

SEPTEMBER
2020



The Soul of Aging with Rev. Shay
Every Tuesday from 10am to 12pm

***no registration required - just come when you can!**

In this program, we will creatively approach “the art” of aging intentionally. The themes address many of the spiritual aspect of this season of our lives and include: our visions of aging, living our unlived lives, completion & forgiveness, our relationship with time, how to nurture our mystical nature, and the notion of befriending our own deaths. We will use poetry, story, music and art to explore these topics, all within the fellowship of a trustworthy community.

<https://uso2web.zoom.us/j/84624720782>

Meeting ID: 846 2472 0782

Call In: (646) 876-9923

Virtual Brown Bag Suppers with Rev. Shay - every Wednesday from 5pm to 6pm

Bring your dinner and spend some informal time conversing and connecting with Rev. Shay and others from our community.

<https://us02web.zoom.us/j/89026676599>

Meeting ID: 890 2667 6599

Call In: (646) 876-9923

Weekly Vespers Services
every Thursday at 7:00 p.m.

Join Rev. Shay for a time of stillness, music, poetry, and connection.

<https://uso2web.zoom.us/j/83734173380>

Meeting ID: 837 3417 3380

Call In: (646) 876-9923