-12:00 Rev. Office Hours 5:00 Weight Watchers	8:00 Weight Watchers 5:00-6:00 Brown Bag 6:30 MRT, UUCSB 7:00 Harbour Singers	7:00 Alphabet Soup	10:00 Coffe & carbs Offsite  <b>Messenger deadline for submissions</b>	<b>UUCSB's Holiday Fair</b>
24	25	26	27	28	29	30
9:00 Worship - Rev. Shay 8:15 Choir rehearsal	9:00-12:00 Rev. Office Hours	9:00-12:00 Rev. Office Hours 5:00 Weight Watchers	8:00 Weight Watchers	<b>Thanksgiving</b>	10:00 Coffe & carbs Offsite	

Please send us dates of your committee meetings and/or other dates for the Messenger calendar.

### Upcoming Events

**Dec. 5—Alphabet Soup Holiday Festival**  
**February 1, 2020—UUCSB Auction**

## Music Notes from Choir Director, Ellie R.



This year in my 'Music Notes' I am sharing with you some of the poetry of my songs and the story behind the words if there is one. My songs typically center on the interconnectedness of all beings and my hope for a peaceful coexistence with all.

One day while getting ready to take a walk at Ferry Beach, I put my ear buds in and headed towards the sand. Once I arrived I realized I couldn't hear the waves so I packed the ear buds away and because as present as I possibly could to my surroundings. By the time I returned back to where I started this song was completely written in my head, along with what turned out to be a surprise ending.

## Music Ministry Team

Seeking folks interested in moving the music program forward in the coming years. What would you like to see added to our Music Ministry?

## Morning Song

Before the service on the 2<sup>nd</sup> Sunday each month I am in the sanctuary leading 'gathering singing'. Please join us in singing. If you prefer not to sing, please sit quietly in the sanctuary and enjoy the music or gather with friends in the parish hall or hallway for conversation. This month it falls on November 10.

## Choir Rehearsals

All who love to sing are welcome to be part of the choir. November rehearsals are at 10:15 on 11/10 and 11/17, and 8:30 on 11/24. We are singing in the service on November 24th. We will also be previewing December music on those dates if you want to sing for the holidays.

### *Carry My Troubles Away (copyright 2013)*

I saw the light of the sun on the water today.  
Like a big yellow ball it reflected upon the water.  
I saw the light of the sun on the water today.  
It carried my troubles away.

I heard the sound of the waves by the water today,  
Like the wings of a gull beating softly against the shore.  
I heard the sound of the waves by the water today.  
It carried my troubles away.

Refrain: It brought me back to the time when my sister and I  
Would go to the beach for the sun.  
We would ride the waves, talk on the sand -  
It seemed that our two hearts were one.

I smelled the salt sea air by the water today  
From the mounds of the seaweed lying entangled upon the sand.  
I smelled the salt sea air by the water today.  
It carried my troubles away.

I met a stranger on my journey by the water today.  
I felt the love in her smiling blue eyes.  
I met a stranger on my journey by the water today.  
She carried my troubles away

Refrain

It's been fifteen long years since my sister passed on.  
I felt her presence so strongly today -  
In the light of the sun, in the salt sea air,  
The sound of the waves and a stranger's blue eyes.  
And it carried my troubles away. It carried my troubles away.

For more information please contact me directly  
at [choir@uuchurchsacobiddeford.com](mailto:choir@uuchurchsacobiddeford.com).



## Faith in Action Team: UUCSB's Social Justice Center



On Thursday, 10/10 the Unitarian Universalist Church of Saco and Biddeford's Faith in Action Team participated in the Poor People's Campaign march in Portland. The Poor People's Campaign is a national organization focused on uniting people across the country to "challenge the evils of systemic racism, poverty, the war economy, ecological devastation and the nation's distorted morality."

The Poor People's Campaign states: "We demand the implementation of our Moral Agenda and call all people of conscience to engage in deeply moral civic engagement and voting that cares about poor and low-wealth people, the sick, immigrants, workers, the environment, people with disabilities, the LGBTQ community, and peace over war."

When The Faith in Action Team (FIAT) met, it was felt that all the social/environmental/political/economic issues that are near and dear to our hearts fall under this one umbrella. Participating in the march from the UUCSB: Randa T., Sonja G., Laurie S, and Meret B, (not in the photo.)

People interested in learning more about the campaign can check out [www.poorpeoplescampaign.org](http://www.poorpeoplescampaign.org).



