

Friday Flyer – November 10, 2023

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** – *What Will You Hold On To?*

- *Rev. Lori Whittemore*

- **Worship at 10:00 AM – November 12th**

• **Church Activities This Week:**

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| ○ Sunday, Nov 12 @ 10:00 AM | - Worship |
| ○ Monday, Nov 13 @ 5:30 PM | - Faith in Action Team |
| ○ Tuesday, Nov 14 @ 4:30 PM | - Membership Committee |
| ○ Wednesday, Nov 15 @ 6:00 PM | - <i>Harbour Singers</i> |
| ○ Thursday, Nov 16 @ 5:15 PM | - SBGM – EQME/NOA (Sage) |
| ○ Friday, Nov 17 @ 9:00 AM | - Coffee & Carbs (off site) |

Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore
Administrator, Brian Dustin

By Appointment (email: revlori.uucsb@gmail.com)
Mon-Wed-Fri – 8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

• **Thoughts from Rev. Lori**

Hello Good People,

What do we hold on to? The theme for November is generosity so it would seem that I would be talking about what we give away. In order to cultivate generosity, it can be helpful to consider what we hold on to. Because what we hold on to holds onto us. Faith tells us there is enough for everyone. If we share, if we give there is enough. Parker Palmer says in “Let Your Life Speak,

In the human world, abundance does not happen automatically. It is created when we have the sense to choose community, to come together to celebrate and share our *common store*. Whether the scarce resource is money or love or power... the true law of life is that we generate more of whatever seems scarce by trusting its supply and passing it around. Authentic abundance is not found in secured stockpiles of food or cash or influence or affection but in belonging to a community where we can give those goods to others who need them – and receive them from others when we are in need.... Community doesn’t just create abundance - community is abundance. If we could learn that equation from the world of nature, the human world might be transformed.

READ	the passage again out loud and in your head
MEDITATE	let your mind rest on a word or phrase from the passage
REFLECT	ask yourself what that word or phrase means to you in your life
CONTEMPLATE	take realizations with you into the weekend and to our time together on Sunday

Peace and Blessings,

Rev Lori Whittemore, (she/her/hers)
Unitarian Universalist Church of Saco and Biddeford
revlori.uucsb@gmail.com

- **UUCSB Holiday Snowflake Fair**

Our holiday fair this year will be on Saturday December 2nd from 8-2. **You can start bringing items for the fair on November 16th** and put them in the RE room, narthex, and nursery. The space for Granny's Attic in the basement is already full. We only want clean and in good shape items. We will not accept mattresses, overstuffed furniture, air conditioners or refrigerators. We need bakers, soup makers and craft makers. Jean Horton is in charge of the bake/food to go table. She will be providing containers for the food to go, so please let her know if you need them. We need many volunteers to help set up, work at the fair and clean up. We would also like to have some baskets to raffle. If you are planning to put one together, please let me know. Sign-up sheets are up in the hallway right before the fellowship hall. Any questions, please call (286-7219) or email (wendycoleman@maine.rr.com) Wendy Coleman.

- **Share the Plate – November – MUUSAN (Maine UU State Advocacy Network)**

MUUSAN is a statewide advocacy and public policy network anchored in our Unitarian Universalist faith and animated by its principles. MUUSAN welcomes as partners and collaborators all those who share our values and links our 26 Maine congregations and many friends in an active legislative ministry. MUUSAN's mission is to educate and to organize for a more just society.

- **Live Stream on YouTube**

We are now live streaming our services on YouTube every Sunday at 8:30am

Feeling under the weather? Can't get to church?

Want to join the service from the comfort of your own home?

Join us live at 10:00am every Sunday on our YouTube channel.

Unitarian Universalist Church of Saco-Biddeford.

- **Hannaford Cards**

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.