## Friday Flyer - November 4, 2022

## News You Can UUse

From the UU Church of Saco and Biddeford

- Worship This Week -Finding Our Way: Reconnecting to the Mother Culture
- Rev. Jake Fahey
- Daylight Saving Time Ends Move Clocks Back

#### • Church Activities This Week:

- o Sunday, Nov. 6 @ 10:00 AM Worship
- o Tuesday, Nov. 8 @ 4:30 PM Membership Committee
- o Wednesday, Nov. 9 @ 5:30 PM Trustees
- Thursday, Nov. 10 @ 7:00 PM
   Unless indicated otherwise, these activities welcome all members and friends.

#### **Office Hours**

Minister, Rev. Lori Whittemore By Appointment (email:

revlori.uucsb@gmail.com)

Administrator, Brian Dustin Mon-Wed-Fri –8-11 AM

**Caring Needs** – Please contact church office.

## **Upcoming Events and Activities**

### • Holiday Fair Meeting – November 6

There will be a meeting after church on Sunday about the fair. Everyone interested is encouraged to attend.

#### Arcadia Band – November 6

The Arcadia Band will be performing at 4:00 PM in the UUCSB sanctuary. Suggested donation \$15.

#### • Holiday Fair – November 19

Doors open to the public at 8:00 am. Set up on Friday, November 18<sup>th</sup>. Please be sure to sign up to assist with our Holiday Fair on Nov. 19. Sign up sheets are in the Hall just outside the Parish Hall.

A big part of the Fair is Grannie's Attic. Because we have so many items to set up, we bring stored items from the basement to the Sanctuary on Nov. 13 after church. We set up Grannie's Attic on Nov. 15, 16, 17 and 18. Please consider helping with this set up. We also need help disassembling the Attic for our regular Sunday service on the 20th.

If you have items to donate to the Attic, please leave them in the narthex. Thank you for helping Grannie.

## • Thoughts from Rev.Lori

Greetings on this first Friday of November

Our trees are barer, our days shorter. We are in the dark days between Samhain and the Solstice in the time when we are invited to look inward, take inventory and reflect. We talked about this last week bit. In this new year what do you feel you can

say good bye to? Change is the theme of the month. There is a lot of change that needs to take place in our lives, our communities and the world. This week we will contemplate the change of culture in the direction of a mother culture. Rev. Jake Fahey will offer a message about changing the framework for how we think about and move through our culture. Please give him a warm welcome this Sunday.

In preparation for this weekend I invite you to think about the phrase mother culture. Speak it out loud and in your head. Write it down and experience what it feels like to process it through your hands. Sit in silence with the words in your mind. Then sit in stillness and see what comes up for you.

I look forward to being with you Sunday!
Peace and Blessings
Rev Lori Whittemore, she/her
Unitarian Universalist Church of Saco Biddeford <a href="mailto:revlori.uucsb@gmail.com">revlori.uucsb@gmail.com</a>

# • Share the Plate – November – Southern Maine Conservation Collaborative

We work collectively in Maine to create mutually beneficial relationships with the earth, communities, and people through the conservation movement. Full profile go to

https://southernmaineconservation.org/mission-vision/

#### **Please Give Generously**

#### • Coffee Hosts, Ushers & Flowers Needed

We need Ushers and flower donations every Sunday. Coffee hosts are also needed to make coffee, bring snacks, and clean up. Please sign up on the schedule on the bulletin board by the restrooms. Thanks.

#### Live Stream on YouTube

We are now live streaming our services on YouTube every Sunday at 10:00am
Feeling under the weather? Can't get to church?
Want to join the service from the comfort of your own home?
Join us live at 10:00am every Sunday on our YouTube channel
Unitarian Universalist Church of Saco-Biddeford.
(YouTube link on our web page)

#### • Covid-19 Guidelines

- Masks are OPTIONAL inside
- Hand sanitizer stations
- Social hour in the parish hall

#### Hannaford Cards

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.