

## Friday Flyer – March 6, 2020

### News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *It Matters What We Believe*
- *Rev. Shay MacKay*
- **Worship at 9:00 AM– March 8<sup>th</sup> \*\*\* SPRING AHEAD YOUR CLOCKS \*\*\***
- *Panera Bread* – please remember to bring your reusable bags

- **Church Activities This Week:**

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|---------------------------------|---|
| ○ Friday, March 6 @ 10:00 AM    | - <i>Coffee &amp; Carbs</i> (off site)          |
| ○ Saturday, March 7 @ 9:00 AM   | - Meditation                                    |
| ○ Sunday, March 8 @ 10:15 AM    | - Choir Rehearsal                               |
| ○ Sunday, March 8 @ 1:00 PM     | - <i>Resistance &amp; Transformation</i> (SUUC) |
| ○ Monday, March 9 @ 11:00 AM    | - 2 <sup>nd</sup> Monday Discussion Group       |
| ○ Tuesday, March 10 @ 7:00 PM   | - Earthen Spiral Comm. Coven (off site)         |
| ○ Wednesday, March 11 @ 6:30 PM | - Trustees                                      |
| ○ Wednesday, March 11 @ 7:00 PM | - <i>Harbour Singers</i>                        |
| ○ Thursday, March 12 @ 7:00 PM  | - <i>Alphabet Soup</i>                          |

Unless indicated otherwise, these activities welcome all members and friends.

### Office Hours

Minister, Rev. Shay MacKay  
Administrator, Brian Dustin

- Mon & Tue 9:00 AM – 12:00 PM – (207/518-8059)  
- Mo-We-Th – 8AM to 11AM

### Caring Needs – Please contact church office.

### Upcoming Events and Activities

- **2<sup>nd</sup> Monday Discussion Group – March 9 @ 11:00 AM**

On the 2<sup>nd</sup> Monday of every month from September through May, anyone who is able can come join us in the Parish Hall for presentations, small group discussions, and lunch! Hosted by Rev. Shay, this month's gathering will focus on discussing the realities of our varied and complex mental health. There is no homework or prep work and you don't have to bring anything but yourself and an open mind. Lunch will consist of soup, bread, and dessert – a small donation will be invited (but NOT required) to help cover the cost of the food. You are also welcome to bring your own lunch and eat it with the group.

- **Share the Plate – March: Seeds of Hope**

The Seeds of Hope Neighborhood Center offers hospitality and support to all who pass through their doors. The collection of their efforts strives to offer hope for those who are struggling, care for those in need, advocacy for those who have been silenced, companionship for those who are alone and compassionate love for all.

- **Welcome Immigrants Our New Neighbors**

Donations to WIONN may be placed in the bin, on the right, just before you enter the Sanctuary: Diapers-any size ("green" preferred), Feminine Hygiene products, Laundry Detergent, Socks/underwear -all ages, sizes, genders. Gift Cards to local stores & Cash should be given to Randa Thomas, Odette Dansereau, Matt Gerken or Sonja Gerken. Thank you for supporting this ongoing mission.