

# Friday Flyer – September 4, 2020

## News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *No Service*

- **Church Activities This Week:**

- Tuesday, Sept. 8 @ 10:00 AM - *The Soul of Aging* (Virtual)
- Wednesday, Sept. 9 @ 5:00 PM - Virtual Brown Bag Supper
- Thursday, Sept. 10 @ 7:00 PM - Virtual Vespers Service
- Sunday, Sept. 13 @ 11:00 AM - Coffee Hour w/ Board & Rev. Shay
  
- All listed events will be held via Zoom. Links and codes are on page 2.

### **Office Hours (working from home)**

Minister, Rev. Shay MacKay  
Administrator, Brian Dustin

- Mon & Tue 9:00 AM – 12:00 PM – (207/518-8059)  
- Mo-We-Th – 8AM to 11AM – (207/632-4512)

**Caring Needs** – Please contact church office.

### **Upcoming Events and Activities**

- **Note From Rev. Shay**

I am using a new email software. Messages from me will often go into your spam/junk folders, so remember to check there for emails from me. Thanks!

- **Giving Life the Shape of Justice**

Our brand new UUCSB T-shirts have arrived!! Our FiAT took orders for 25 shirts this spring and now we can proudly wear them while out in the community and at church events! A huge thank you to those of you who donated beyond the purchase price of \$10.25 per shirt. We will use the extra money to purchase shirts for those finding finances tight. If you missed this first order email/text Sonja at [s55gerken@gmail.com](mailto:s55gerken@gmail.com) to be included in a future printing. If you purchased a shirt and have yet to pay, please drop off or send a check made out to UUCSB (memo- T-shirt) to: Sonja Gerken 38 Weymouth St Saco ME 04072 FiAT thanks you for supporting this effort.

- **Clynk Bags/Hannaford Cards**

During this time of physical distancing, Sonja Gerken is happy to deliver Clynk bottle bags (to support UUCSB) to your door. Just email her at [s55gerken@gmail.com](mailto:s55gerken@gmail.com). You may also contact Ellie L. ([eleonor.lockwood@twc.com](mailto:eleonor.lockwood@twc.com)) to arrange purchase of Hannaford cards.

- **Black Lives Matter**

Stand in Solidarity with BLM (Black Lives Matter) & BIPOC (Black, Indigenous & People of Color) Wednesdays from 5pm-6pm, Rt1/Elm St. bridge (between Water St. in Saco & Deering Lumber in Biddeford. Bring a sign or just yourself. Feel the vibrant energy of change and help move it forward!

**OPPORTUNITIES FOR CONNECTION**  
**All Begin the Week of September 7<sup>th</sup>**

- **Virtual Brown Bag Suppers with Rev. Shay – Every Wednesday from 5pm to 6pm on Zoom.** Bring your dinner and spend some informal time conversing and connecting with Rev. Shay and others from our community.  
<https://us02web.zoom.us/j/89026676599>  
Meeting ID: 890 2667 6599  
Call In: (646) 876-9923
  
- **Weekly Vespers Services – Every Thursday from 7pm to 7:30pm on Zoom.** Join Rev. Shay for a time of reflection and stillness, music and poetry, meditation, and connection.  
<https://us02web.zoom.us/j/83734173380>  
Meeting ID: 837 3417 3380  
Call In: (646) 876-9923
  
- **Coffee Hour with your Board Members and Rev. Shay – Every Sunday after our worship service,** join Rev. Shay and members of your Board of Trustees on Zoom for small group discussions based around the monthly theme, that day's sermon, and other relevant topics from your lives. Here is the zoom link for our Sunday services and Coffee Hour:  
<https://us02web.zoom.us/j/2399631729>  
Meeting ID: 239 963 1729  
Call In: (646) 876-9923
  
- **The Soul of Aging with Rev. Shay – Every Tuesday from 10am to 12pm on Zoom** - In this program, we will creatively approach “the art” of aging intentionally, and the many soulful invitations our maturing years offer us. In a time when so many of us are entering the last season of our lives, this is for those who yearn to understand, surrender to, and be transformed by the aging process. The themes address many of the spiritual aspect of this season of our lives and include: our visions of aging, living our unlived lives, completion & forgiveness, our relationship with time, how to nurture our mystical nature, and the notion of befriending our own deaths. We will use poetry, story, music, and art to explore these topics, all within the fellowship of a trustworthy community.  
<https://us02web.zoom.us/j/84624720782>  
Meeting ID: 846 2472 0782  
Call In: (646) 876-9923