

## Friday Flyer – September 29, 2023

### News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *Honoring Indigenous Peoples' Day*
- *Lisa Sockabasin & Rev. Lori Whittemore*
- **Worship at 10:00 AM – October 1<sup>st</sup>**

- **Church Activities This Week:**

- Wednesday, Oct 4 @ 5:30 PM - Finance Committee
- Wednesday, Oct 4 @ 6:00 PM - *Harbour Singers*
- Thursday, Oct 5 @ 6:00 PM - SBGM – Dine Out – *Smoke*

Unless indicated otherwise, these activities welcome all members and friends.

### **Office Hours**

Minister, Rev. Lori Whittemore  
Administrator, Brian Dustin

By Appointment (email: [revlori.uucsb@gmail.com](mailto:revlori.uucsb@gmail.com))  
Mon-Wed-Fri – 8-11 AM

**Caring Needs** – Please contact church office.

### **Upcoming Events and Activities**

- **Thoughts from Rev. Lori**

Honoring Indigenous Peoples' Day

This week we will honor Indigenous people in a few ways. Our service is crafted from UUA resources about Indigenous People's Day. We have invited Wabanki Public Health and Wellness to share about their work for the native people in Maine. I share with you words from a NPR story when President Biden declared October 10, 2022 to be Indigenous People's Day.

*Indigenous Peoples' Day advocates say the recognition helps correct a "whitewashed" American history that has glorified Europeans like Italian explorer Christopher Columbus who have committed violence against Indigenous communities. Native Americans have long criticized the inaccuracies and harmful narratives of Columbus' legacy that credited him with his "discovery" of the Americas when Indigenous people were there first.*

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We benefit from the structural racism that started when first explorer set foot on this soil and proclaimed the land for their sovereign. While we don't believe ourselves individually to be racist, every institution and most organizations are organized around colonized principles. Roberts Rules of Order is a hierarchical system that was designed as a Parliamentary practice for England adopted by those colonists organizing the colonies. It can be a great way to create and preserve order and it can be a way of governing that minimizes collaboration and suppresses voices that don't speak our language or understand our governing structure. Literally or figuratively. I invite us to

reflect on how we do Church. Who is not here can be as much about how we run the institution as what we are about.

- Read this again
- Meditate, see if one word or concept stands out for you
- Reflect on that that word or concept informs your life and belief system
- Contemplate take this with you today and through the weekend until we gather on Sunday

Peace and Blessings

Rev Lori Whittemore, (she/her/hers)  
Unitarian Universalist Church of Saco Biddeford  
[revlori.uucsb@gmail.com](mailto:revlori.uucsb@gmail.com)

- **Worship Support Volunteers**

Every member of our church family has a role to play. We need ushers, flowers, coffee hour hosts, audio/video support and worship assistants every Sunday. **Please sign up for at least two slots on the schedule on the bulletin board by the restrooms.** Thanks.

- **Share the Plate – October – Wabanaki Public Health & Wellness**

Wabanaki Public Health & Wellness is comprised of different departments that house our various program and service offerings, which are:

WABANAKI HEALING & RECOVERY: Addressing the treatment and recovery needs in our communities, we opened doors to multiple locations to support tribal members on their recovery journey.

WABANAKI PUBLIC HEALTH: We provide public health services including nutrition and physical education, environmental health, youth engagement, a women's economic hub, injury and violence prevention, maternal and child health, culture, education and language, infectious disease, and community wellness.

WABANAKI HEALTH & WELLNESS: Our mission is to provide high-quality, culturally relevant behavioral health services, substance use treatment, and housing support services to our Wabanaki community and other Indigenous people.

CENTER FOR WABANAKI RESEARCH, KNOWLEDGE & INNOVATION: The mission of the Center for Wabanaki Research, Knowledge & Innovation is to create a world where Wabanaki people overcome barriers to improve health and wellness in our communities empowered by Wabanaki-led data and research. In September, we will be sharing our plate collection with the MDF. Half of the plate offering for the month will be earmarked for this fund.

- **Live Stream on YouTube**

We are now live streaming our services on YouTube every Sunday at 8:30am

Feeling under the weather? Can't get to church?

Want to join the service from the comfort of your own home?

Join us live at 10:00am every Sunday on our YouTube channel.

Unitarian Universalist Church of Saco-Biddeford.

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.