## Share the Plate: Share the Leadership

Each month a designated charity receives 1/2 of the money collection in our Sunday services. For the past several years FiAT has been responsible for selecting recipients of our shared collection. Although a variety of organizations have received our donation, a small number of people have had a very big influence on deciding who will benefit. We would like to follow the lead of the UUA to dismantle hierarchical leadership structures, "decentralizing" the leadership of this element. You are invited to share this leadership.

If you have an organization or cause that is dear to you or that you believe would welcome a donation, put it forwards. Provide a blurb of explanation for the Friday Flier, the Messenger and the order of service. If you are able, you could write a sort of testimonial about the impact the organization has had on your life or about the value you personally recognize. If you would be able to make a 1-2 minute presentation during a service it could be even more impactful. This personal approach will help congregants connect with the cause to maximize their support.

Will you step into leadership by advocating for a worthy cause? Share the Plate brings our name and good intentions into the community and each month an important cause gets our attention, expanding our perspective on the world around us. Please consider the agencies and organizations you know and value.

Jeannine W. will work with Rev. Shay to determine the best month to feature each recipient. Please contact them with your "nominee".

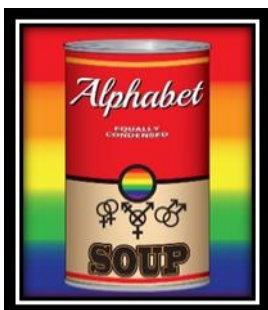
## **You are invited—Thanksgiving Dinner and Alphabet Soup Anniversary**

**Thursday, November 7, 2019 - 6:00 – 9:00 PM at the UU Church of Saco & Biddeford**

Alphabet Soup wishes to invite all to attend Our Anniversary Dinner. This is open to all and we ask you to invite your Friends and Family to join us for this event. Please bring an entrée, salad, or side dish to share. The turkey and a dessert will be provided.

**PLEASE RSVP by: October 31, 2019** to [Tmansmk49@gmail.com](mailto:Tmansmk49@gmail.com)

**Admission:** \$2.00 each to help cover cost for meat



## **Alphabet Soup - November Calendar of Events**

We meet at The Unitarian Universalist Church of Saco & Biddeford  
60 School Street Saco, ME

For more information contact Tom Muise at [tmansmk49@gmail.com](mailto:tmansmk49@gmail.com)

Please Note that some events may change.



### **Anniversary and Thanksgiving Dinner for Alphabet Soup**

**Theme: Anniversary and Thanksgiving Dinner**

**Thursday, November 7, 2019 – 6:00 – 9:00 PM – Location: UUCSB**

We will be having our Anniversary Dinner this evening; we ask you to invite your Friends and Family to join us for this event. Please bring an entrée, salad, or side dish to share. The Meat will be provided.

**PLEASE NOTE THE TIME CHANGE FOR THIS EVENINGS EVENT IT'S AT 6:00 PM!!!!**

**Leader:** Tom - **Admission:** \$2.00 each to help cover cost for meat

**Board Game Night — Thursday, November 14, 2019 – 7:00 – 9:00 pm - Location: UUCSB**

Bring a friend or two and join us for a fun packed evening playing a board game and socializing. Beverages will be provided, just please bring snacks to share.

**Leader:** Brian/Mark - **Admission:** FREE

**SAGE Dinner — Thursday, November 21, 2019 – 7:00 – 9:00 pm - Location: UUCSB**

We will be joining SAGE in Portland, Maine for their Monthly Dinner. We will be meeting at the Church at 5:00 PM and carpool. Dinner at 6:00 PM. The cost is under \$6.00 or \$8.00 each depending on your age. RSVP by Monday, so that we can get a head count to SAGE

**No Meeting Thursday, November 28, – Happy Thanksgiving 2019**

As this is Thanksgiving Day there will be NO MEETING!!!!

**Holiday Festival — Thursday, December 5, 2019 – 7:00 – 9:00 pm – Location: UUCSB**

Let's make it a great big one, bring foods that you would find at a Holiday Festival. Please bring a friend and bring an entrée, salad, side dish, or a dessert to share. Try to think of all the Holiday's in December, not just Christmas. Let's make this fun. The Meat will be provided.

**Leader:** Tom - **Admission:** FREE



**Please join Rev. Shay for these special events this month.**

**Movie Night**

**Saturday, November 9th at 6:30 p.m. in the Parish Hall in Saco.**

We will, together, watch Reverend Marta I. Valentín's sermon from the closing worship service, titled "It is Time Now" and then have discussion afterward. Light snacks will be provided, but feel free to bring more to share!

