

Friday Flyer – October 13, 2023

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *Leaving a Legacy*
- *Rev. Lori Whittemore*
- **Worship at 10:00 AM – October 8th**

- **Church Activities This Week:**

- Sunday, Oct 15 @ 10:00 AM - Worship
- Wednesday, Oct 18 @ 6:00 PM - *Harbour Singers*
- Thursday, Oct 12 @ 5:00 PM - SBGM – SAGE (off site)

Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore
Administrator, Brian Dustin

By Appointment (email: revlori.uucsb@gmail.com)
Mon-Wed-Fri – 8-11 AM

Caring Needs – Please contact church office.

- **Thoughts from Rev. Lori**

Greetings and Happy Friday

We find ourselves in mid-October! Wow it feels like the fall is whizzing by! I am saddened by the events taking place in the middle east right now. I have heard from a few of you that you are as well. The complexity of the situation doesn't need description here. What we see happening in Israel is response to a legacy of conflict for thousands of years. Sunday we will explore the concept of legacy in a number of ways. Beyond the material legacy, we leave a footprint in the world. Whatever is happening and that happens out there, happens in our lives and contexts. Consequently, everything that happens in our world and contexts reflects back into the world. How we work with and treat each other, how we navigate conflict, how we care for those in our church community and the community outside and around us, how we change our minds, how we extend grace all send out shock waves into the universe. Not one community, even church communities, always get it right. The legacy we hope to leave is more than an endowment. It is a model of how people treat each other fairly and respectfully even when we disagree. I hope it is also a legacy of humans questioning their own footprints in relationships and in our role in stewardship of the climate and of stewardship of each other, order to leave fewer marks on our earth.

Erik Wikstrom writes in his book, *Serving With Grace*, many spiritual traditions emphasize that the accomplishment of a task is secondary to the experience of doing the task. This one way of understanding the concept of nonattachment to outcomes-whether or not a thing gets done is far less important than how one attempts to do it." As we continue our deliberations about the boiler, and as we consider the events in our world and community, may we hold onto our principles with an eye on what we leave in our wake.

- READ-this out loud and in your mind
- MEDITATE- notice what word or sentence stands out for you
- REFLECT- ask yourself why this is so, what does that phrase mean for you right now in your life
- CONTEMPLATE- what to carry away from this passage and into Sunday service

Peace and Blessings

Rev Lori Whittemore, (she/her/hers)
Unitarian Universalist Church of Saco Biddeford
revlori.uucsb@gmail.com

- **Directory Update**

The Membership Committee, Board of Trustees and Church Administrator are doing our annual review and update of the UUCSB Directory. Please review your entry and send updates to uuchurch@gwi.net or call the church office at 282-0062 with this information. The **deadline** for submitting changes and additions is Nov. 3, 2023. We hope to complete our revisions by late Nov. Thank you.

- **Know Before You Vote:** There are eight initiatives on the November 7th ballot.

MUUSAN (Maine UU State Advocacy Network) offers this [Voter Guide for November 7, 2023](https://www.muusan.org/uploads/1/2/7/5/127532690/muusan_voter_guide_for_november_7.docx.pdf), with endorsements for five of them.

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- **FiAT (Faith in Action Team) Meeting – October 22**

FiAT will meet after worship in the parlor.

- **UUCSB Holiday Snowflake Fair**

Our holiday fair this year will be on Saturday December 2nd from 8-2. **You can start bringing items for the fair on November 16th** and put them in the RE room, narthex, and nursery. The space for Granny's Attic in the basement is already full. We only want clean and in good shape items. We will not accept mattresses, overstuffed furniture, air conditioners or refrigerators. We need bakers, soup makers and craft makers as well as many volunteers to help set up, work at the fair and clean up. Sign-up sheets will go up soon. I will bring posters as soon as they are ready for people to distribute. Any questions, please call (286-7219) or email (wendycoleman@maine.rr.com) Wendy Coleman.

- **Worship Support Volunteers**

Every member of our church family has a role to play. We need ushers, flowers, coffee hour hosts, audio/video support and worship assistants every Sunday. **Please sign up for at least two slots on the schedule on the bulletin board by the restrooms.** Thanks.

- **Share the Plate – October – Wabanaki Public Health & Wellness**

Wabanaki Public Health & Wellness is comprised of different departments that house our various program and service offerings, which are:

WABANAKI HEALING & RECOVERY: Addressing the treatment and recovery needs in our communities, we opened doors to multiple locations to support tribal members on their recovery journey.

WABANAKI PUBLIC HEALTH: We provide public health services including nutrition and physical education, environmental health, youth engagement, a women's economic hub, injury and violence prevention, maternal and child health, culture, education and language, infectious disease, and community wellness.

WABANAKI HEALTH & WELLNESS: Our mission is to provide high-quality, culturally relevant behavioral health services, substance use treatment, and housing support services to our Wabanaki community and other Indigenous people.

CENTER FOR WABANAKI RESEARCH, KNOWLEDGE & INNOVATION: The mission of the Center for Wabanaki Research, Knowledge & Innovation is to create a world where Wabanaki people overcome barriers to improve health and wellness in our communities empowered by Wabanaki-led data and research. In September, we will be sharing our plate collection with the MDF. Half of the plate offering for the month will be earmarked for this fund.

- **Live Stream on YouTube**

We are now live streaming our services on YouTube every Sunday at 8:30am

Feeling under the weather? Can't get to church?

Want to join the service from the comfort of your own home?

Join us live at 10:00am every Sunday on our YouTube channel.

Unitarian Universalist Church of Saco-Biddeford.

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.