

## Friday Flyer – October 6, 2023

### News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *How Much Is That Doggie in the Window?*
- *Rev. Laurence Miller*
- **Worship at 10:00 AM – October 8<sup>th</sup>**

- **Church Activities This Week:**

- |                               |                        |
|-------------------------------|------------------------|
| ○ Sunday, Oct 8 8:30 AM       | - Pick Up Choir        |
| ○ Sunday, Oct 8 @ 10:00 AM    | - Worship              |
| ○ Monday, Oct 9 @ 5:30 PM     | - FiAT                 |
| ○ Tuesday, Oct 10 @ 4:30 PM   | - Membership Committee |
| ○ Wednesday, Oct 11 @ 5:30 PM | - Trustees             |
| ○ Thursday, Oct 12 @ 6:00 PM  | - SBGM – Zoom          |

Unless indicated otherwise, these activities welcome all members and friends.

### **Office Hours**

Minister, Rev. Lori Whittemore  
Administrator, Brian Dustin

By Appointment (email: [revlori.uucsb@gmail.com](mailto:revlori.uucsb@gmail.com))  
Mon-Wed-Fri –8-11 AM

**Caring Needs** – Please contact church office.

- **Pick Up Choir – October 8**

Pick up Choir this Sunday; Set up 8:30 in the Parish Hall. Rehearsal begins at 8:45. Attire this week only: jeans and comfortable shirt – more relaxed attire because the animals will be with us. All are welcome who love to sing!

- **UUCSB Holiday Snowflake Fair**

Our holiday fair this year will be on Saturday December 2<sup>nd</sup> from 8-2. **You can start bringing items for the fair on November 16<sup>th</sup>** and put them in the RE room, narthex, and nursery. The space for Granny's Attic in the basement is already full. We only want clean and in good shape items. We will not accept mattresses, overstuffed furniture, air conditioners or refrigerators. We need bakers, soup makers and craft makers as well as many volunteers to help set up, work at the fair and clean up. Sign-up sheets will go up soon. I will bring posters as soon as they are ready for people to distribute. Any questions, please call (286-7219) or email ([wendycoleman@maine.rr.com](mailto:wendycoleman@maine.rr.com)) Wendy Coleman.

- **FiAT Meeting – October 22**

The Faith in Action Team (FiAT) will meet after worship on Sunday, October 22<sup>nd</sup> in the parlor.

- **Worship Support Volunteers**

Every member of our church family has a role to play. We need ushers, flowers, coffee hour hosts, audio/video support and worship assistants every Sunday. **Please sign up for at least two slots on the schedule on the bulletin board by the restrooms.** Thanks.

- **Share the Plate – October – Wabanaki Public Health & Wellness**

Wabanaki Public Health & Wellness is comprised of different departments that house our various program and service offerings, which are:

WABANAKI HEALING & RECOVERY: Addressing the treatment and recovery needs in our communities, we opened doors to multiple locations to support tribal members on their recovery journey.

WABANAKI PUBLIC HEALTH: We provide public health services including nutrition and physical education, environmental health, youth engagement, a women's economic hub, injury and violence prevention, maternal and child health, culture, education and language, infectious disease, and community wellness.

WABANAKI HEALTH & WELLNESS: Our mission is to provide high-quality, culturally relevant behavioral health services, substance use treatment, and housing support services to our Wabanaki community and other Indigenous people.

CENTER FOR WABANAKI RESEARCH, KNOWLEDGE & INNOVATION: The mission of the Center for Wabanaki Research, Knowledge & Innovation is to create a world where Wabanaki people overcome barriers to improve health and wellness in our communities empowered by Wabanaki-led data and research. In September, we will be sharing our plate collection with the MDF. Half of the plate offering for the month will be earmarked for this fund.

- **Live Stream on YouTube**

We are now live streaming our services on YouTube every Sunday at 8:30am

Feeling under the weather? Can't get to church?

Want to join the service from the comfort of your own home?

Join us live at 10:00am every Sunday on our YouTube channel.

Unitarian Universalist Church of Saco-Biddeford.

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.