Friday Flyer - March 1, 2024

News You Can UUse

From the UU Church of Saco and Biddeford

- **Worship This Week** Maine Reentry Network
- Bruce Noddin & Rev. Lori Whittemore
- Worship at 10:00 AM March 3rd

• Church Activities This Week:

o Saturday, Mar 2 @ 9:00 AM

o Saturday, Mar 2 @ 4:00 PM

o Sunday, Mar 3 @ 10:00 AM

o Wednesday, Mar 6 @ 5:00 PM

o Wednesday, Mar 6 @ 5:00 PM

o Thursday, Mar 7 @ 6:00 PM

o Friday, Mar 8 @ 9:00 AM

- Clothing Swap

- Pizza & Game Night

- Worship

- Harbour Singers

- Finance Committee

- SBGM - Dine Out

- Coffee & Carbs (off site)

Unless indicated otherwise, these activities welcome all members and friends.

Office Hours

Minister, Rev. Lori Whittemore Administrator, Brian Dustin By Appointment (email: revlori.uucsb@gmail.com)

Mon-Wed-Fri –8-11 AM

Caring Needs – Please contact church office.

Upcoming Events and Activities

• Thoughts from Rev. Lori

Ted Loder, Methodist minister and author writes:

However much we talk about our longing for change in ourselves and the world, the actual prospect of that change, and the cost of it in terms of engaging in battle with the powers of conformity, produces some ambivalence at best. Ambivalence generates resistance. It is hard to get carried away when we're hanging on tightly to the familiar.

Here we are on the first Friday of March. The theme of the month being transformation. And so, we are about to be transformed. Transformed by our visit from Bruce Noddin representing Maine Reentry network. We will be transformed by the great activities taking place throughout the month. In fact, our understanding and assumptions will be challenged as well. as we begin a conversation about our land acknowledgement.

Resistance takes many forms. It can mean the refusal to accept or comply with something; the attempt to prevent something by action or argument. It can also mean the ability not to be affected by something, especially adversely. Where do these concepts show up in your life? Do they show up through an active decision or through passive aggression? When we feel something is wrong do we step and say something? Or do we work behind the scenes to undercut it? Or do we ignore it all together? With all of the challenges of this present time of existence, what ways can we transform our world in a proactive kind of way? As individuals and collectively? What can we let go of to be welcome transformation?

READ-I invite you to read this out loud
REFLECT- on a word or sentence that speaks to you
ASK-what the word or sentence means for you in this time and place
CONTEMPLATE- take this with you through the weekend until we meet on Sunday
Peace and Blessings
Rev Lori Whittemore, (she/her/hers)
Unitarian Universalist Church of Saco Biddeford

revlori.uucsb@gmail.com

• Pizza and Game Night – March 2

We will start the afternoon with a Chalice Lighting and brief centering activity, then move into some fun board game play! I will bring a variety of games for all ages, but please feel free to bring your own favorite games to share too! We'll have pizza around 5, and then continue game playing.

• Tacos and "UU Tick-Talk" - March 23

Many of you have heard of the popular social media phenomenon Tik-Tok, a platform for a wide variety of creative expressions captured on video. In this version, UU Tick Talk, we will be using creative outlets to explore the UU Principles. As this is an intergenerational event, we will use the Tapestry of Faith children's version of the principles. This will be the first in a series where we will explore and "talk" about each Principle and "tick" them off as we go down the list!

• Ordination and Installation – April 7

Sign-up sheet to assist with Rev. Whittemore's Ordination and Installation on April 7 is on the bulletin board across from the kitchen door.

• Share the Plate – March – Maine Reentry Network

The Maine Reentry Network exists to liaison between Maine's communities and those who have been separated from them for any reason, most commonly incarceration or substance use disorder. We believe that reconciliation and reintegration of all living within Maine's borders into full community membership inevitably leads to reduced relapse and recidivism, collective rededication to one another and our shared values, and ultimately a more vibrant and prosperous Maine.

• Hannaford Cards

Ellie L. will be selling Hannaford Gift Cards in the Parish Hall on Sundays after church. If you buy your groceries with a Hannaford card, the church receives 5%.