**Monthly UU Social Justice History Group**

**November 10th at 1:00 p.m. in Goodhall Hall at the Sanford church.**

This month we will be discussing:

- The three strategies that 19th-century Unitarians and Universalists used when wrestling with how best to respond to the institution of slavery.
- How to connect these strategies with our own experiences of social justice work.
- Discuss how modern sensibilities influence views of the past.

**Monthly Vespers service**

**November 18th at 7:00 p.m. in the Parish Hall in Saco.**

This will be a soft and quiet service of remembrance in this month of All Souls Day, Veterans Day, and Transgender Day of Remembrance.

**Doing for Dollars  
Self-Acupressure Class**

Meret Bainbridge, L.Ac. is holding this class on Sunday, November 3 after coffee hour from 11 a.m. to 2 p.m. in the Parish Hall or Parlor. Please bring a bag lunch; we'll take a half hour lunch break.

**There is room for more students.  
For a \$25 donation to UUCSB you can  
be part of this class!**

Self-Acupressure is a gentle, safe treatment anybody can learn to give to themselves. This class will be an introduction to the theory behind acupuncture and acupressure (finger pressure on acupuncture points), and the technique. You'll learn about 20 commonly used acupressure points while giving yourself a deeply relaxing treatment.

Please contact Meret at 838-2413  
or [meretbainbridge@gmail.com](mailto:meretbainbridge@gmail.com)

**SAVE THE DATE  
Annual Church Auction**

**Saturday, February 1, 2020, 4 to 9 p.m.**

The auction will be held at the Church. No charge to attend the auction, but we ask all to please bring a heavy appetizer and/or dessert to share.

There will be live music during the evening for all to enjoy. Beer and Wine will be available. This is an 18+ event.

You will receive a form to fill out for donations. Forms are also available on the Fundraising Bulletin Board in the Parish Hall. Please return completed forms to Tom Muise.

Looking forward to seeing you there

*- Your 2020 Auction Committee*



# Holiday Fair



Yes, it's nearly time for our **Holiday Fair** - a fun event for both our church and greater community! Mark your calendars for **Saturday, November 23**.

Your Holiday Fair Committee is hard at work still - collecting and organizing for the kitchen, Granny's Attic, the Country Store, Jewelry Table, Pie Buy, Wreaths, Dry Arrangement Buckets, Baked Beans and Bread, and more.

We still need help. We need your time, and energy, and creativity to help to make this an event to talk about - one that draws the crowds of early holiday shoppers - an event that generously supports our church financially.

Sign up sheets are on the bulletin board in the parish hall. **We need folks to set up on Friday from 10-6, sales people during the fair on Sat. from 7- 2 pm, and clean up folks at 1:30 on Sat.**

Do you love to cook? We need soups and muffins for our Luncheon. We are known for our terrific soups. We hope for lots of goodies for the bake table; this year we hope to highlight Thanksgiving pies.

Watch for a Granny's Attic preview prior to the Fair and come to a wreath making workshop on the 17th. All hands welcome. We also would like to feature Ugly Christmas sweaters. Let's see how many we can come up with. We would also like to make up some small baskets with greens and are looking for small basket donations.

Anne Cyr has put out some boxes to put together: a Thanksgiving basket, wine basket, and a chocolate basket. Suggestions for donations are in the Friday Flyer.

We welcome your time and talents. If we all do something - no matter how small - our Holiday Fair will be a success! Contact Wendy C. or Dorinne S. Our next meeting will be on Nov. 10th after service at 10:15.



**Rosemary, Pat, and Meret**

## A few of past Holiday Fair volunteers:



**Wendy and Tom**



**Jane**

## Rev. Shay's Installation

Our beloved minister, Rev. Shay, was installed as the called minister of our UUCSB and SUUC churches at the Alfred Parish Church on Sunday, Oct. 6. The moving ceremony included special music, a procession of clergy from here and away, words of welcome and inspiration, a sharing of gifts, an amazing sermon by Rev. Shay's mentor, the Rev. Victoria Safford from Minnesota, a ritual of installation, and more.

Clergy, congregants, family, and friends from near and far filled the Church in celebration of Rev. Shay. Following the Installation, everyone flowed out of the Sanctuary and into the beautifully decorated reception hall where they shared conversations and a delightful assortment of refreshments.

It's now official: We have pledged ourselves to her, and she has pledged herself to us. Rev. Shay is our installed minister!



Rev. Victoria Safford sharing her amazing sermon, *Living as If*



Our beloved minister has now been installed!



Rev. Shay, Diane W-P., and Al C. during the Ritual of Installation



Search Committee members: Susan Y., Donna B., Lisa H., Keith W., Tom H., Evelyn L., absent Lee B.



