

Friday Flyer – March 10, 2023
News You Can UUse
From the UU Church of Saco and Biddeford

- **Worship This Week** – *Spirituality of Imperfection*
- *Rev. Dr. Lori Whittemore*
- **Worship at 10:00 AM – MARCH 12th**
- ***** DAYLIGHT SAVINGS TIME BEGINS – SPRING AHEAD *****

- **Church Activities This Week:**

- Sunday, March 12 @ 10:00 AM - Worship
 - Tuesday, March 14 @ 4:30 PM - Membership Committee
 - Wednesday, March 15 @ 6:00 PM - *Harbour Singers*
 - Thursday, March 16 @ 5:15 PM - SBGM – EQME NOA (off site)
 - Thursday, March 16 @ 7:00 PM - Vespers
- Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore
Administrator, Brian Dustin

By Appointment (email: revlori.uucsb@gmail.com)
Mon-Wed-Fri – 8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

- **Thoughts from Rev. Lori**

Good Morning Good People,

It isn't always leading from our strengths that heals us or the world. It is surviving and sharing our struggles. When we suffer and care for ourselves we develop a capacity to recognize the source of suffering in others and meet them there. Justice, equity and compassion in human relations, means the we reflect on our relationship with justice, equity and compassion in our own lives. Whether we are slighted or slighting others, even unknowingly, by action or judgement. This is a good place to start. Leading from our own broken ness and imperfection, where the light shines through the cracks. I share with yo this poem

Uplifted by Jean Olson

I tried so hard to bring him up to my level.
I spoke eloquent words of encouragement
and he struggled but could not rise.
I pulled with one hand, and then two.
I tried to life him, to pick him up and carry him.
All to no avail.
Hot and exhausted, I finally sat down next to him
and he gave me some cool water to drink.

Suddenly we were both there.

READ this poem again and then again out loud

LISTEN for a word or sentence that stands out to you

ASK what this word, sentence or passage what it has to say to you

REFLECT this word or passage with you for the next couple of days until we meet on Sunday

Peace and Blessings

Rev. Lori Whittemore, (she/her/hers)
Unitarian Universalist Church of Saco and Biddeford
revlori.uucsb@gmail.com

- **Vespers – Our 3rd Principle**

A small group of hearty souls has met the last two Thursdays for some really meaningful exploration of our first two principles. We're moving on to the third principle next Thursday - "Acceptance of One Another and Encouragement to Spiritual Growth in our Congregations", and we'd love to have you join the conversation. The coffee pot will be on!

- **Fellowship Luncheon – March 26**

Please hold the date March 26th. This will be a gathering for a potluck Fellowship Luncheon to kick off the Pledge Drive. It will be in the Parish Hall immediately following the church service. We will have pledge packages to hand out and there will be an opportunity to provide your pledge right then. Please come and enjoy the luncheon and musical entertainment. There will be a signup sheet on the board in the hall to sign up for the potluck. If you have any questions, please contact Wendy Coleman.

- **Welcome Back to Souper Sunday**

On April 2nd we welcome back another Souper Sunday. This is always a fun time to enjoy conversation & homemade soups, breads and desserts after a Sunday service. We hope to have information about Green Sanctuary 2030 to share with you as well. Mark your calendars now for Sunday, April 2nd, and bring your appetite and maybe something to share. As the date approaches, there will be sign-up sheets for set up, soups, bread, desserts, and clean up. It would be appreciated if everyone could contribute in some way or another. We thank you and look forward to seeing you at this event!

The Faith in Action Team (Donna B., Diane E., Sonja G., Laurie S., and Randa T.)

- **Share the Plate – March – Age Friendly Saco**

Age Friendly Saco's mission, "A Community for a Lifetime", is to promote active aging by optimizing opportunities for health, engagement, and safety while removing barriers that prevent our citizens from remaining in their homes as they age. This will be accomplished through engagement with community organizations as well as collaboration with the City of Saco and the recruitment of community volunteers for the delivery of services that will empower residents to remain in and engaged in their community as they age.

- **Little Free Pantry**

During the cold weather and freezing temperatures please refrain from placing canned or glass items into the Little Free Pantry.

- **Coffee Hosts, Ushers & Flowers Needed**

We need Ushers and flower donations every Sunday. Coffee hosts are also needed to make coffee, bring snacks, and clean up. Please sign up on the schedule on the bulletin board by the restrooms. Thanks.

- **Live Stream on YouTube**

We are now live streaming our services on YouTube every Sunday at 10:00am

Feeling under the weather? Can't get to church?

Want to join the service from the comfort of your own home?

Join us live at 10:00am every Sunday on our YouTube channel

Unitarian Universalist Church of Saco-Biddeford.

(YouTube link on our web page)

- **Covid-19 Guidelines**

- Masks are OPTIONAL inside
- Hand sanitizer stations
- Social hour in the parish hall

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.