

## Friday Flyer – March 11, 2021

### News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *Get Out of Doors*
  - *Rev. Lori Whittemore*
  - **Worship at 10:00 AM– March 13<sup>th</sup>**
  - **Daylight Saving Time Begins – Move Clocks Ahead**
  - **Church Activities This Week:**
    - Sunday, March 13 @ 10:00 AM - Worship
    - Sunday, March 13 @ 11:00 AM - Social Hour in Parish Hall
- Unless indicated otherwise, these activities welcome all members and friends.

### **Office Hours**

Administrator, Brian Dustin

Mon-Wed-Fri –8-11 AM

**Caring Needs** – Please contact church office.

### **Upcoming Events and Activities**

- **Thoughts from Rev. Lori**

Hello Friends,

As I write this on Wednesday, it appears that there is a storm coming again this weekend. Just as we are beginning to see the grass and smell the dirt and spring ahead. Ugh! It will not deter us from our epic journeys this month. I hope you are participating and viewing other services and traditions on line. Please do that as much as possible all month. I hope to some of you will offer short shares of how these experiences have made you feel. This week we embark on getting out of doors. I share these words from Peter Wohlleben's book, *The Hidden Life of Trees*:

*We shouldn't be concerned about trees purely for material reasons, we should also care about them because of the little puzzles and wonders they present us with. Under the canopy of the trees, daily dramas and moving love stories are played out. Here is the last remaining piece of Nature, right on our doorstep, where adventures are to be experienced and secrets discovered. And who knows, perhaps one day the language of trees will eventually be deciphered, giving us the raw material for further amazing stories. Until then, when you take your next walk in the forest, give free rein to your imagination-in many cases, what you imagine is not so far removed from reality, after all.*

**READ:** In your head and outlaid

**MEDITATE:** Notice if a sentence or word stands out to you

**PRAY:** In whatever fashion you do so seeking what the text has to offer you

**CONTEMPLATE:** How this reading will inform your day, week, month. Think about how this reading might prepare you for out time together Sunday

Peace and Blessings

Rev. Lori (she/her/hers)

- **Live Stream on Facebook**

We are now live streaming our services on Facebook every Sunday at 10:00am

Feeling under the weather? Can't get to church?

Want to join the service from the comfort of your own home?

Join us live at 10:00am every Sunday on our Facebook page-

Unitarian Universalist Church of Saco and Biddeford.

(Facebook link on our web page)

- **Covid-19 Guidelines**

- Masks are OPTIONAL inside
- Softly singing with masks on
- Masks off when speaking in pulpit area
- Sit in appropriately marked pews - social distance unless in same household
- Hand sanitizer stations
- Social hour in the parish hall – no food or coffee

- **Ushers & Flowers**

We need Ushers and flower donations every Sunday. Please sign up on the schedule on the bulletin board by the restrooms. Thanks.

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Nursery on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%. Please enter the Nursery one person at a time to purchase your cards.