## The Caring Connection

Our Saturday, October 19th, Candlelight Concert was inspiring as well as entertaining, and Shay's sermon the next day was timely, reminding us that community nurtures us all. That message is at the core of our Caring Connection group. Several members of our Congregation have experienced serious health issues recently, while others struggle with losses and chronic, often hidden, disabilities. Please hold them, their caregivers, and the rest of our beloved congregation in your thoughts.



Thanks to everyone who has reached out to offer support. People have continued to respond to our Caring Connection Survey, offering transportation, help with meals, visits, calls, rides, and even pet care for those of us who may be struggling. If you want to add your name to the list of those willing to help, please fill out a copy of our "Can You Lend A Hand?" survey, which is available in the Sanctuary on the Usher's table.

As always, please feel free to approach any one of us with any concern you may have where we might be able to help. The Caring Connection: Marilyn C., Anne C., Donna R., Gloria S., & Pat S.

## UUUnited in Words and Song

Our Candlelight Concert is now only a collection of beautiful memories: Our Sanctuary, lit by candles - in windows, on the chancel, in the balcony, on the organ, and on every available surface. Music - some covers, other original - solos, groups, vocals, instrumentals (piano, guitar, drums, ukulele), meditative, soulful music, as well as rock. Original poetry and prose - humorous, spiritual, light, intense - with images of a political parade, sugarcane, flowers, sophisticated feet, raspberries, missed opportunities. All enjoyed by members of our congregation as well as the greater community.

Putting on a concert takes a village - or in this case, a congregation. So many of you helped us have a successful evening. Thank you to our many performers and to all the people behind the scenes, who set up and cleaned up, provided water and treats, publicized, decorated, photographed, MC'd, greeted, passed out programs, ran the spotlights, took care of finances, and more. Thanks to all of you who spread the word. Again, we thank each of you.

—Ellie R. and Donna B.

[Pictures from the concert on the next page]

## Doings for \$ at the Colemans



Al C. and Niki N. enjoying yummy appetizers!



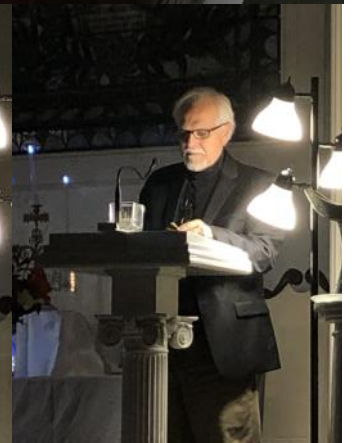
Paul C. creating a delicious paella for all.





## October 19 Candlelight Concert.

(Photos by Mark Y.)





Membership. Please wear your nametag! We're very fortunate to have new people attending our church. This makes wearing our nametags all the more important. Please be sure to pick up your nametag and wear it to the service AND coffee hour. You may drop your nametag in the basket next to the door as you leave. If you need a new nametag, please see the signup sheet on the nametag board.



Post It!



## UU Post It Notes

### Committee on Ministries

**What should I do if I have a conflict with a church member or group?**

#### Conflict Resolution Process

The Unitarian Universalist Church of Saco and Biddeford is committed to fostering right relations among its members, friends, and staff.

We understand that conflict can be an inevitable part of a healthy community and can serve as an opportunity for growth and development. As members of this congregation, it is incumbent on all of us to handle conflict in ways that are reflected in our covenant.

You are welcome to speak informally with any member of the Committee on Ministries. We are easily identified by our yellow nametags

Please read the Conflict Brochure developed by this committee and follow the Conflict Resolution Pathway that applies to your situation. When needed, the CoM will assist in developing a mediation plan for all involved parties.

Keep in mind that the CoM doesn't handle anonymous input. Be assured that information communicated will be handled with appropriate confidentiality.

### Website

Visit our website at

[www.uuchurchsacobiddeford.com](http://www.uuchurchsacobiddeford.com).

If you would like to add or correct something, please let me know. Please be specific with corrections as we have over 75 pages on our site. Added content for areas that have not yet been developed will be gratefully accepted. Thank you to those folks who have provided content and updates.

- Brian D., Webmaster

### UUCSB Recycling Tips

If you are a resident of Saco, you probably recently received a big post card from the City about transfer station usage and recycling tips. This is very useful information.

We at the UUCSB try to keep good recycling practices in mind and in use. In this effort, we have posted recycling guides by containers in the kitchen, green room and supply closet.

