Friday Flyer – January 21, 2021

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** *This is for the Choosers*
- Rev. Lori Whittemore
- Worship at 10:00 AM- January 23rd

Church Activities This Week:

o Saturday, Jan. 15 @ 1:00 PM - Muise Celebration of Life

o Sunday, Jan. 16 @ 10:00 AM - Worship

o Wednesday, Jan. 19 @ 6:00 PM - Harbour Singers

Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Administrator, Brian Dustin Mon-Wed-Fri -8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

Thoughts from Rev. Lori

While I had not planned to speak about Roe v Wade, the article in last weeks paper authored by a former professor of mine, Marvin Ellison and by the Executive Director of Maine Council of Churches, Jane Fields, compelled me to do so. Especially in light of the fact that the ruling is currently in peril. Our service this week is less about facts and figures and more about worship elements to care for the choosers, of one sort or another. I also invite you to read the UU fifth principle and the principle of Right speech from the eight fold noble path in Buddhism. It is with these things in mind, and some shared UUA resources, I have prepared for Sunday. My talk about spiritual tools will happen on February 6. It is probably more suited to that stage of our pilgrimage together anyway. I look forward to our time together. In person or on screen! Peace and Blessings, Rev. Lori (she/her)

Tree of Hope

The Board of Trustees plans to decorate the Tree of Hope with your gifts through the cold Maine winter. Donations continue to be welcomed in the basket in the hall by the sanctuary door.

Live Stream on Faceboo0k

We are now live streaming our services on Facebook every Sunday at 10:00am Feeling under the weather? Can't get to church? Want to join the service from the comfort of your own home? Join us live at 10:00am every Sunday on our Facebook page-Unitarian Universalist Church of Saco and Biddeford. (Facebook link on our web page)

Covid-19 Guidelines

- Masks must be worn inside
- Softly singing with masks on
- Masks off when speaking in pulpit area
- Sit in appropriately marked pews social distance unless in same household
- Hand sanitizer stations
- No coffee hour feel free to socialize outdoors

We need Ushers and flower donations every Sunday. Please sign up on the schedule on the bulletin board by the restrooms. Thanks.

Hannaford Cards

Ellie L. will be selling Hannaford Gift Cards in the Nursery on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%. Please enter the Nursery one person at a time to purchase your cards.