

Friday Flyer – May 12, 2023

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *The Motherload*
- *Rev. Lori Whittemore*
- **Worship at 10:00 AM**– May 14th

- **Church Activities This Week:**

- Sunday, May 14 @ 10:00 AM - Worship
- Wednesday, May 17 @ 4:30 PM - Suicide Awareness Workshop
- Wednesday, May 17 @ 6:00 PM - *Harbour Singers*
- Thursday, May 18 @ 5:15 PM - SBGM – EQME-NOA (off site)

Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore
Administrator, Brian Dustin

By Appointment (email: revlori.uucsb@gmail.com)
Mon-Wed-Fri –8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

- **Thoughts from Rev. Lori**

Hello Good People,

We are approaching Mother's Day! Mother means so many things to many people. Some good and some not so good. But the energy of the mother is a birthing mother, a giving mother, a mother of abundance. Mothers represent power as service. Power as shared collaboration. Power as a shifting force that moves with need. This energy is the energy we need to draw on right now to address the issues that face our societies and our planet. We need to move away from zero sum thinking, scarcity thinking and recognize that there is enough. If we shift our care and nurturing in the right direction. Mother, with a capital M, teaches us kindness. Mother capital M models the Golden Rule. We will explore the Motherload this Sunday in honor of our mothers and the Mother. Come and see!

Peace and Blessings

Rev Lori Whittemore, (she/her/hers)
Unitarian Universalist Church of Saco and Biddeford
revlori.uucsb@gmail.com

- **Yard Sale – June 24-25**

Save the dates!!! We are planning a really, really big Yard Sale/Bake Sale/ Art Sale this year. Jean Horton will be organizing our Bake Sale and Anne D. will need lots of help with the Yard Sale and Art Sale. Sign-up sheets will go up next week. Avoid the rush and gather your goods and energy. More information to follow!!!

- **Share the Plate – May – Welcome Immigrants Our New Neighbors**
 Cheryl Mills first learned about the refugee work that Judy and Dick Cadmus were doing, that would become WIONN, at an ecumenical Lenten service in the winter of 2017. Since then, she has served WIONN in a variety of capacities including as a Care Team member, team mentor, family intake and mentor enrollment, grant manager, New Mainer organization liaison, special project coordinator and a member of the Leadership Team. Her favorite part of the work is developing relationships with New Mainers and helping them navigate the social service and legal systems.
- **Coffee Hour Help Needed**
 Please sign up to host coffee hour on Sunday after church. All Sundays in May are available. In addition, there are openings for flowers and ushers. Thanks.
- **Live Stream on YouTube**
 We are now live streaming our services on YouTube every Sunday at 10:00am
 Feeling under the weather? Can't get to church?
 Want to join the service from the comfort of your own home?
 Join us live at 10:00am every Sunday on our YouTube channel.
 Unitarian Universalist Church of Saco-Biddeford.
 (YouTube link on our web page)
- **Covid-19 Guidelines**

 - Masks are OPTIONAL inside.
 - Hand sanitizer stations
 - Social hour in the parish hall
- **Hannaford Cards**
 Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.