

Friday Flyer – July 7, 2023

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *Be Willing to Share*
- *Dorinne Spirito*
- **Worship at 8:30 AM – July 9th**

- **Church Activities This Week:**

- Sunday, July 9 @ 8:30 AM - Summer Worship
- Monday, July 10 @ 5:30 PM - FiAT
- Thursday, July 13 @ 7:00 PM - SBGM (Zoom)

Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore
Administrator, Brian Dustin

By Appointment (email: revlori.uucsb@gmail.com)
Mon-Wed-Fri –8-11 AM (vacation July 16-22)

Caring Needs – Please contact church office.

Upcoming Events and Activities

- **Thoughts from Rev. Lori**

Hello Good People,

Ending the week after the holiday feels to me like I lived a short week. I hope that the return of the sun and the summer temperatures are helping your spirits as much as mine. I picked up some books from the yard sale. (along with a crafted turkey decoration that is absolutely fabulous) The books are about constructing theology within a tradition that feels light on theology. It might seem dry or heady, but we could use some of our summertime to think about what theology means to us personally. “theology is a study of thought and analysis that discusses religious truth and has to do with ultimate concern and commitment to that truth” (Gilbert, Introduction to Building Your Own Theology) The beauty of our community and our faith tradition, is that these truths are not spelled out. Your theology requires that you engage the principles in your lives and in this community in ways that reflect your ultimate concern. Demonstrating to yourself and the world what really moves you. We are encouraged to create our own core meanings, values and convictions and continuously evaluate them as we move through life. How wonderful AND how daunting. If you want to think about your own theology as you meander into summer, let me invite you to think about or journal about the basics:

1. *how do you name or understand God, or ultimate reality?* Is it nature, or beauty, or love? Is it Jesus or Allah or Adonai?
2. *how do you interact with that ultimate reality?* Do you pray or sing or walk in nature or something else?
3. *in what forum do you live out this relationship and become accountable for your beliefs?* Do you go to church, or AA? Do you practice Yoga with others?
4. *What does missing the mark mean to you or look like for you?*
5. *What does making amends look like for you?*
6. *What does grace mean in your belief system and where is it present for you?*

7. Based on all of these things, what is your vocation or call-in service of your beliefs?

These are components of a theological belief system. It is important to recognize that what you believe today or even in this moment will be different than you believe tomorrow or in the next moment. Whatever you believe in now and engage in decisions in the moment will change you and therefore how you navigate these questions. I invite you to think about these for yourself and write them out.

Peace and Blessings

Rev Lori Whittemore, (she/her/hers)
Unitarian Universalist Church of Saco and Biddeford
revlori.uucsb@gmail.com

- **Blueberry Festival – July 22**

Blueberry Festival & Craft Fair, Sat. July 22, 9 a.m. to 3 p.m., First Parish Unitarian Universalist Church, 114 Main St. Kennebunk. Featuring home-made blueberry pie and blueberry buckle, crab rolls, hot dogs, veggie wraps, home-made lemon ice cream and beverages; 40 artists, crafters, and artisans; folk music; vintage jewelry; perfect weather on order. All welcome, Free! uukennebunk.org.

- **Share the Plate – June, July & August – Equality Community Center**

The ECC is a collaborative workplace for LGBTQ+ and allied social justice seeking non-profit organizations, including Equality Maine, MaineTransNet, Pride Portland, PFLAG, Khmer Maine, Cross Cultural Community Services, Democracy Maine, Sexual Assault Response Services, Through These Doors, Prevention Action Change, and the Kindling Collective. Located at 15 Casco Street in downtown Portland, the Center provides a safer and more inclusive gathering space with social and educational programming for all, working to support the most marginalized in our communities.

- **Live Stream on YouTube**

We are now live streaming our services on YouTube every Sunday at 10:00am

Feeling under the weather? Can't get to church?

Want to join the service from the comfort of your own home?

Join us live at 10:00am every Sunday on our YouTube channel.

Unitarian Universalist Church of Saco-Biddeford.

(YouTube link on our web page)

- **Covid-19 Guidelines**

- Masks are OPTIONAL inside.
- Hand sanitizer stations
- Social hour in the parish hall

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.