

UU Church of Saco and Biddeford

Saco, Maine

March 6, 2022

Greetings & Announcements – Donna Ravn

The Azan

Prelude – Paul Benya
You are invited to light a candle of remembrance.

Welcoming Words

Opening Song *Hineh Mah Tov*
Hineh mah tov umah na'im
Shevet achim gam yachad

Opening Reading *The daring of having no enemies*
– Pema Chodron

***Hymn #179** *Words We Hold Tight*
– Niki Norman, djembe

***Lighting of the Chalice**
This is our sacred promise:
To gather together in peace
To seek truth in love
To serve human need
So that all shall grow in harmony with the divine.

Sharing from the Heart (*Joys and Concerns*)

Prayer #123 *Spirit of Life*
(*led by the Choir this morning*)

Spirit of Life, come unto me;
Sing in my heart, all the stirrings of compassion,
Blow in the wind, rise in the sea,
Move in the hand, giving life the shape of justice.
Roots hold me close, wings set me free.
Spirit of Life, come to me, come to me.

Message *Get Out of Church* – Rev. Lori Whittemore

***Hymn #159** *This Is My Song*

The Work of This Church – Offertory – Paul Benya
Share the Plate – Seeds of Hope
While under Covid restrictions your financial gifts will gratefully be accepted in the offering plates as you leave the Sanctuary.

***Song of Gratitude and Celebration**
From all that dwell below the skies,
Let faith and hope and love arise.
Let beauty, truth and good be sung,
Through ev'ry land, by ev'ry tongue. Amen.

Extinguish the Chalice
As we release this flame
From its faithful service today
We allow the spark in each of us to burn on;
To warm our compassion,
To fire our delight
To light our paths,
Today, tomorrow and always.

*** Hymn #1048** *Ubi Caritas*

Benediction

Choir *Noyana* – South African

Postlude

***Please stand, as you are comfortable.**
Thanks for making our worship possible:

Usher –
Flowers –

Hearing assistance devices and large-print hymnals are available. Please ask an usher.

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ANNOUNCEMENTS:

Covid-19 Guidelines

Masks must be worn inside

Softly singing with masks on

Masks off when speaking in pulpit area

Sit in appropriately marked pews - social distance unless in same household

Hand sanitizer stations

No coffee hour - feel free to socialize outdoors

Ushers & Flowers

We need Ushers and flower donations every Sunday. Please sign up on the schedule on the bulletin board by the restrooms. Thanks.

Hannaford Gift Cards

Ellie L. will be selling Hannaford Gift Cards in the Nursery on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%. Please enter the Nursery one person at a time to purchase your cards.

Please e-mail announcements to Brian in the church office (uuchurch@gwi.net) by 10 AM the Wednesday prior to the Sunday they are to appear. Announcements will not be carried over to the next week unless you notify us no later than Wednesday. Thanks.

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ANNOUNCEMENTS:

TODAY IN OUR WORSHIP:

Get Out of This Church

Rev. Lori Whittemore

Rev. Lori Whittemore (Rev. Lori) will be speaking this week about participating and experiencing other traditions during the month of March. Moving from a place of understanding other's theology to feeling what it is like to experience worship and contemplation in other communities. She will share resources and information about other's services. Hopefully you can participate with a friend so you can process the experience.

NEXT SUNDAY – March 13

Get Out in Nature

Rev. Lori Whittemore

Rev. Lori will be speaking on the 13th about getting out into nature as part of the pilgrimage journey we are taking. Considering the interdependent web existence as a principle and as a reality in nature, you will be highly encouraged to go out and cultivate your inner naturalist. Specifically relative to trees. Tree huggers unite!