In spite of our good intentions, folks still put non recyclable stuff in the recycling bins - used saran wrap, returnable bottles, Styrofoam containers and, my personal favorite - used facial tissue!

Please consult the posted guides before you deposit items in our bins.

Thank you. - Anne D.

Don't forget to support our Little Free Pantry on our front lawn. Bring what you want; take what you need.





## Financial Information

### Pay Your Pledge Automatically!

Annual pledges paid in regular installments help the Church's cash flow - and yours! You can set up an **automatic debit** from your bank directly to the church account - no checks or mailing hassles. You may also **use a credit or debit card for pledge payments**. These, too, can be set up ahead of time to transfer automatically an amount you choose on the date you select. These Electronic Giving options can help you manage monthly expenses and help the church funds available regularly to meet our payroll and other bills.

Contact Brian in the church office to set up a payment plan. Automatic payment arrangements are kept confidential.

- Finance Committee



### CLYNK

Help UUCS by returning your bottles and cans through the CLYNK service at Hannaford. Green bags may be picked up at the welcome table when you come to church on Sundays. Please remember that Market Basket labeled bottles and cans are not accepted by CLYNK.



### Greetings from the Treasurer

Account balances as of 10/21/2019 are as follows:

Checking	\$4,078.53
Accounts Payable	\$0.00
Moulton Trust	\$1,735.41
Restricted Savings	\$278,301.56
Saco/Bidd Investments	\$143,965.13



Any questions, just call.  
Sincerely, *Wendy C.*

### Hannaford Gift Cards

Do you shop at Hannaford? Please consider participating in our fundraising project. When you buy your groceries with a Hannaford Gift Card purchased at church, Hannaford donates 5% towards our operating budget. You can support the church at no additional cost to yourself. Hannaford cards make good gifts, too. Look for the table during coffee hour for more information.



**Get your cards from Ellie L.**

### TD Bank Affinity Program

UUCSB is in the TD Bank Affinity Program, which is only for nonprofit organizations. TD Bank will make a donation for each church member that has a TD Bank checking account. This is a way for the church to get donations without having to do anything. Church member personal accounts are associated with the church account and in doing so, the church benefits. It in no way affects members' personal accounts and no information is shared. Church members that have **TD Bank checking accounts just need to call TD Bank or stop in at any location** and tell them that you are a member of UUCSB and what your TD Bank account number is. If you have any questions about the Affinity Program, Tracey Bell, the TD Bank manager in Biddeford, would be happy to talk with you. Her phone # is 283-8590.

## Thinking about becoming a member?

To learn more about our congregation: Please speak to any member or someone from the Membership- Welcoming Committee. Plan to attend a Sharing Your Spiritual Journey orientation.

To learn more about our faith and practice: Various aspects of Unitarian Universalism are explained in brochures kept in a rack as you enter the sanctuary. You are welcome to take these home. You can also talk with members of our congregation.

### Our Church

We are a voluntary association of those committed to this special religious community. We share common values, but we do not require or expect conformity to any specific religious beliefs. We welcome each person's spiritual exploration and expression.

Web sites [www.uuchurchsacobiddeford.com](http://www.uuchurchsacobiddeford.com) and [www.uua.org](http://www.uua.org), contain more information on the traditions, activities and people of our church and association. Our Membership Welcoming Committee is also willing to assist you.

There are seven principles which Unitarian Universalist congregations affirm and promote:	
1	The inherent worth and dignity of every person
2	Justice, equity and compassion in human relations
3	Acceptance of one another and encouragement to spiritual growth in our congregations
4	A free and responsible search for truth and meaning
5	The right of conscience & the use of the democratic process within our congregations & in society at large
6	The goal of world community with peace, liberty, and justice for all
7	Respect for the interdependent web of all existence of which we are a part

### Our Membership

Those who sign the Membership Book agree to sustain our church through continuing contributions of time, effort and financial support. All members are part of the non-profit corporation that owns the church, and they govern it through democratic process in which each one is entitled to be heard. Members elect a Board of Trustees and must also approve the "call" of a minister to our pulpit. By participating in our worship, events and activities, you'll get a sense of how this congregation might work in your life, and you in the life of the congregation. As you discover the privileges and responsibilities of membership, we recommend that you take the time to:

- Attend a Sharing Your Spiritual Journey orientation offered by the Membership Committee to find out more about Unitarian Universalism and our church's history and traditions.
- Attend church for a while to get to know the community and think about whether you share in our common values and feel ready to make a commitment to the shared spiritual journey.
- Decide your financial and time commitment to this church community.

When you're ready, speak to the chair of Membership or president about signing the Membership Book!