

Please read responsively:

Let's give up scarcity for Lent.

Let's give up moroseness for Lent.

Let's give up emotional flagellation for Lent.

Let's give up apathy for Lent.

Instead, let's see and extend beauty.

Let's discover and share joy.

Let's invest in our well-being with neither guilt nor shame.

Let's buy some local art.

Download some new music.

For that matter, make some art.

Make some music.

Make some feasts.

Make some love.

Walk in the woods.

Welcome people to your home.

Leave an anonymous present on a street corner.

Shut the door and take a righteous nap.

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