Friday Flyer - April 22, 2022

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** For the Beauty of the Earth
- Rev. Niki Norman & Rev. Lori Whittemore
- Worship at 10:00 AM- April 24th

• Church Activities This Week:

- o Sunday, April 24 @ 10:00 AM Worship
- o Sunday, April 24 @ 11:00 AM Social Hour in Parish Hall
- o Thursday, April 28 @ 7:00 PM *Alphabet Soup* Open Discussion-Zoom Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore By Appointment

Administrator, Brian Dustin Mon-Wed-Fri –8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

Pledge Update

\$52,080!! This is our total so far! A big Thanks to all of you who have donated. We are looking forward to receiving pledges from those folks who haven't been able to donate yet to reach our \$66,000 goal! See you in church!

• Union Church Plant Sale - May 14

Saturday, May 14, 2022 - Rain Date Saturday May 21, 2002 2 Courtlyn Circle, Saco Maine 9:00 a.m. to Noon or until all the plants are sold.

• Thoughts from Rev. Lori

Happy Friday Good People

For our Lectio Divina:

Wild Geese by Mary Oliver

You do not have to be good.

You do not have to walk on your knees

For a hundred miles through the desert repenting.

You only have to let the soft animal of your body

love what it loves.

Tell me about despair, yours, and I will tell you mine.

Meanwhile the world goes on.

Meanwhile the sun and the clear pebbles of the rain

are moving across the landscapes,

over the prairies and the deep trees,

the mountains and the rivers.

Meanwhile the wild geese, high in the clean blue air, are heading home again.
Whoever you are, no matter how lonely, the world offers itself to your imagination, calls to you like the wild geese, harsh and exciting over and over announcing your place in the family of things.

READ Out loud at least once and in your head a couple of times

MEDITATE Reflect on the words, notice if there is a word or phrase that your

mind rests on

PRAY Ask what this poem, or word or phrase is telling you or asking of

you

CONTEMPLATE Sit in silence, breathing deeply, for 2 minutes and let the

reading linger

This weekend we will explore Earth day together.

Rev. Lori she/her

• Live Stream on Faceboook

We are now live streaming our services on Facebook every Sunday at 10:00am
Feeling under the weather? Can't get to church?
Want to join the service from the comfort of your own home?
Join us live at 10:00am every Sunday on our Facebook pageUnitarian Universalist Church of Saco and Biddeford.
(Facebook link on our web page)

• Covid-19 Guidelines

- Masks are OPTIONAL inside
- Masks off when speaking in pulpit area
- Sit in appropriately marked pews social distance unless in same household
- Hand sanitizer stations
- Social hour in the parish hall no food or coffee

Ushers & Flowers

We need Ushers and flower donations every Sunday. Please sign up on the schedule on the bulletin board by the restrooms. Thanks.

Hannaford Cards

Ellie L. will be selling Hannaford Gift Cards in the Nursery on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%. Please enter the Nursery one person at a time to purchase your cards.