

Friday Flyer – April 8, 2022

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *The Long and Winding Road*
 - *Rev. Lori Whittemore*
 - **Worship at 10:00 AM– April 10th**
 - **Church Activities This Week:**
 - Sunday, April 10 @ 10:00 AM - Worship
 - Sunday, April 10 @ 11:00 AM - Social Hour in Parish Hall
 - Wednesday, April 13 @ 6:30 PM - Trustees
 - Thursday, April 14 @ 6:30 PM - *Alphabet Soup* (ZOOM)
- Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore
Administrator, Brian Dustin

By Appointment
Mon-Wed-Fri –8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

- **Pledge Update**

Hi Folks!

Just a quick update to tell you where we are regarding our 2022-2023 church budget. Gratefully, we have received \$33,480 towards our \$66,000 goal this year. Thank you! As a gentle reminder, we hope to hear from those who have yet to send in their pledges. These are busy, busy times and it is easy for that pledge envelope to be forgotten for the moment. We hope to hear from you soon. Extended pledge date is Monday, April 11th. See you in church!

- **Thoughts from Rev. Lori**

Hello Good People,

On this Palm Sunday we will explore the long and winding roads. The fourth month, the fourth stage of our 6-month pilgrimage. It is the Contemplation stage: Some pilgrimages go the direct route to the Holy, right to the center of the Holy of Holies, directly to the heart of the matter. Others take a more indirect route, circling around the outside of the sacred place, transforming the physical journey into a spiritual path of contemplation. A long and winding road, if you will. In the Christian tradition, Palm Sunday marks the start of Holy Week. A somber, pensive march towards death of Jesus. For this week's lectio divina, I invite you to experience this clip from the musical Gospel to prepare you to explore the stage of our journey.

<https://www.youtube.com/watch?v=fX6dq7cNIOA>

Watch and listen to this clip 2-3 times. As you listen, drop into your heart space and do some deep breathing. Feel the vibrations of the harmony and the music wash over you. Often times glimpses of the Holy happen when the veil is pulled away during hard times. We will explore this idea through reflection on Palm Sunday, and

in other parts of our lives and society. Questions to consider; what does this song bring up for me? What long and winding path am I on right now? This is the contemplation part of our journey. Who is there with you? How do you accompany them even when the path is a difficult one? Who is in our world that needs our accompaniment? How are we journeying with them, even when we can “fix” it?

Peace and many blessings to you
Rev. Lori
she/her

- **Live Stream on Facebook**

We are now live streaming our services on Facebook every Sunday at 10:00am
Feeling under the weather? Can't get to church?
Want to join the service from the comfort of your own home?
Join us live at 10:00am every Sunday on our Facebook page-
Unitarian Universalist Church of Saco and Biddeford.
(Facebook link on our web page)

- **Covid-19 Guidelines**

- Masks are OPTIONAL inside
- Softly singing with masks on
- Masks off when speaking in pulpit area
- Sit in appropriately marked pews - social distance unless in same household
- Hand sanitizer stations
- Social hour in the parish hall – no food or coffee

- **Ushers & Flowers**

We need Ushers and flower donations every Sunday. Please sign up on the schedule on the bulletin board by the restrooms. Thanks.

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Nursery on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%. Please enter the Nursery one person at a time to purchase your cards.