

Friday Flyer – February 11, 2021

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *This is No Ordinary Time*
 - *Rev. Lori Whittemore*
 - **Worship at 10:00 AM– February 13th**
 - **Church Activities This Week:**
 - Sunday, Feb. 6 @ 10:00 AM - Worship
 - Wednesday, Feb. 16 @ 6:00 PM - *Harbour Singers*
- Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Administrator, Brian Dustin

Mon-Wed-Fri –8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

- **Thoughts from Rev. Lori**

Hello Good People! I hope you have had a lovely week! As promised on Sunday, today is the day we will begin doing lectio divina together. The practice that was created in the 4th century by Christian monastics is a way of engaging with text deeply. A way of processing it, making meaning of it and integrating it. While it was conceived of to study Biblical scripture, the principles can be applied to any text. On Fridays I will share a passage and invite us to contemplate it individually, as we prepare for Sunday service. The passage will relate to the service and get the wheels turning before we join together. This weeks passage comes for an adaptation of the Tao Te Ching. It is title, Make the Ordinary Come Alive.

- Do not ask your children
- to strive for extraordinary lives.
- Such striving may seem admirable,
- but it is a way of foolishness.
- Help them instead to find the wonder
- and the marvel of an ordinary life.
- Show them the joy of tasting
- tomatos, apples and pears.
- Show them how to cry
- when pets and people die.
- Show them the infinite pleasure
- in the touch of a hand.
- And make the ordinary come alive for them.
- The extraordinary will take care of itself.

READ

Now that you have read the passage in your head, I invite you to read it out loud. Listen to the vibrations of the words and cadences of the sentences. Read it again until the words begin to sound and feel familiar.

MEDITATE

Let your mind rest on a word or sentence that stands out to you. Hold the words gently in your mind

PRAY

In whatever way you pray, seek guidance for what these words have to offer you.

CONTEMPLATE

Ask questions of the passage. As examples, some questions might be; When was this written? Who was the intended audience? Where does this text intersect with my life? What are the marvels in my life? Was there ever a time I lost sight of the ordinary in favor of great things? Am I able to cry? Who likes tomatoes anyway? Ask your own questions of it. Perhaps related to the word or sentence that stuck out to you.

I hope to see you Sunday!

Peace and Blessings, Rev. Lori (she/her)

- **Faith in Action Alert!**

Next Tuesday, February 15th at 9:00am the Committee on Judiciary is holding the public hearing on LD 1626: An Act Implementing the Recommendations of the Task Force on Changes to the Maine Indian Claims Settlement Implementing Act (also known as the Tribal Sovereignty Bill). All of the MUUSAN Issue Groups are working on getting folks to testify on Tuesday in favor of LD 1626 and it is easy to do online. You can submit written testimony as a PDF and/or you can provide oral testimony and I have provided the link to make it even easier. Thank you for your help on this very important issue. [LD 1626: Submit testimony at the public hearing – Wabanaki Alliance](#)

- **Ushers & Flowers**

We need Ushers and flower donations every Sunday. Please sign up on the schedule on the bulletin board by the restrooms. Thanks.

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Nursery on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%. Please enter the Nursery one person at a time to purchase your cards.